

Lynwood Park Public School

Great Expectations - Great Attitudes - Great Achievements - Great School

17th Nov 2023

T4 W6 Dates for Your Diary

21 Nov

*Kinder Orientation #2
9.30-11*

22 Nov

*2024 School Leaders
speeches 11.30*

Anxiety Project

*Parent Session #2
5-7.30*

23 Nov

Dental Screening

24 Nov

Dental Screening

*Last day of Summer
PSSA*

*Peer Support
continues*

27 Nov

*High School
Rotations Week*

K-6 Assembly 2pm

28 Nov

*Y6 HS Orientation
Day*

*Y2-Y5 Training Band
Assembly 12 noon*

29 Nov

*School Charity
Walkathon*

*Anxiety Project
Parent Session #3
5-7.30*

30 Nov

*Kinder Orientation #3
9.30-11*

Attendance

Percentage of
students attending
school 90% of the
time or more in the
last month:

76%

Principal's Message

Dear Parents and Carers

We are entering the last few weeks of the school year and I know from past experience, they will fly by. Teachers are busily writing reports and planning for end of year activities and tasks, of which there are many.

Kindergarten 2024 We are still very low on numbers for next year's Kindergarten and have experienced several families moving out of the area due to purchasing a home in a new location - exciting news for these families but a little sad for our students who are/will be missing their friends. If you know of a family who have moved into the area, or will be moving in over the holiday period, please point them in our direction so they can enrol their children. When we know firm numbers of enrolments for the following year, we are better able to plan for staffing, equipment and space requirements, rather than leaving things till the last minute in the new school year.

Not Returning or Returning Late in 2024 Following on from the above, we also would appreciate knowing about those students who will definitely not be returning next year (due to moving location), OR who will be returning to school late due to extended vacations. We must submit student numbers in the first week of the school year to the Department of Education. These numbers are used to staff classrooms with teachers. One student down can make the difference between two reasonably sized classes versus one huge class. If you know that you will not be returning or that you will be returning late, telling us now means that we can plan for the new year. Please contact the school office on 9622 2659 to let us know of your plans OR complete the form at the end of this newsletter and return it to your child's teacher as soon as possible.

Behaviour I am very pleased to report that there has been a marked improvement in the behaviour of our students this term overall. The level of co-operation, respectful behaviour and general use of good manners and kindness towards each other is returning to what we expect of our students, and what has always marked Lynwood Park out from other schools. Well done students! I am proud of you.

Sadly there is a small pocket of problematic behaviour that continues to bubble up to the surface periodically including intimidation/aggressive behaviour and cyber-bullying outside of school. The former is being dealt with via Department suspension procedures and the latter has been reported to Riverstone Police LAC.

Kindergarten Orientation Our Kindergarten Orientation program has started, with Day 1 being very successful. All the children were settled and eager to learn and make friends. We welcome our new families to our lovely school and re-welcome our families who are starting their Kindergarten adventure again with a new sibling joining our school.

School Charity Walkathon On Wednesday of Week 8, we will be holding a charity walkathon involving the children walking a track inside school grounds and participating in fun activities along the way. We are asking for a gold coin donation and/or a donation of a non-perishable food item, with a decent use by date, to be distributed to members of our community who will be doing it tough this Christmas. Possible items might include tinned hams, jams, coffee, tea, biscuits, tinned fruit etc. The children can wear mufti clothing, but must wear enclosed shoes, a shirt that covers their shoulders and a hat. Please help your children to help others.

Presentation Day Our Presentation Day Assembly will be held on Wednesday 13 December at 9.30am in the school hall. All parents and family members are welcome, even if your child will not be receiving an award or certificate,

2024 School Leader Speeches Will be held at 11.30am in the hall on Wed 22 Nov.

Mrs Leigh Bade - Principal

A quote to make you think...

"The best way to predict your future is to create it." —Abraham Lincoln.

Positive Behaviour for Learning
This week's message from Brian the Lion



Brian's message - As the end of the school year quickly approaches, it we keep working hard and following the school's expectations!

