



Below is a sample recommended timetable that adheres to the National Education Standards Authority (NESA) requirements for each key learning area.

We recommend that you follow this routine as much as possible according to what works in your house.

The following equates to one week of work and is applicable to all year groups.

		<h2 style="text-align: center;">Lynwood Park Public School</h2> <h3 style="text-align: center;">Learning From Home Whole School Timetable</h3> <h3 style="text-align: center;">Stage 1 Term 4 Week 1</h3>				
Time	Monday Public Holiday	Tuesday	Wednesday	Thursday	Friday	
10 mins	Reading	Reading	Reading	Reading	Reading	
15 mins	Comprehension / Word Work	Comprehension / Word Work	Comprehension / Word Work	Comprehension / Word Work	Comprehension / Word Work	
20 mins	Writing	Writing	Writing	Writing	Writing	
BREAK	CRUNCH'N'SIP	CRUNCH'N'SIP	CRUNCH'N'SIP	CRUNCH'N'SIP	CRUNCH'N'SIP	
40 mins	Mathematics	Mathematics	Mathematics	Mathematics	Mathematics	
15 mins	Fitness	Fitness	Fitness	Fitness	Fitness	
BREAK	RECESS	RECESS	RECESS	RECESS	RECESS	
45 mins	Science & Technology	Creative Arts	Wellbeing Wednesday Personal Development	Geography / History	Catch up	


Note for parents: You will notice a WILF at the top of most activities now. WILF stands for 'What I am Looking For' and is part of our visible learning language, relating to our teaching and learning programs.

Stage 1 Term 4 Week 1 – Learning From Home

	Monday	Tuesday	Wednesday	Thursday	Friday
Morning Reading	Reading Public Holiday	Reading WILF - listening actively to a range of texts read by others Get someone at home to read you a story OR watch the story on Google Classroom that one of the teachers has read for you.	Reading WILF - listening actively to a range of texts read by others Get someone at home to read you a story OR watch the story on Google Classroom that one of the teachers has read for you.	Reading WILF - listening actively to a range of texts read by others Get someone at home to read you a story OR watch the story on Google Classroom that one of the teachers has read for you.	Reading WILF - listening actively to a range of texts read by others Get someone at home to read you a story OR watch the story on Google Classroom that one of the teachers has read for you.
Morning	Word Work Public Holiday	Word Work WILF - reading words with taught vowel digraphs and applies when reading decodable texts *Choose 10 spelling words and write them down ensuring they are correct. * Complete the attached worksheet using your spelling words.	Word Work WILF - reading words with taught vowel digraphs and applies when reading decodable texts * Look at and talk about the front cover of "My Boy with a Toy" *Read the blending sounds and high frequency words on the "Practice page." *Read the vocabulary section of the 1 st page of "My Boy with a Toy"	Word Work WILF - reading words with taught vowel digraphs and applies when reading decodable texts *Read the book "My Boy with a Toy" *Read the fluency chart twice. See if you are faster the second time.	Word Work WILF - using learnt spelling rules and knowledge, word origins and generalisations to spell *Use your chosen words to make your own Find-a-word. *Time for spelling test! Ask someone to test you on your words from Tuesday.

	Monday	Tuesday	Wednesday	Thursday	Friday
English	<p>Writing Public Holiday</p>	<p>Writing WILF - writes for a range of purposes</p> <p>*Welcome back to learning. We all hope you had a gorgeous few weeks at home. We would like to know what an ideal holiday day at home looked like for you.</p> <p>Refer to the attached sheets.</p>	<p>Writing WILF - correctly forms all letters</p> <p>Complete the handwriting worksheets.</p>	<p>Writing WILF - writes for a range of purposes</p> <p>Answer these comprehension questions in full sentences either in your work book or on the attached worksheet.</p> <ol style="list-style-type: none"> 1.What does the boy use as his toys? 2.Where do you think the boy gets his toys from? 3.Are they from the shop or found elsewhere? 4.Have you ever played in the mud before? What was it like? 	<p>Writing WILF - writes for a range of purposes</p> <p>Choose one of the illustrations from "My boy with a toy." Write 3 sentences about the illustration. Remember to:</p> <p>Write in full sentences. Include capital letters, full stops and other punctuation where needed.</p> <p>Stretch out the sounds in words to write them correctly.</p> <p>Add WOW words (adjectives)</p> <p>Re-read and edit your sentences.</p>
Break					

