



Lynwood Times

A newsletter for the community of Lynwood Park Public School

Great Expectations - Great Attitudes - Great Achievements - Great School

3rd June 2022

T2 W6 Dates for Your Diary

June 6
P&C Meeting

June 8
*Regional X
Country*

June 9
*Gymnastics
Program begins*

June 13
Public Holiday

June 15
*K-2
Responsible
Pet Visit*

June 16
*GOT IT Parent
Evening*

June 20
K-6 Assembly

June 21
*Netball Gala
Day*

June 22
*Pyjama Mufti
Day*

June 23 & 24
*Wheelchair
Roadshow*

June 27
*BFoPA Choir
Zoom
Rehearsal*

June 30
*Gymnastics
Program Ends*

July 1
*Last Day of
Term*

Principal's Message

Dear Parents and Carers

COVID Just a reminder to parents that children should not be sent to school if they are displaying flu-like symptoms. Also, if they do display symptoms, administer a RAT test as soon as possible to check if your child is positive for Covid. If they are positive, you must let us and NSW Health know straight away and follow the directions from NSW Health.

If a member of your household tests positive for Covid, your child may still attend school provided they return a negative RAT test and are symptom free. However, we still need to be told that a member of the child's household is positive. We sent home RAT tests with the children last week. We will be sending more home at the end of this term.

Semester One Reports and Parent – Teacher Interviews Teachers are busy writing reports as we speak. These will be sent home in the final week of this term. We will be holding Parent – Teacher interviews in the first week of Term 3. A note will be sent home in the coming weeks to explain the times available so that parents may make a selection that is mutually convenient for our parents and teachers.

Colder Weather This week has seen a sudden cold snap that has sent us scurrying for extra blankets and jumpers. Please send your child to school with appropriate sweatshirts, jumpers, jackets and long pants where possible. If you need extras, our P&C has a store of pre-loved garments for sale at very reasonable prices. Whether new or pre-loved, please ensure that your child's name is clearly printed on the inside of the garment. Children are prone to losing these things and unmarked clothing is impossible to track. Also, please be aware that while we run air conditioners on the warm cycle in every classroom, we are required by the Department of Education to also keep windows open where possible in order to ensure air circulation in classrooms to minimise the spread of the influenza and Covid viruses.

Influenza and Gastroenteritis Viruses If Covid wasn't enough, we have now been informed by NSW Health that the Influenza and Gastroenteritis viruses are now on the increase throughout NSW. Information sheets on both of these viral infections have been attached to this newsletter. Please read them carefully – especially the sections on symptoms, prevention and treatment. Again, if your child is showing symptoms of either of these viruses, do not send them to school and seek medical advice and confirmation.

Also, the NSW government has recently advised that the vaccination for the Influenza (not Covid) virus is now free for all people over the age of 5 years until the 30th June. See the flyer attached to this newsletter.

Staff Illness and Shortages This term, as for Term 1, has seen several disruptions to the routines of the school due to staff illness and the difficulty in finding replacement staff. We apologise for this and thank you for your understanding and patience.

P&C Meeting The next P&C Meeting is next Monday – June 6th. Please see the attached flyer with details. It will be held in the staffroom from 5-6pm. All are welcome. Best to park in Turner Street and enter through the pedestrian gate.

Have a great fortnight! – Mrs Leigh Bade

Quote of the Week

“Pretty wild how we used to eat cake after someone had blown on it.”

