



Below is a sample recommended timetable that adheres to the National Education Standards Authority (NESA) requirements for each key learning area.

We recommend that you follow this routine as much as possible according to what works in your house.

The following equates to one week of work and is applicable to all year groups.

	<div>Lynwood Park Public School</div> <div>Learning from Home Whole School Timetable</div> <div>Kindy Term 3 Week 8</div>					
Time	Monday	Tuesday	Wednesday	Thursday	Friday	
10 mins	Reading	Reading	Reading	Reading	Reading	
15 mins	Comprehension / Word Work	Comprehension / Word Work	Comprehension / Word Work	Comprehension / Word Work	Comprehension / Word Work	
20 mins	Writing	Writing	Writing	Writing	Writing	
BREAK	CRUNCH'N'SIP	CRUNCH'N'SIP	CRUNCH'N'SIP	CRUNCH'N'SIP	CRUNCH'N'SIP	
30 mins	Mathematics	Mathematics	Mathematics	Mathematics	Mathematics	
15 mins	Fitness	Fitness	Fitness	Fitness	Fitness	
BREAK	RECESS	RECESS	RECESS	RECESS	RECESS	
40 mins	Science & Technology	Personal Development	Creative Arts	Geography / History	Catch up	

Note for parents: You will notice a WILF at the top of most activities now. WILF stands for 'What I am Looking For' and is part of our visible learning language, relating to our teaching and learning programs.

Kindy Term 3 Week 8 – Learning From Home

	Monday	Tuesday	Wednesday	Thursday	Friday
Morning Reading	Reading WILF - listening actively to a range of texts read by others. Get someone at home to read you a story OR watch the story on Google Classroom that one of the teachers has read for you.	Reading WILF - listening actively to a range of texts read by others. Get someone at home to read you a story OR watch the story on Google Classroom that one of the teachers has read for you.	Reading WILF - listening actively to a range of texts read by others. Get someone at home to read you a story OR watch the story on Google Classroom that one of the teachers has read for you.	Reading WILF - listening actively to a range of texts read by others. Get someone at home to read you a story OR watch the story on Google Classroom that one of the teachers has read for you.	Reading WILF - listening actively to a range of texts read by others. Get someone at home to read you a story OR watch the story on Google Classroom that one of the teachers has read for you.
Morning	Word Work WILF - reads an increasing number of taught high-frequency words *Go on a scavenger hunt and find 5 things in your house that start with the phoneme/ sound Draw them and write what they are. *Practice reading your Magic 100 words	Word Work WILF - uses some phonic and contextual knowledge to decode simple texts * Look at and talk about the front cover of "What do you need?" *Practice the letter sounds and words on the "Practice page." *Time yourself while you practice reading your current Magic 100 word list. Write down your time.	Word Work WILF - uses some phonic and contextual knowledge to decode simple texts *Read the book "What do you need?" *Time yourself while you practice reading your current Magic 100 word list. Write down your time.	Word Work WILF - uses some phonic and contextual knowledge to decode simple texts *Re-read the "What do you need?" *Read the fluency chart twice. See if you are faster the second time. *Time yourself while you practice reading your current Magic 100 word list. Write down your time. Did you get faster over the 3 days?	Word Work WILF - reads an increasing number of taught high-frequency words * Write out 8 of your Magic 100 words on a piece of paper. Look at the word, write the word, check that you wrote it correctly.