	Monday	Tuesday	Wednesday	Thursday	Friday
Middle	<p>Mathematics Public Holiday</p>	<p>Mathematics * Number of the day Today's number is: 124 (Refer to attached sheet) WILF – read and use ordinal numbers to at least tenth. Complete the 'ordinal numbers' worksheet (Refer to attached sheet) .</p>	<p>Mathematics * Number of the day Today's number is: 150 (Refer to attached sheet) WILF – recognise and sort numbers in sequence. Complete the 'numbers in order' worksheet (Refer to attached sheet – end of booklet) Optional: Studyladder. Complete some activities set out by your teacher.</p>	<p>Mathematics * Number of the day Today's number is: 301 (Refer to attached sheet) WILF – Compare and identify numbers as less than, or greater than. Complete the 'less than or greater than' worksheet (Refer to attached sheet)</p>	<p>Mathematics WILF – Gather and track data using tally marks and skip counting. Complete the 'collecting data with tally marks' worksheet (Refer to attached sheet) Optional: Studyladder. Complete some activities set out by your teacher.</p>
Middle	<p>Fitness Options WILF - exploring how regular physical activity keeps individuals healthy Fundamental Movement Skills – Dynamic Balance https://www.youtube.com/watch?v=Cb6xga1SJXQ Fitness Lesson: https://www.youtube.com/watch?v=tDL_WDob3tU Yoga Lesson 5: https://www.youtube.com/watch?v=6G4q1-AGBX0</p>			<p>Fitness Options Animal walks - Use your imaginations to come up with different types of animal walks! Imitate bears walking, or run fast like a cheetah. Waddle like a penguin, or pretend to swim through the ocean like a dolphin. Musical Statues - This is a fun and simple activity to use frequently. With upbeat music, get everyone dancing and wiggling freestyle. At various intervals, pause the music. Everyone must freeze in a very silly pose; the sillier the better! After a good laugh, turn the music back on and continue. What's Your Name Activity - See attached sheet</p>	

	Monday	Tuesday	Wednesday	Thursday	Friday
BREAK	RECESS	RECESS	RECESS	RECESS	RECESS
Afternoon	<p>Science and Technology Public Holiday</p>	<p>Creative Arts WILF - Making of simple pictures and other kinds of artworks about things and experiences</p> <p>What is the weather like outside your window today?</p> <p>Using the window template below create an artwork of what the weather is like outside your window.</p> <p>You could use pencils, crayons, paint, or even make a collage using items from your garden or clippings from a brochure, tissues, cotton balls, coloured paper. The possibilities are endless.</p> 	<p>Personal Development Wellbeing Wednesday</p> <p>Today there are 2 different things to do.</p> <ol style="list-style-type: none"> 1. There is a non-screen activities grid attached. Choose some of the activities to complete – it can be any of them! 2. There is a colouring sheet for you to do :D <p>You can choose 1 to do or you can complete both!</p>	<p>History WILF – Identifies and describes people, places and things over time</p> <p>Artefacts and the Past: History is about looking into our past and asking questions about the people, places and events that took place.</p> <p>There are many items, places and people around us that can tell us about our past.</p> <p>We study artefacts, which are objects made in the past, to learn more about that period of time.</p> <p>Refer to the attachments to see if you can learn more about the past using artefacts.</p> <p>See if you can find the things that have replaced it in the</p>	<p>Catch Up</p> <p>Have you finished all the activities for this week?</p> <p>If you are able to you can play a game from ABC Kids https://www.abc.net.au/abckids/games/</p>