- Anonymous

Values Focus at Lynwood Park

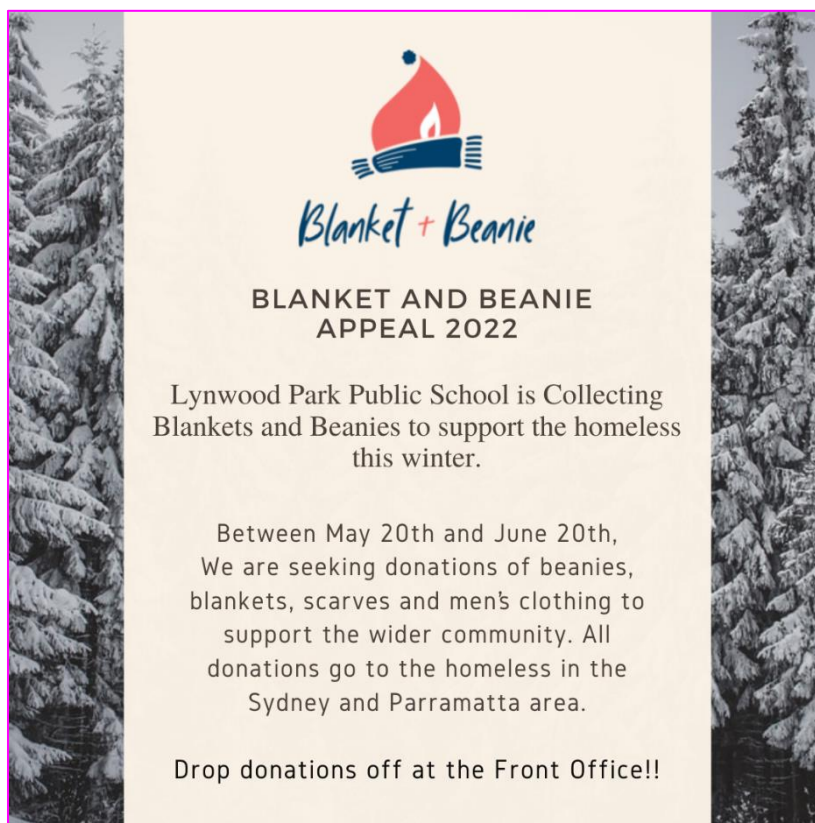
In addition to the three Positive Behaviour for Learning expectations of **Be a Learner, Be Respectful and Be Safe**, we also teach the students about the values that make a person stand out from the crowd to be a “great” person.

Earlier this term we taught the children about being **Fair** people. For the second half of this term we will be teaching the children about being a **Knowledgeable** person.

Knowledgeable People ...

- * **Research** to find out
- * **Know** about **important** things
- * **Are curious** and want to **learn more**
- * **Analyse** and **evaluate** information
- * **Build understanding** from what they know

In Week 8, we will recognise those students who have been actively displaying the value of being **Knowledgeable**. The next value we will be looking at in Term 3 is being **Hardworking**.



The poster features a central light beige background with a red and blue logo of a beanie with a flame. The text is centered and reads: 'Blanket + Beanie', 'BLANKET AND BEANIE APPEAL 2022', 'Lynwood Park Public School is Collecting Blankets and Beanies to support the homeless this winter.', 'Between May 20th and June 20th, We are seeking donations of beanies, blankets, scarves and men's clothing to support the wider community. All donations go to the homeless in the Sydney and Parramatta area.', and 'Drop donations off at the Front Office!!'. The poster is flanked by two vertical images of snow-covered evergreen trees.

Blanket + Beanie

**BLANKET AND BEANIE
APPEAL 2022**

Lynwood Park Public School is Collecting
Blankets and Beanies to support the homeless
this winter.

Between May 20th and June 20th,
We are seeking donations of beanies,
blankets, scarves and men's clothing to
support the wider community. All
donations go to the homeless in the
Sydney and Parramatta area.

Drop donations off at the Front Office!!

Minutes lost = days lost per year

A couple of minutes here and there doesn't seem like much, but...

When your child misses just...	they miss days per year
5 mins per day	3 days
30 mins per day	18 days

education.nsw.gov.au

Patterns of lateness can have a serious impact on your child's education.

Got It! Newsletter Items for Parents

Got It! is a school-based program to help children to manage their feelings and behaviour.

Lynwood Park PS is lucky to be able to access this program again this year. Our Got It! Team has commenced our 2022 program and each fortnight, the team will provide some tips in our school newsletter to support parents, carers and teachers to help children to develop some useful skills for managing their feelings and behaviour.

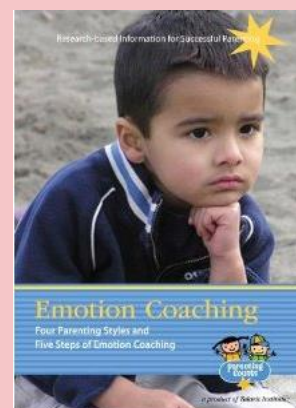
Alongside each tip they have included some resources that you may find useful.