	Monday	Tuesday	Wednesday	Thursday	Friday
English	Writing Refer to "Journal Writing – Monday writing page"	Writing WILF - correctly forming most lower-case letters Handwriting – Complete the handwriting sheet for today practicing the Magic 100 words listed.	Writing Refer to "What do you need?" writing page	Writing WILF - correctly forming most lower-case letters Handwriting – Complete the handwriting sheet for today practicing the Magic 100 words listed.	Writing Refer to "What do you need?" writing page
Break					
Middle	Mathematics WILF - Recognise that quarters are 4 equal parts. Practice counting your numbers. What number did you get up to? This time, try starting at a different number. Optional: Watch a video on fractions https://www.youtube.com/watch?v=VMWa6dDoicc Get a piece of paper and fold it in half. Now, fold the paper in half again. Open your paper up and you will have four pieces that will look the same.	Mathematics Count all of your coloured pencils. How many do you have? Count all of your books. How many do you have? Get 12 objects (toys, Lego pieces, pencils). Share them between 2 people (half) How many did each person get? Draw your answer. Share them between 4 people (quarters). How many did each person get? Draw your answer.	Mathematics Choose 10 of your number cards. Match your cards with toys or pencils. Example. Number 2 with 2 pencils. Go outside. How many times can you throw and catch a ball before dropping it? Try it a few times and see if you get better at it. Option 1 If you have playdough, make shapes and see if you can cut them into 2 equal pieces or 4 equal pieces.	Mathematics Wilf – Record Volume and Capacity comparisons informally using drawings, numerals and words. Practice writing numbers to 20. Remember with teen numbers the 1 goes first/ Ask for help to find 5 different sized containers or bowls. They can be tall, short or long. You will also need a cup. Choose one of your containers and estimate (have a guess) how many cups of water (you can also use flour,	Mathematics Have your number cards ready. Write out number words to ten (or you can cut out the words in your learning pack) and see if you can match the words to the numbers. Example, 3 and Three. Capacity worksheet. There are 3 jars on your page. Using paint, coloured pencils or anything else that you choose, colour in a jar so it is full, one jar so it is half full and the other jar so it is empty. Label each jar underneath.