	Monday	Tuesday	Wednesday	Thursday	Friday
				<p>present in your house.</p> <p>Optional: Watch the video to see more artefacts of the past compared to now</p> <p>https://www.youtube.com/watch?v=RKTYSnllwVY</p>	

Spelling word list

<p>map</p> <p>gap</p> <p>tap</p>	<p>age</p> <p>page</p> <p>cage</p>	<p>think</p> <p>bunks</p> <p>drank</p>	<p>stairs</p> <p>waiting</p> <p>painter</p>
<p>honk</p> <p>tank</p> <p>link</p>	<p>drain</p> <p>pain</p> <p>wait</p>	<p>large</p> <p>stage</p> <p>sausage</p>	<p>these</p> <p>athlete</p> <p>sphere</p>

what's your name?

Fit activity for kids

SPELL OUT YOUR FULL NAME AND COMPLETE THE ACTIVITY LISTED FOR EACH LETTER. FOR A GREATER CHALLENGE INCLUDE YOUR MIDDLE NAME & DO EACH ONE TWICE! FOR VARIETY YOU CAN USE A FAVORITE CHARACTER'S NAME OR A FAMILY MEMBER'S NAME.

- A** jump up & down 10 times
- B** spin around in a circle 5 times
- C** hop on one foot 5 times
- D** run to the nearest door and run back
- E** walk like a bear for a count of 5
- F** do 3 cartwheels
- G** do 10 jumping jacks
- H** hop like a frog 8 times
- I** balance on your left foot for a count of 10
- J** balance on your right foot for a count of 10
- K** march like a toy soldier for a count of 12
- L** pretend to jump rope for a count of 20
- M** do 3 somersaults
- N** pick up a ball without using your hands
- O** walk backwards 50 steps and skip back
- P** walk sideways 20 steps and hop back
- Q** crawl like a crab for a count of 10
- R** walk like a bear for a count of 5
- S** bend down and touch your toes 20 times
- T** pretend to pedal a bike with your hands for a count of 17
- U** roll a ball using only your head
- V** flap your arms like a bird 25 times
- W** pretend to ride a horse for a count of 15
- X** try and touch the clouds for a count of 15
- Y** walk on your knees for a count of 10
- Z** do 10 push-ups

Number of the Day – Three Digit Numbers

Tuesday

Number of the day is... 124

Hundreds	Tens	Ones

Write the number in words

Round it to the nearest 10

What is 100 more? _____

What is 100 less? _____

What is 10 more? _____

What is 10 less? _____

Challenge: Write some addition, subtraction, multiplication, or division questions with the answer of 124.

Wednesday

Number of the day is... 150

Hundreds	Tens	Ones

Write the number in words

Round it to the nearest 10

What is 100 more? _____

What is 100 less? _____

What is 10 more? _____

What is 10 less? _____

Challenge: Write some addition, subtraction, multiplication, or division questions with the answer of 150.

Thursday

Number of the day is... 301

Hundreds	Tens	Ones

Write the number in words

Round it to the nearest 10

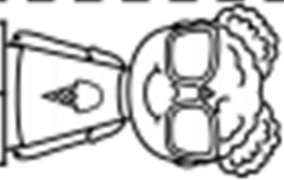
What is 100 more? _____

What is 100 less? _____

What is 10 more? _____

What is 10 less? _____

Challenge: Write some addition, subtraction, multiplication, or division questions with the answer of 301.



SPELLING CODE

Write your spelling words using the secret code.

cdf = 3, 1, 20

a	1
b	2
c	3
d	4
e	5
f	6
g	7
h	8
i	9
j	10
k	11
l	12
m	13
n	14
o	15
p	16
q	17
r	18
s	19
t	20
u	21
v	22
w	23
x	24
y	25
z	26

Tuesday – Writing

What would your perfect holiday day at home look like? Maybe your favourite wake up activity was watching cartoons. Maybe your favourite breakfast for pancakes. Maybe your favourite evening activity was stories in bed.