The team is made up of NSW Health professionals specialising in early childhood and adolescent health in partnership with our school team led by Miss Cowan and Mrs MacLaren.



Got It! Tip of the Week

Notice emotions both in yourself and in your child, especially when they are at a low intensity. Simply recognising your emotions and the cues you get from your body will help you become sensitive to your child's experience of emotions. Once you're aware of your child's feelings, you can then begin to support your child to manage them. You may wish to keep an *emotion diary* to increase your awareness of the thoughts and feelings that come up for you and your child throughout the day. You can write down your emotions, your child's emotions, the cues you get from your child's body language, what you say, and how your child responds.



DVD *Emotion Coaching: Four Parenting Styles and Five Steps of Emotion Coaching*

Learning with 4/5Magenta

4/5 Magenta participated in a supervised Taekwondo lesson this week. The instructor was Mr Senarath, our student teacher who has joined 4/5 Magenta for the next 6 weeks. Mr Senarath is also a qualified Taekwondo instructor. The focus was on discipline, respect and fundamental body movement. The students were shown how to properly stretch before practising some basic Taekwondo movements.



National Reconciliation Week

4/5 Magenta commenced their learning on National Reconciliation Week. After discussing the facts and its purpose, the students were asked to write down what they had learned onto a piece of paper. The next step was to cut the piece of paper into pieces and put it back together again onto a new piece. An open and interesting discussion was shared on how it was difficult to put all the pieces back without trying really hard. The connection was made with the “Be Brave Make Change” theme for National Reconciliation Week.



4/5 Magenta & 1/2 Green (Buddy classes)

An awesome time was had with our buddy class 1/2 Green. We played a few games on the court and our older students were great with helping out the younger students. Both classes demonstrated fair play qualities and encouraged each other.



Zone Cross Country

On Monday 23rd of May, our school was represented by 37 students from Years 2 to 6 in the Zone Cross Country.

The day was cold and muddy; however, the students displayed a courageous and competitive attitude. Most students improved on their last year's placing. Our overall school placing was 11th out of 21 participating schools in the zone, which, for a small school, is fantastic!

Congratulations to David (5/6T) who placed 4th and is going through to the Regional Cross Country on the 15th of June to be held at Sydney International Equestrian Centre. Additional congratulations to Rafael (3/4 Ruby) placing 9th and Annabelle (3/4 Crimson) placing 10th, both are reserves for the Sydney West team.

Thank you to the parents who came along to support our students.



Days missed = years lost

A day here and there doesn't seem like much, but...

When your child misses just...

they miss weeks per year

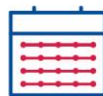
and years over their school life

1 day per fortnight



=

4 weeks



=

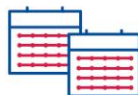
Over **1** year missed

1 day per week



=

8 weeks



=

Over **2.5** years missed

education.nsw.gov.au



LYNWOOD PARK PUBLIC SCHOOL P&C ASSOCIATION

YOU'RE INVITED P&C MEETING

5PM MONDAY 6TH JUNE

IN THE SCHOOL STAFF ROOM - ENTER VIA TURNER ST GATES

OUR P&C NEEDS NEW COMMITTEE MEMBERS FOR 2022

We are also currently looking to fill 3
P&C executive positions and your
vote is important:

President and 2 x vice presidents

HOW DO I GET INVOLVED?

Complete the attached application form and hand it into the school office or bring it along to the next monthly meeting.

WHAT CAN I EXPECT?

We are all parents and understand life is busy. You can contribute as little or as much as you are able to:

- \$2 annual membership fee
- Regular attendance at monthly meetings
- Participation in helping to organise and run school events where you are able to

FOR MORE INFORMATION OR TO CONTACT US - VISIT THE LYNWOOD PARK PS P&C
ASSOCIATION FACEBOOK PAGE

Children are welcome at the meetings - please bring a quiet activity to occupy them

LYNWOOD PARK PARENTS AND CITIZENS ASSOCIATION 2022 Membership Application	
APPLICANT INFORMATION	
Name:	
Email Address:	
Phone:	

LYNWOOD PARK PARENTS AND CITIZENS ASSOCIATION 2022 Membership Application	
APPLICANT INFORMATION	
Name:	
Email Address:	
Phone:	