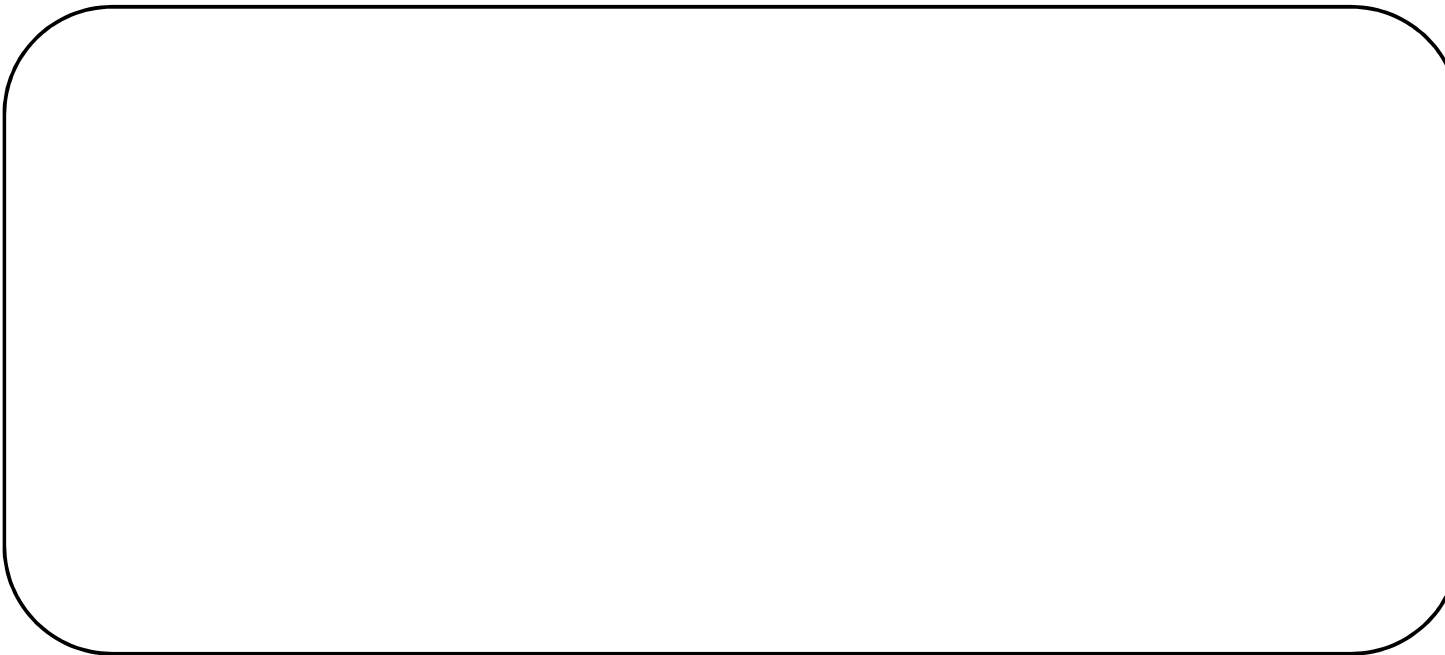
	Monday	Tuesday	Wednesday	Thursday	Friday
	<p>On each quarter draw or write;</p> <ol style="list-style-type: none"> 1. Your name 2. A picture of your choice 3. Your favourite food 4. Someone in your family <p>Ask someone to help you make a sandwich or get some fruit. Safely cut the food into 4 pieces. Did you cut them into equal quarters? How do you know?</p>	<p>Using a bowl or a plate, draw a circle on a piece of paper and cut it out.</p> <p>Fold your circle so you have four equal pieces.</p> <p>Decorate each section of your circle.</p> <p>Optional: Studyladder activities</p>	<p>Option 2</p> <p>Follow instructions to make a fox or a love heart.</p> <p>Or you could even do both activities.</p>	<p>beans or Lego) are needed to fill the container.</p> <p>Do the same for all of the containers. Remember to estimate first.</p> <p>Draw your containers and write your estimations and answers on a piece of paper.</p> <p>Which container held the most and which container held the least?</p> <p>Optional: Studyladder activities</p>	
Middle	<p>Fitness Options</p> <p>WILF - exploring how regular physical activity keeps individuals healthy</p> <p>Body Boogie Dance: https://www.youtube.com/watch?v=cZeM18fPbvl</p> <p>Freeze Dance for Kids https://www.youtube.com/watch?v=2UcZWXvgMZE</p> <p>Zumba Kids (easy dance) - I like to move it https://www.youtube.com/watch?v=ymigWt5TOV8</p>			<p>Fitness Options</p> <p>Do each activity 10 times</p> <p>Criss-cross feet: Jump straight up, then cross one foot in front of the other; on next jump, switch feet and continue.</p> <p>Hurdle hops: Jump side-to-side or front-to-back over a pretend hurdle.</p> <p>One-foot hops: Lift one knee and jump on the standing leg; alternate. (This is a great balance challenge, too.)</p>	

	Monday	Tuesday	Wednesday	Thursday	Friday
	<u>or</u> Hopscotch: Set up a hopscotch board (a grid of numbered squares) using either chalk (outside) or masking tape (inside). There are tons of ways to play, but with all of them a player essentially throws a small object (small soft toy) onto one of the squares. They then try to hop, skip, or jump their way through the course without landing in that square.			Star Jumps: Stretch arms and legs out to the side like a starfish while jumping; on the second jump, return arms to sides and legs to center on the landing. Tuck jumps: Bend knees and lift heels high while jumping.	
BREAK	LUNCH	LUNCH	LUNCH	LUNCH	LUNCH
Afternoon	Science WILF - recording observations using drawings Floating and Sinking Can you sink the foil boat? You will need: <ul style="list-style-type: none"> Aluminium foil A tub of water Marbles, Lego pieces, metal nuts or anything else you want to use as weights Step 1: Tear off a square of foil roughly 30cm by 30cm. Step 2: Fold the edges of the foil to form a neat square. This also allows the side of the foil boat to be stronger.	Personal Development WILF - practicing and demonstrating movement skills and sequences using different body parts Jumping rope: If you have a skipping rope practice skipping. If you are just learning start by swinging the rope back and forth without taking the rope over your head. Obstacle course: Set up a simple obstacle course with accessible items, such as a chair to skip around and a pot to skip over. Then, set a timer and aim to beat your time.	Creative Arts WILF – Making of simple pictures and other kinds of artworks about things and experiences Draw a picture of a Tasmanian devil. Watch the instructions on the following video: https://youtu.be/yGBLQg1-s7I Follow the instructions on the creative arts page. Once you have drawn your Tasmanian devil, what material can you use to add colour and texture to your drawing?	Geography What is a Special Place? Australian land is so special place to the Aboriginal people. They got everything they needed from the land. They looked after it and the land looked after them. Watch You and Me, Our Place by Leonie Norrington. https://www.youtube.com/watch?v=YO7li40O5DA Talk to someone at home about how the beach is a special place where they gathered and collected food.	Catch Up Have you finished all the activities for this week? If you are able to you can play a game from ABC Kids https://www.abc.net.au/abckids/games/