Wake up time	
Breakfast	
Morning activity	
Lunch	
Afternoon activity	
Dinner	
Evening activity	

Tuesday - Ordinal Numbers

Ordinal numbers are used to tell you the position of an item in a series, sequence, or pattern.

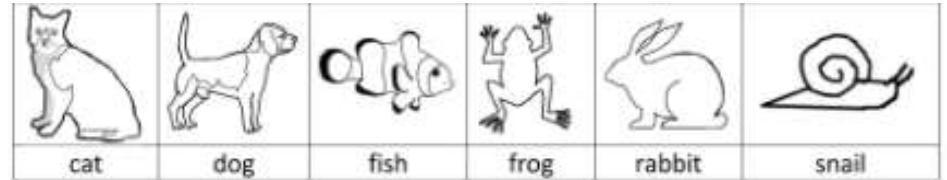
They are usually written using language: first – 1st, second – 2nd, third – 3rd, fourth – 4th, etc. Most numbers use the code 'th' after the digit except for numbers that have 1st, 2nd and 3rd.

* Remember the word ordinal means the order it goes in.

Match the ordinal words to their number

Second	3rd
Fourth	7th
Eighth	1st
Sixth	5th
Third	10th
Fifth	4th
First	2nd
Ninth	6th
Seventh	8th
Tenth	9th

Answer the questions and follow the instructions.



If the cat is the first animal...

1. What animal is third? _____
2. What place is the frog in? _____
3. What place is the dog in? _____
4. What animal is fifth? _____
5. What animal is last? _____
6. Colour the 4th animal yellow.
7. Colour the 1st animal green.
8. Colour the 6th animal orange
9. Colour the 2nd animal brown.
10. Colour the 5th animal grey.
11. Colour the 3rd animal red.

Tuesday – Creative Arts

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Wednesday Handwriting

Rr Rr Rr Rr Rr Rr Rr

Nn Nn Nn Nn Nn Nn Nn

Nat and Rob were running.

0 1 2 3 4 5 6 7 8 9

Non-screen activities for book lovers



These 25 fun book-based ideas will help you explore your favourite stories and maybe inspire your own!

25
Ideas!

1 Can you take the story from your favourite book and turn it into a short poem?



2 Write a letter to your favourite author. What will you tell them or ask them?



3 Alternative ending. Think of your favourite book and re-write the final chapter of it.



4 Get creative! Make your own bookmark to use when you read. How will you decorate it?



5 Turn your favourite book into a comic strip. Writing a story doesn't always have to be about the words!



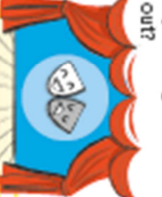
6 Reading wish list. Make a list of all the books you'd like to read in the future.



7 Decorate an item to look like your favourite book character. You could choose a stone, a wooden spoon or something else!



8 Turn the story of your favourite book into a play script. Can you act it out?



9 Story mash-up! Write a new story that mixes together your favourite characters from different books.



10 Make a puppet of a famous book character. You could use a sock, a paper bag or even your finger!



11 If you could write a non-fiction book, what would you write about? Write down five facts about your chosen topic.



12 Design a new costume for your favourite book character. How will you make it different from the original?



13 Where is the most unusual place you can find to read a book? Under the bed? Up a tree? You choose!



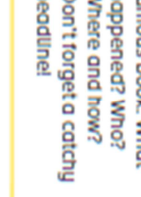
14 A word of advice. What advice would you give to your favourite book character? How could you help them?



15 Story hunt. Collect items that give clues to a book then share them with someone. Can they guess the story?



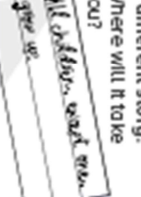
16 Imagine you're a reporter. Write a news report based on a famous book. What happened? Who? Where and how? Don't forget a catchy headline!