Children Attending School			
Name:	Grade:	Name:	Grade:
Name:	Grade:	Name:	Grade:

Children Attending School			
Name:	Grade:	Name:	Grade:
Name:	Grade:	Name:	Grade:

Work With children check			
WWCC no.		Date of Exp:	
MEMBERSHIP TYPE			
Renewing Member	New Member	Dues Received: Yes	No
Financial Members Electronic Communications			
Would you like to join the P&C Financial Facebook Communication Group?			
Yes		No	

Work With children check			
WWCC no.		Date of Exp:	
MEMBERSHIP TYPE			
Renewing Member	New Member	Dues Received: Yes	No
Financial Members Electronic Communications			
Would you like to join the P&C Financial Facebook Communication Group?			
Yes		No	

SIGNATURE	
Signed:	Date:
	Receipt no.:

SIGNATURE	
Signed:	Date:
	Receipt no.:

Influenza



Updated 2 May 2022

What is influenza?

Influenza, or flu, is a highly contagious respiratory illness caused by influenza viruses. There are two main types of influenza virus that cause infection in humans – types A and B – and many sub-types or strains. Flu can occur throughout the year but flu activity usually peaks in winter. Flu is a vaccine-preventable illness but a new vaccine needs to be given each year because influenza viruses change (mutate) constantly. A new flu vaccine is prepared each year to best match the strains predicted for the coming influenza season.

What are the symptoms of flu?

People with influenza typically experience some or all of the following symptoms for at least a week:

- fever and chills
- cough, sore throat and runny or stuffy nose
- muscle aches, joint pains, headaches and fatigue (feeling very tired)
- nausea, vomiting and diarrhoea (more common in children than adults)

Some symptoms may last for more than a week. Some people may also experience very mild symptoms, particularly if they have some immunity from a previous infection or vaccination.

Seek immediate medical advice if the illness quickly becomes worse or if any of the following occurs:

- shortness of breath or rapid breathing
- chest pain
- confusion or sudden dizziness
- persistent vomiting.

How is flu spread?

Influenza viruses are mainly spread by droplets made when an infected person coughs or sneezes. Influenza can also spread after touching surfaces where infected droplets have landed.

Influenza can be spread to someone by an infected person even before their symptoms begin. Adults with influenza are infectious from the day before their symptoms start until 5-7 days later. Young children and people with weakened immune systems may be infectious for longer.

Who is at risk of flu?

While anyone can get influenza, people at higher risk of complications from influenza infection (and who are eligible for free annual flu vaccine) include:

- children aged 6 months to 5 years
- people aged 65 years and older
- Aboriginal and Torres Strait islander people aged 6 months and over
- Pregnant women



Individuals aged 6 months and over with certain medical conditions predisposing to severe influenza are also at increased risk (and who also eligible for free annual influenza vaccine). These conditions include:

- Individuals aged 6 months and over with medical conditions predisposing to severe influenza, namely:
 - cardiac disease, including cyanotic congenital heart disease, coronary artery disease and congestive heart failure
 - chronic respiratory conditions, including suppurative lung disease, chronic obstructive pulmonary disease and severe asthma
 - other chronic illnesses requiring regular medical follow up or hospitalisation in the previous year, including diabetes mellitus, chronic metabolic diseases, chronic renal failure, obesity, and haemoglobinopathies
 - chronic neurological conditions that impact on respiratory function, including multiple sclerosis, spinal cord injuries, and seizure disorders
 - impaired immunity, including HIV, malignancy and chronic corticosteroid use
 - children aged 6 months to 10 years on long term aspirin therapy.

How is flu prevented?

Get a flu shot

Influenza vaccination each year before winter arrives is the best way to prevent influenza.

- Seasonal influenza vaccination is available for anyone aged 6 months and over to protect against influenza, provided they do not have a medical reason that precludes them from receiving influenza vaccines.
- People at higher risk of influenza complications (see “Who is at risk”) are strongly recommended to have an annual influenza vaccination, and are eligible for free influenza vaccine under the National Influenza Vaccination Program (available at http://www.health.nsw.gov.au/immunisation/Pages/seasonal_flu_vaccination.aspx).
- In addition to people eligible for free vaccine, influenza vaccination is also recommended for those who frequently come in to close contact with other people at higher risk of influenza complications (such as health care workers and family members), to help protect vulnerable people from infection.