	Monday	Tuesday	Wednesday	Thursday	Friday
	<p>Step 3: Form the boat sides. Try cube-shaped barges vs. speedboat shapes!</p> <p>Step 4: Add marbles or similar weights one by one into the boat until it sinks!</p> <p>Step 5: Try again, can you do better with a different boat design?</p> <p>See attached sheet for visual step instructions</p> <p>Draw and write about your findings on the science sheet or in your book</p> <p>If you do not have aluminum foil find 3 things that float. Put marbles, Lego, small rocks or other small items onto each object until it sinks. Which object held the most small items? Draw all of the floating objects and write a sentence with your answer.</p>	<p>Skipping tag: Play tag, but have everyone skip instead of running or walking to catch their opponent. You can add variation by switching to hopping on one foot, all fours, or some other way of moving</p>	<p>Can you add a background and/or write a sentence about Tasmanian devils?</p>	<p>Talk with someone in your family and talk about a place that is special to your family.</p> <p>Draw a picture of you and your family at your special place. Write a sentence about what makes it special to you and your family. It might be a place at home, a holiday place or another place of family significance.</p>	

Journal Writing – Monday

What is your favourite food and why is it your favourite? Draw a picture of you eating your favourite food.



WILF (What am I
Looking For) -

Think of a sentence

Use a capital letter

Use full stops

Write the first sound

Stretch the words

Read your sentence

Illustrate your writing

Science – Monday (Instead of drawing you might want to take some photos or even make a little video!)

Instruction



1
Tear off a square of foil roughly 30cm by 30cm.



2
Fold the edges of the foil to form a neat square. This also allows the side of the foil boat to be stronger.



3
Form the boat sides. Try cube-shaped barges vs. speedboat shapes!

Draw a picture of the foil boat you made:



4
Add marbles or similar weights one by one into the boat until it sinks! You could also measure the weight of each object you add to the boat for additional rigour (it is a competition after all!).



5
Completely sunk! Try again, can you do better with a different boat design?

Draw a picture of the items you used to sink the boat:

How many items did it take to sink the boat?

Handwriting – Tuesday (Magic 100 words)