17 Can you make a model of a famous book setting? You could use a box and decorate it!



18 Take the first line of your favourite book and use it to write a different story. Where will it take you?



19 What would happen to your favourite character in a different story? Can you write a new tale?



20 Design a new book cover for your favourite book. What will you change?



21 Reading den. Build a den using things from around the house and cosy up in there to read a book.



22 Pretend to be your favourite book character. Act out a part of the story, can your family guess which book it is?



23 Read aloud! Grab your favourite book and read to someone else, your family, a pet or even your toys!

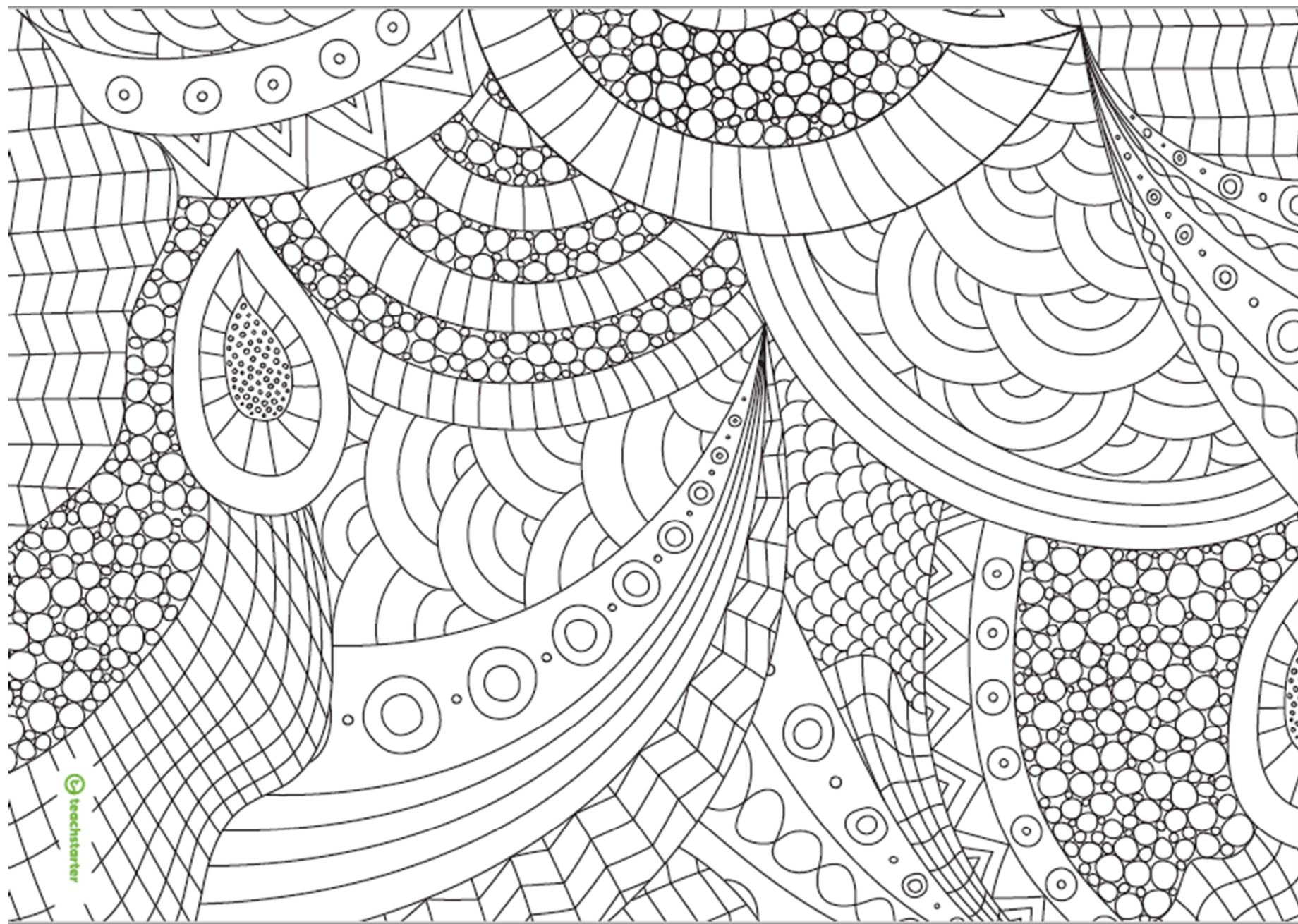


24 Who is the villain in your favourite book? Can you make a wanted poster for them?



25 Get crafty! Make a mask of your favourite book character. You could use a paper plate, some cardboard or something else.






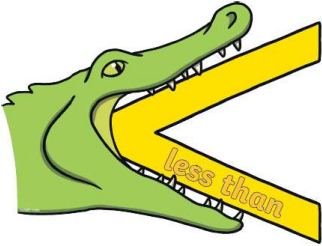
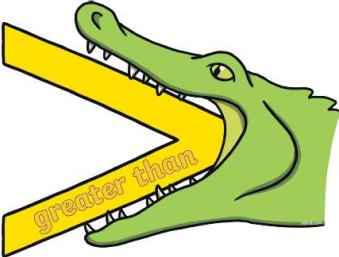
Thursday Writing – Remember to write in full sentences with a capital letter and full stop.

1. What does the boy use as his toys?

2. Where do you think the boy gets his toys from?

3. Are they from the shop or found elsewhere?

4. Have you ever played in the mud before? What was it like?

Thursday – Less than, greater than or equal to symbols.		Number	Use the words less than, greater than or equal to	Number
	<p>We use the equals = symbol to show that two numbers are the same. e.g. We have two packets of biscuits. They both have 24.</p> <p style="text-align: center;">24 = 24</p>	8	Is greater than	4
		28		92
	<p>We use the < symbol instead of writing a number is less than another number. e.g. 4 is less than 8.</p> <p style="text-align: center;">4 < 8</p> <p>We can also say the crocodile is really hungry and always wants to eat the largest number.</p>	88		56