SILVER AWARDS

	3/4 G - Duaa, Kyara, Musa, Ikjot, Jaxon, Josua, Dominic, Mehreen, Paul, Garrett, Preston, Ella, Brody, Aoukhadh, Jarred	4/5Q - Aliyah, Ruby, Banit, Tekura, Jaxon, Aidan, Joshaan, Robbie, Lachlan, Aislin 5/6 B - Lawrence, Connor, Ahaan
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GOLD AWARDS

1/2D - Tiana, Aubrey, Mustafa 1/2M - Gemima, Amarni	2K - Janella, Osman, Georgia, Matt, Giselle, Lana	3/4G - Sophie, Ash, Savreen 4/5Q - Addison, Renee	5/6B - Eve, Mathilde, Dylan, Ryker, Akiko, Abirami 5/6G - Madisyn, Haylee
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Aussie of the Month
October - Emilia Hodder 1/2D

For always doing the right thing because she knows "doing the right thing" is the right thing to do.

NSW Department of Education

Why attendance matters

When your child misses school they miss important opportunities to...

Learn

Make friends

Build skills through fun

education.nsw.gov.au

NSW GOVERNMENT

Band News

Lynwood Park PS Training Band (2024)

On Tuesday 28 November (Week 8), School Bands Australia (SBA) will be running their yearly Y2-Y5 assembly for students to see and experience the range of instruments available to learn through SBA's Concert Band and Training Band program.

Registrations will then be open for next year's training band program.

We are excited to provide the students of Lynwood Park with the opportunity to join the school's training band in 2024. Despite the interruptions of COVID and the limitations around band rehearsals and performances over the last four years, we are proud to witness the continued growth of our school band program.

Students in Years 2-5 (2023) are invited to register for training band in 2024.

Parents are encouraged to visit the SBA Web page: <https://www.schoolbands.com.au/choosing-the-rightinstrument/> to watch videos about each of the instruments in the band.

Further questions can be directed to Miss Gross or Mrs Bade via the school office.



A screenshot of the School Bands Australia website. The top section has a green circle with 'ENROL TODAY' and a blue banner with 'YOUR CHILD'S MUSICAL FUTURE BEGINS HERE!' and the website URL. Below this is a section titled 'BENEFITS OF LEARNING AN INSTRUMENT' with four bullet points: 'Makes ALL learning easier by involving both sides of the brain', 'Increases mathematical and comprehension skills', 'Develops self worth, confidence and discipline', and 'Creates friendships and a sense of belonging'. The next section is 'SCHOOL BANDS AUSTRALIA'S METHOD' with a paragraph about harnessing a child's enthusiasm. At the bottom, there are images of a laptop and a smartphone displaying the website's interface, which includes the text 'Group learning, Individual Results'.

Values Focus at Lynwood Park

In addition to the three Positive Behaviour for Learning expectations of **Be a Learner, Be Respectful and Be Safe**, we also teach the students about the values that make a person stand out from the crowd to be a "great" person.

For the first half of this term we taught the children about being **Problem Solvers**. The second half of this term will be devoted to investigating what it means to be a **GOOD COMMUNICATOR** ...

GOOD COMMUNICATORS ...

- * Listen to others
- * Speak clearly and confidently
- * Read and write well
- * Express ideas effectively
- and
- * Choose the right way to get a message across

In Week 8, we will recognise those students who have been actively displaying the value of being **Good Communicators**.



2024 Student Leadership

We have started the process of nominating and voting for our School Captains, Vice-Captains and Leaders for 2024. A select group of students have been chosen to prepare candidate speeches to be presented to students and school staff in Week 7.

Some key points of our Student Leadership policy around the election of our School Leaders are:

- Students are allowed to self-nominate. Students are required to complete a School Leader Nomination form that includes a signature of a staff member who will support their nomination.
- Nomination forms are collected and reviewed by the Principal and the school Executive. The applications will be reviewed for suitability.
- The candidates deemed suitable will prepare a 2 minute speech to explain why they are the best choice to be a school leader and what they will do in the role.
- Students from Kindergarten to Year 6 will vote for the 6 students who they believe are most suited for the position as a school leader.
- Staff will vote for the students they believe are most suited for the position as school leader.
- The 10 students with the highest number of student votes will form the school leadership team for the following year.
- From these 10 students, the school Captains and Vice-captains will be selected based on the total student and staff votes combined.
- When there is only a small cohort of Year 6 students, the number of school leaders may be reduced, in consultation with the Principal, the Executive team and the P & C committee.

We wish our current Year 5 candidates all the best as they continue through this process of leadership selection.

Peer Support

This term our students commenced our Peer Support Program. Throughout weeks 1 to 8, they will be participating in small group activities, where they will work with two Stage 3 Peer Leaders on a unit called Stronger Together. These lessons aim to support positive relationships amongst students. Students across the school have been enjoying making friends and building positive connections with peers throughout our first 4 peer support lessons.