For more information on general influenza vaccine recommendations refer to latest edition of The Australian Immunisation Handbook available at: <https://immunisationhandbook.health.gov.au/vaccine-preventable-diseases/influenza-flu>

Sneeze into your elbow

Sneeze into your elbow instead of your hands, or cover your face with a tissue when you cough or sneeze and throw used tissues in a rubbish bin.

Clean your hands

Wash your hands thoroughly and often. Wash hands for at least 10 seconds, especially after coughing, sneezing or blowing your nose, or use an alcohol-based hand rub.



Stay at home if sick

If you are sick with flu, stay at home and avoid close contact with other people to prevent them from also becoming sick. Keep sick children away from school and other activities. Wait at least 24 hours after fever resolves so you that you are unlikely to infect other people. This is especially important if you visit people who are more likely to get really sick if they get the flu - including pregnant women, infants, older people or people in hospital or residential aged care.

Similarly, if you think you may have influenza and you need to see a doctor, call ahead so the clinic can take precautions to reduce the risk to other people.

How is flu diagnosed?

Doctors usually diagnose influenza based on symptoms. The diagnosis can be confirmed by testing a sample of fluid taken from the back of the nose and throat or a blood sample. These tests are usually only needed if the illness is severe or if there is an increased risk of complications.

How is flu treated?

The symptoms of influenza are usually managed by bed rest, drinking plenty of fluids, and taking simple analgesics for muscle aches and pains. Children under 16 years of age must not be given aspirin-containing medications while ill with influenza. This is due to the increased risk of children developing Reye syndrome, a form of encephalitis and liver degeneration.

Specific influenza antiviral medicines can reduce the severity and the duration of influenza but need to be taken within 48 hours of the first symptoms. These medicines need to be prescribed by a doctor, and are usually considered for people at higher risk of complications from influenza infection.

What is the public health response?

Laboratories must notify cases of influenza to their local public health unit. Individual cases are managed by their health care provider.

Public health action focuses on outbreaks in high-risk settings such as health care facilities, special schools, residential care facilities, and Aboriginal communities.

Further information

- NSW Health Influenza - <https://www.health.nsw.gov.au/infectious/influenza/pages/default.aspx>
- NSW Health Influenza surveillance reports - <https://www.health.nsw.gov.au/Infectious/Influenza/Pages/reports.aspx>
- NSW Health Influenza in travel groups fact sheet - https://www.health.nsw.gov.au/Infectious/factsheets/Pages/influenza_outbreaks_in_travel_groups.aspx

For further information please call your local Public Health Unit on **1300 066 055** or visit the New South Wales Health website www.health.nsw.gov.au

FREE flu vaccinations for everyone aged 5+

Flu can be serious and is in our community.
Your best protection this winter is to get
a flu vaccine and stay up to date with your
COVID-19 vaccinations.

Talk to us about getting vaccinated today.

**Free flu vaccinations available until 30 June.*

For more information on flu visit:
nsw.gov.au/flu



Gastroenteritis is commonly caused by viral infections resulting in vomiting and diarrhoea. The viruses are easily spread from person to person. Thorough washing of hands with soap and running water are vital to prevent spread.

Viral Gastroenteritis

Publication date: 27 July 2018

What is viral gastroenteritis?

Viral gastroenteritis is a common infection of the stomach and intestines that results in vomiting and diarrhoea. It can be caused by a number of different viruses, such as rotavirus and norovirus (previously known as Norwalk-like virus). There are many other causes of gastroenteritis including bacteria, toxins, parasites, and some non-infectious diseases.

What are the symptoms?

The main symptoms of viral gastroenteritis are vomiting and watery diarrhoea. Other symptoms may include nausea, fever, abdominal pain, headache, and muscle aches. Dehydration can follow. Symptoms can take between one and three days to develop and usually last between one and two days, sometimes longer.

How is it spread?

Viral gastroenteritis is highly infectious and is spread by the vomit or faeces of an infected person through:

- person-to-person contact, for example shaking hands with someone who has been sick and has the virus on their hands
- contaminated objects
- contaminated food or drink

Infection may also be spread through aerosolised particles when people vomit.