		10		10
Put the symbol < > or = to answer these questions.				
	<p>We use the > symbol instead of writing a number is greater than another number. e.g. 8 is greater than 4</p> <p style="text-align: center;">8 > 4</p> <p>Again you can see the crocodile is always hungry and wants to eat the largest number.</p>	1 <input type="text"/> 8	10 <input type="text"/> 9	111 <input type="text"/> 90
		35 <input type="text"/> 52	40 <input type="text"/> 72	45 <input type="text"/> 30
		84 <input type="text"/> 77	12 <input type="text"/> 35	22 <input type="text"/> 22
		21 <input type="text"/> 98	95 <input type="text"/> 95	41 <input type="text"/> 31
<p>Challenge Hint you may need to add the numbers together first.</p>		22 + 3 <input type="text"/> 18	16 + 6 <input type="text"/> 22	4 + 1 <input type="text"/> 39 + 7

Thursday – History

Artefacts of the Past and What They Look Like Now



What has replaced it in modern (current) times?

What are things that are the same?

What are the things that have changed?



What has replaced it in modern (current) times?

What are things that are the same?

What are the things that have changed?



What has replaced it in modern (current) times?

What are things that are the same?

What are the things that have changed?



What has replaced it in modern (current) times?

What are things that are the same?

What are the things that have changed?

Wednesday - Maths

Cut out the number cards and put them in ascending (smallest to largest) or descending (largest to smallest) order. Upload a photo of your work.

16	1	26	2	27	38	7	15	24	5	28	25	
11	21	18	31	3	22	4	23	6	37	29	10	
39	40	45	32	49	50	35	46	17	41	33	14	36
20	8	34	13	30	48	12	42	47	9	43	44	19