K-2 Learning Snapshot

What a fabulous start to Term 4 we have had. In all K-2 classes we have been learning about symbols, imagery and connotations and have been practising writing sentences with lots of descriptive language.



During our mathematics lessons we have been using dice and other hands on materials to manipulate numbers. We have also been collecting data and making graphs.



3-6 Learning Snapshot

What a busy learning time we have had over the last 5 weeks! Year 3 - 5 students have completed reading and numeracy Check-in Assessments. Well done to all the students.

Buddy Class Time

5/6 Galahs spent some time with the 2 Kookaburras, practising their reading skills. Both classes enjoyed working together and sharing their points of view. 5/6 Galahs were great at modelled reading and the Kookaburras worked on their ability to predict and decode unknown words. After reading all students had fun participating in a brain break.

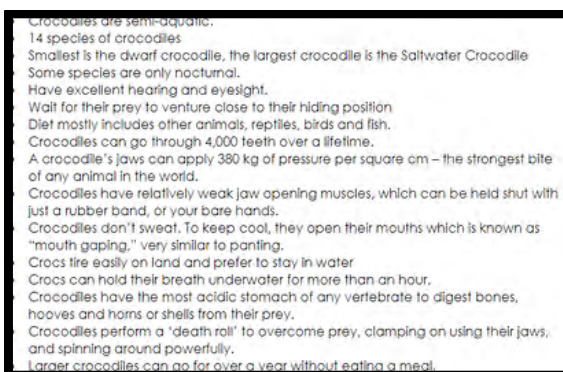


History

3/4 Bandicoots have been learning about celebrations and commemorations from around the world. Students made their own Korean fans to use in a traditional dance, have explored African patterns and learned about the history of Diwali before creating their own lanterns. Next stop, Hawaii! We had better pack our suitcases.

Sport and Fitness

3/4 Geckos have been enthusiastically participating in fitness and sport. During fitness times our focus has been balance and using both static balances and dynamic balances to work as a team to achieve an end goal. The students thoroughly enjoyed playing a game called run the circle, where the aim was to balance and pass the ball around in a circle with only using their feet.



Writing

Students have been developing their knowledge to independently write texts for different purposes. In 4/5 Quokkas, Year 4 students completed the Stage 2 narrative writing assessment about being Stuck. Year 5 students completed the Stage 3 informative writing assessment about crocodiles. Has your child told you about what they wrote?

Science

5/6 Bilbies have been working hard on their research skills. In science, we have been learning all about the solar system. The students have spent lots of time using the chromebooks to locate relevant information and summarise the most important facts using their own words.



P&C Disco



STEM Exhibition

In week 4, Lynwood Park Public School hosted 'The Smart City Expo'. We welcomed Blacktown North PS, Chester Hill PS, and Lidcombe PS to showcase their smart projects alongside ours.

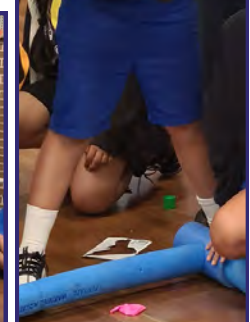
It was an amazing day! Each group had to present and explain their Smart City solutions. We were blown away by everyone's creativity and innovative designs. Our students devised a post-apocalyptic bunker set in the year 2050 and a submarine during the fit-out stage on a dry dock. Other schools presented automatic dog feeders, houses with automatic lighting, indoor greenhouses, and a smart basketball court.

After a bit of a local derby soccer match during the break, the students then competed in a STEAM challenge. All students were put into teams formed by a member from each school, meaning the students had to work with people they had just met. They had to plan and build a battle bot using a limited number of basic supplies and powered by a Sphero Robot. There were battle bots with lances made of straws and pins. Some included multiple artillery by modifying paperclips and paddle pop sticks. Whilst others needed to revise their plan and find a way to make their bot more stable.

It was an amazing day. We are very proud of all the students. This project journey has been a roller coaster of emotions, including some stress and tears... but it shows how resilience, perseverance, and teamwork can create success. The projects speak for themselves.

Thanks again, LPPS STEM Club.

Mr Keenan





You're probably already aware that research is indicating that today's Australian children are more anxious in comparison to previous generations.

Many people think that children have become more anxious as a result of the pandemic, however, child anxiety has been problematic for over a decade. The good news is, most childhood anxiety is treatable not only by psychologists, but by significant adults in their lives like parents and teachers.