In most cases, spread occurs from a person who has symptoms. Some people can pass on the infection without symptoms, particularly in the first 48 hours after recovery.

Who is at risk?

Viral gastroenteritis can affect people of all ages.

How is it prevented?

After using the toilet, changing nappies, and before eating or preparing food, wash your hands thoroughly with soap and running water for at least 10 seconds and dry them with a clean towel.

How is it diagnosed?

A diagnosis of viral gastroenteritis is usually based on the person's symptoms. Laboratory confirmation is important during outbreaks, and involves testing samples of stool (faeces).

How is it treated?

There is no specific treatment for viral gastroenteritis except rest and drinking plenty of fluids. Most people will recover without complications. However, viral gastroenteritis can be serious for infants, people with suppressed immune systems and the elderly. People with vomiting or diarrhoea should:

- rest at home and not attend work while sick. Infants and children attending childcare or school should be excluded from attending for 48 hours after the resolution of symptoms
- not prepare food for others or care for patients, children, or the elderly. These precautions should continue until 48 hours after diarrhoea or vomiting ceases. This includes people who prepare food in the home or working in the food industry.

- wash hands thoroughly with soap and running water for 10 seconds after using the toilet
- drink plenty of clear fluids, for example juice or soft drink diluted 1 part to 4 parts water, to prevent dehydration. Avoid undiluted fruit juice and soft drinks as they may increase dehydration and diarrhoea. Rehydration drinks that replace fluids and salts are available from chemists. Intravenous fluids may be needed in severe cases of dehydration.

People caring for those with gastroenteritis should wash hands thoroughly with soap and running water after any contact with the sick person. Cleaning soiled surfaces and clothing reduces further spread of the virus.

When cleaning up vomit or faeces:

- wear gloves
- wash hands with soap and running water for 10 seconds after gloves are removed and disposed
- use disposable paper towels or rags to remove any solid material and seal them in a plastic bag before placing in the rubbish bin
- clean any soiled object or surface with hot water and detergent and allow to dry thoroughly
- some people also recommend wearing a mask.

What is the public health response?

Outbreaks of viral gastroenteritis increase in winter and are common within families and group settings including nursing homes, hospitals, childcare centres, and schools. Doctors and hospitals are required to notify their local public health unit whenever there are at least two cases of gastroenteritis that are linked.

Public health units are able to:

- advise on how to identify an outbreak
- advise on how to control the outbreak
- help investigate outbreaks to determine the source and mode of transmission
- advise on the exclusion of people with viral gastroenteritis from work, school or other public gatherings.

For more information

- Norovirus Factsheet <http://www.health.nsw.gov.au/Infectious/factsheets/Pages/norovirus.aspx>
- Controlling outbreaks <http://www.health.nsw.gov.au/Infectious/factsheets/Pages/gastroenteritis-outbreaks.aspx>
- Guidelines for the public health management of gastroenteritis outbreaks due to norovirus <http://www.health.gov.au/internet/main/publishing.nsf/content/cda-cdna-norovirus.htm>
- How to look after children with gastroenteritis <https://www.schn.health.nsw.gov.au/factsheets/gastroenteritis>
- Hospital Gastro Pack <http://www.health.nsw.gov.au/Infectious/gastroenteritis/Documents/hospital-gastro-pack.pdf>
- Gastro Info Kit for Aged Care Facilities <http://www.health.nsw.gov.au/Infectious/gastroenteritis/Pages/gastro-agedcare-facilities.aspx>
- Petting Zoos and Personal Hygiene <http://www.health.nsw.gov.au/Infectious/factsheets/Pages/petting-zoos-and-personal-hygiene.aspx>

For further information please call your local public health unit on **1300 066 055** or visit the New South Wales Health website www.health.nsw.gov.au

BOOK NOW

2-DAY OLYMPICS

HAVE YOU GOT WHAT IT TAKES
TO WIN GOLD
IN THE ULTIMATE 2-DAY
MULTI-SPORTS CHALLENGE

Duration: 2-days Age: Kindy - Yr 6 Time: 8.30am - 3.30pm daily
EXPERIENCE: 12 AMAZING SPORTS | 12 INDIVIDUAL EVENTS | 6 OLYMPIC FACE OFFS
AT A LOCATION NEAR YOU #noonedoesitlikemotiv8sports

EXPERIENCE THE AMAZING 2-DAY MOTIV8SPORTS OLYMPICS THIS JULY.

OUR MOTIV8SPORTS MULTI-SPORTS CAMP IS DESIGNED PURELY FOR PRIMARY SCHOOL CHILDREN WHO WANT TO EXPERIENCE 2 x AMAZING DAYS OF SPORTS ENTERTAINMENT DURING THE NEXT SCHOOL HOLIDAYS INCLUDING 12 x HYBRID TEAM SPORTS, 8 x OLYMPIC CHALLENGES & THE LEGENDARY MOTIV8 FACE OFF

JOIN US IN JULY

AND LET OUR MOTIV8SPORTS TEAM IMPRESS YOU WITH OUR STRONG FOCUS ON BUILDING SELF-ESTEEM, RESILIENCE, FITNESS, FRIENDSHIP & CONFIDENCE.

Go on scan the QR code to view our awesome commercial and find out more about Australia's No.1 multi-sports camp for kids

ONLY \$110 FOR 2-DAYS OR JUST \$10 IF YOU USE YOUR \$100 CREATIVE KIDS VOUCHER



WWW.MOTIV8SPORTS.COM.AU
OR CALL 0402 200 479



motiv8sports

WE ARE EXPERTS IN SPORTS EDUCATION AND ENTERTAINMENT. WE WOULD LOVE THE OPPORTUNITY TO MOTIV8 YOUR CHILD DURING THE JULY SCHOOL HOLIDAYS.

WHAT IS MOTIV8SPORTS?

Our company started in 2001 and over the past 21 years we have performed hundreds of CAMPS, CLINICS, PARTIES and IN-SCHOOL events for Primary school children. Basically we perform the best sports events on the planet for kids of all abilities. When a child attends a Motiv8sports event they receive our members jersey for free and a commitment from our team to provide them with amazing safety and supervision.



OUR COACHING TEAM ARE AMAZING!

Our coaching team led by Coach Jimmy are first aid trained, have completed their working with children clearance and most importantly... they are amazing role models. Our coaching staff are energetic, happy, fun and inspiring humans who love to motiv8 children. When a child attends Motiv8sports we are committed to building their confidence, resilience, and determination.

WHAT HAPPENS AT A MOTIV8SPORTS CAMP?

At a 2-day Motiv8sports camp your child will receive their jersey and be placed in a group of 16 to 22 children the same age. If your child has friends going then we can even place them in the same group. The Motiv8sports Olympics as a legendary event we hold only once every calendar year. Campers are assigned a country they represent and earn points for in a quest to WIN the Motiv8sports Gold Medal and be crowned Olympic Champions. Camper will experience our hybrid team sports including: Super Soccer, Flagball, Big Dog Cricket, Ultimate League, Street Hockey, Ballers, Sector-8 and a long list of other cool sports. Each afternoon campers will enter our Olympic Colosseum and take part in 8 different Olympic individual events. The Motiv8sports Colosseum has to be seen to be believed with a D.J pumping music, medal presentations on the Motiv8 podium & a truck load of prizes up for grabs.

WE HAVE 4 EVENTS TO CHOOSE FROM THESE HOLIDAYS. TO MAKE A BOOKING PLEASE FOLLOW THE STEPS BELOW or FEEL FREE TO CALL US DIRECT on 0402 200 479

*** TIME: 8.30am to 3.30pm daily * COST: \$110 AGE: Kindy to YR6**

CAMP 1: MON 4th - TUES 5th JULY
Ponds High School

CAMP 2: THURS 6th - FRI 7th JULY
Tyndale Christian School


CAMP 3: MON 11th - TUES 12th JULY
Rooty Hill Public School

CAMP 4: THURS 14th - FRI 15 JULY
Ponds High School



USE YOUR \$100 CREATIVE KIDS VOUCHER & YOUR TICKET ONLY COSTS \$10

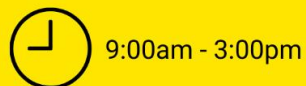
BOOK NOW: MOTIV8SPORTS.COM.AU



Expand student minds in a
fun & challenging setting with

2022 GERRIC Student Programs

July 5 - 8 | Online & On-campus



Follow the QR Code
for more information