Some facts about childhood anxiety:

- * Most anxiety is learned. Yes, you read that right; it's mostly a set of learned habits. The good news about anything that is learned is that these habits can be changed.
- * Children can learn 'return-to-calm' skills that can help them overcome their anxiety. While this is not often taught, children equipped with these well-researched skills can build resilience under their own steam.
- * Children can be taught how to be the 'boss' of their anxiety and with each successful attempt at doing this, they can become emotionally stronger and manage their anxiousness.
- * A child's anxiety will tend to get worse across over time, if it's not attended to early.
- * Mentors, teachers and parents are important trainers of children's emotional wellbeing, and it is not as hard as you think to change the trajectory of childhood anxiety.

All staff and students at Lynwood Park have participated in The Anxiety Project Program this year which has provided them with strategies to recognise and reduce anxious behaviours and build resilience.

You can support Lynwood Park's efforts to reduce anxious behaviours and build resilience by:

- * Talking to Lynwood Park's Implementation Coach, Mrs Stewart, about The Anxiety Project
- * Participating in Parent Seminars about Anxiety provided at Lynwood Park PS
- * Speaking to your child or their class teacher about the lessons they've learnt in class about The Anxiety Project
- * Avoiding prematurely jumping in to fix school-based problems that are within your child's ability to solve
- * Borrowing a copy of Michael Hawton's book, The Anxiety Coach from the school to find out more about anxiety and learn strategies to manage it. .
- * Get specialist help if your child's anxiety worsens.

More resources to support parents are available on this website.



"A child's anxiety will not usually fix itself. Unless something changes, it will tend to worsen. However, the good news is that seemingly-modest interventions delivered by significant adults can make a difference and turn that progression around."



Michael Hawton MAPS
Psychologist

ICAS Awards

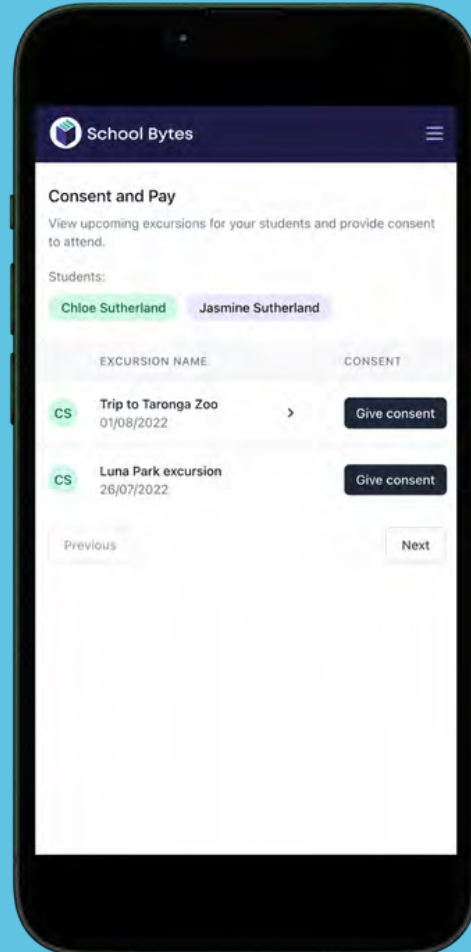
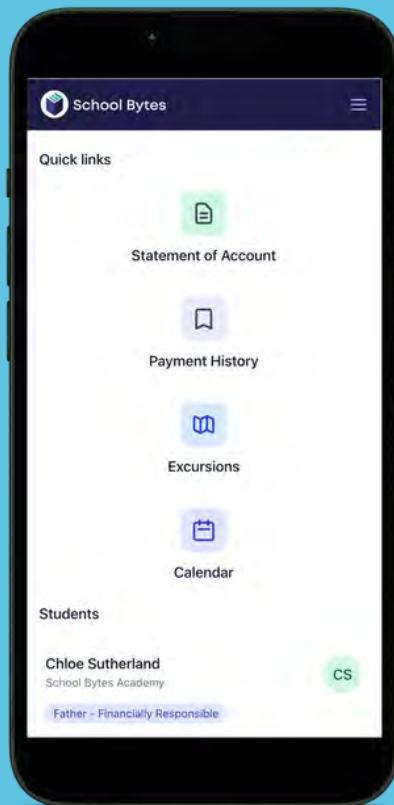
The remaining ICAS Assessment certificates were presented to participating students at the first 3-6 Assembly this term.

Certificates were issued for Spelling, Science, Writing and Mathematics. Congratulations to all these students for their hard work.

We are very proud of those students who received a Merit in the Spelling Assessment; Credit in the Mathematics and Spelling assessments and a Distinction in the Writing Assessment.

AVAILABLE NOW!

We are excited to announce our school will be transitioning to a more flexible and simplified way parent/carers can make payments



The Parent Portal

- Easily make a payment online
- Download your receipt
- Sign and return permission notes digitally
- Use any credits on your account to make payment
- View your complete payment history



School Bytes

AVAILABLE DURING

TERM 3

Register for the Parent Portal via the QR Code or visit

<https://portal.schoolbytes.education>



From the Office

School Bytes

Our school has implemented a system called School Bytes to manage payments. Parents/carers can visit the School Bytes portal at any time to make a payment online, view payment history and apply credit (please see next page for QR code). It will also allow you view statements and pay for and sign permission notes for upcoming excursions.

Thank you to all our families that have already signed up to the parent portal. If you require any help setting the portal up, please contact the office and we will be happy to guide you through the process.

Please note that from **Term 1 2024**, all permission notes will be online and **NO** late payments will be accepted. If you require a hard copy of notes, you can contact the office to arrange this. Cash and Eftpos payments can still be made by coming into the office.

PSSA 2024

PSSA is currently being paid on the day to our coordinating teachers. Due to payments not being made on time, incorrect currency being handed in and the extra time for our teachers and office staff, along with parents/carers not having cash, payments for PSSA will be expected to be paid at the beginning of each of the seasons. This can be done online through school bytes, in cash or by Eftpos to the office. If you are experiencing financial hardship, please contact the school office to discuss options.

Please be advised that if PSSA is cancelled due to wet weather, your daily fee will be put into Fees In Advance and sit as credit on your account for you to use another time. If your child is away sick, or on holidays, NO refund or credit will be given. This is due to the cost of the buses.

Borrowed Uniforms

We understand that there are times when your child requires a change of uniform, underwear and socks, and we try our best to accommodate this. There will be a pink card and a uniform slip of the items we have lent your child sent home. We ask that you wash and return these items as soon as possible. We only have limited sizes and items, and there are times that we will need to call you if we cannot provide a change of clothes. Our stock levels are quite low at the moment. If you have any items that you have at home that have not been returned, could you please return them to the office.

Medication and Health Care Plans

It is department policy that all medications that students require be brought in to the school office and a medication authorisation form be filled out by the parent/carer. If your child requires daily medication, it must be in a blister pack (obtained at a chemist/pharmacy) with your child's name, medication name and dosage clearly marked. If your child requires one off medication, regardless of the type or form (including eye drops, nasal sprays or paracetamol) it must be brought into the office by an adult and an authorisation form filled in. If your child is on a health care plan of any type it is vital that it is updated when required and all medications are supplied and in date. The office will send reminders when they are due for expiry. This includes ventolin puffers. We thank you for your co-operation with this.

CLASS PLANNING for 2024



Dear Parents and Carers

We are currently planning for 2024 and would like your assistance with information regarding:

1. Will your child/ren be enrolling in another school in 2024 or
2. Will your child/ren be returning to school later than the scheduled start date in 2024

School will commence for students **Years 1-6** on Thursday, **1st February, 2024**. **Kindergarten** will commence on Tuesday, **6th February 2024**.

Please complete one of the slips below if applicable, and return it to the office as soon as possible.

STUDENTS LEAVING LYNWOOD PARK FOR ANOTHER SCHOOL AT END OF 2023

My child/ren will be **MOVING TO ANOTHER SCHOOL** in 2024.

Name of school: _____

Child's Name: _____ Class 2023: _____

Child's Name: _____ Class 2023: _____

Child's Name: _____ Class 2023: _____

Parent / Carer Name: _____

Signature: _____ Date ____ / ____ / ____

STUDENTS RETURNING AFTER THE SCHEDULED START DATE IN 2024

My child/ren will not be back at the commencement of the 2024 school year, but **WILL BE RETURNING** to Lynwood Park PS at a later date.

Expected date of return: ____ / ____ / ____

Reason for delayed return: _____

Child's Name: _____ Class 2023: _____

Child's Name: _____ Class 2023: _____

Child's Name: _____ Class 2023: _____

Parent / Carer Name: _____

Signature: _____ Date ____ / ____ / ____