a and be I in is it of

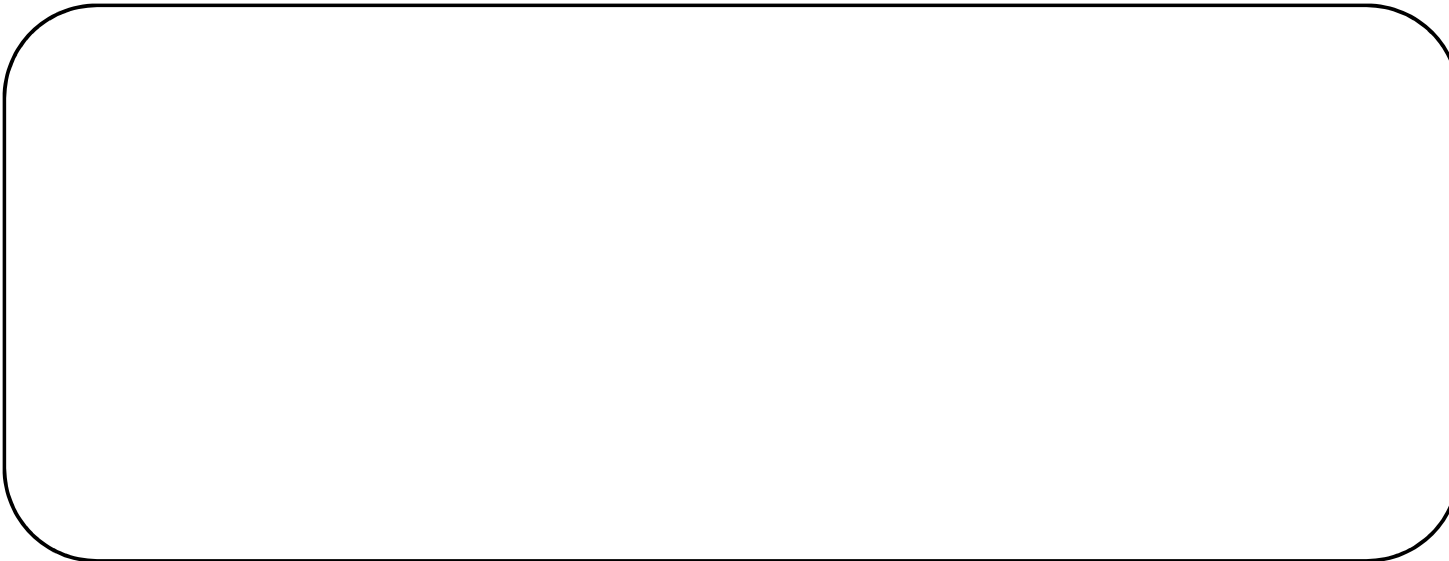
that the to you at

all are but for had

Try some words on your own

Wednesday Writing - 'What Do You Need'

Write a sentence about what you need to play tennis. Look at the picture in the book to give you some ideas. Remember to add some WOW words (adjectives/ describing words). Draw the items you will need.



WILF (What am I
Looking For) -

Think of a sentence

Use a capital letter

Use full stops

Write the first sound

Stretch the words

Read your sentence

Illustrate your writing

Wednesday Mathematics



Step 1: Start with a square piece of paper.



Step 2: Fold paper in half by folding the top corner to the bottom corner.



Step 3: Let's make a line in the centre. Fold in half again by folding left corner to right corner, then unfold.

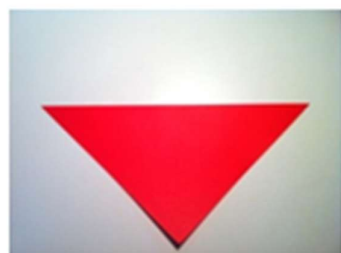


Step 4: Fold the left and right triangle edges toward the centre, but not all the way to the centre.



Step 5: Turn the figure over and draw on the face.





Step 1: Start with a square piece of paper with white side up. Fold the top corner to the bottom corner, then unfold it.



Step 3: Now fold the left corner to the right corner, then unfold it.



Step 4: Fold the top corner to the centre.



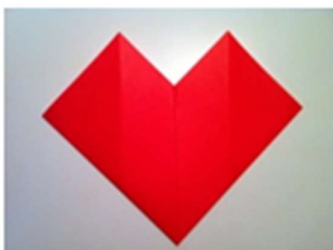
Step 5: Fold the bottom corner to the top edge.



Step 6: Fold the bottom left and right edges to the centre crease.



Step 7: Fold back the top and side corners to complete this simple origami heart



Wednesday - Creative Arts

Draw your picture here or on a new page



Step 1: First, Draw the head.



Step 2: Draw the eyes, nose and mouth.



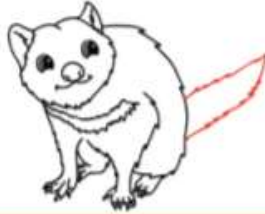
Step 3: Draw the ears.



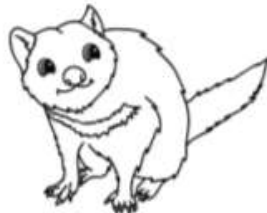
Step 4: Draw the front legs.



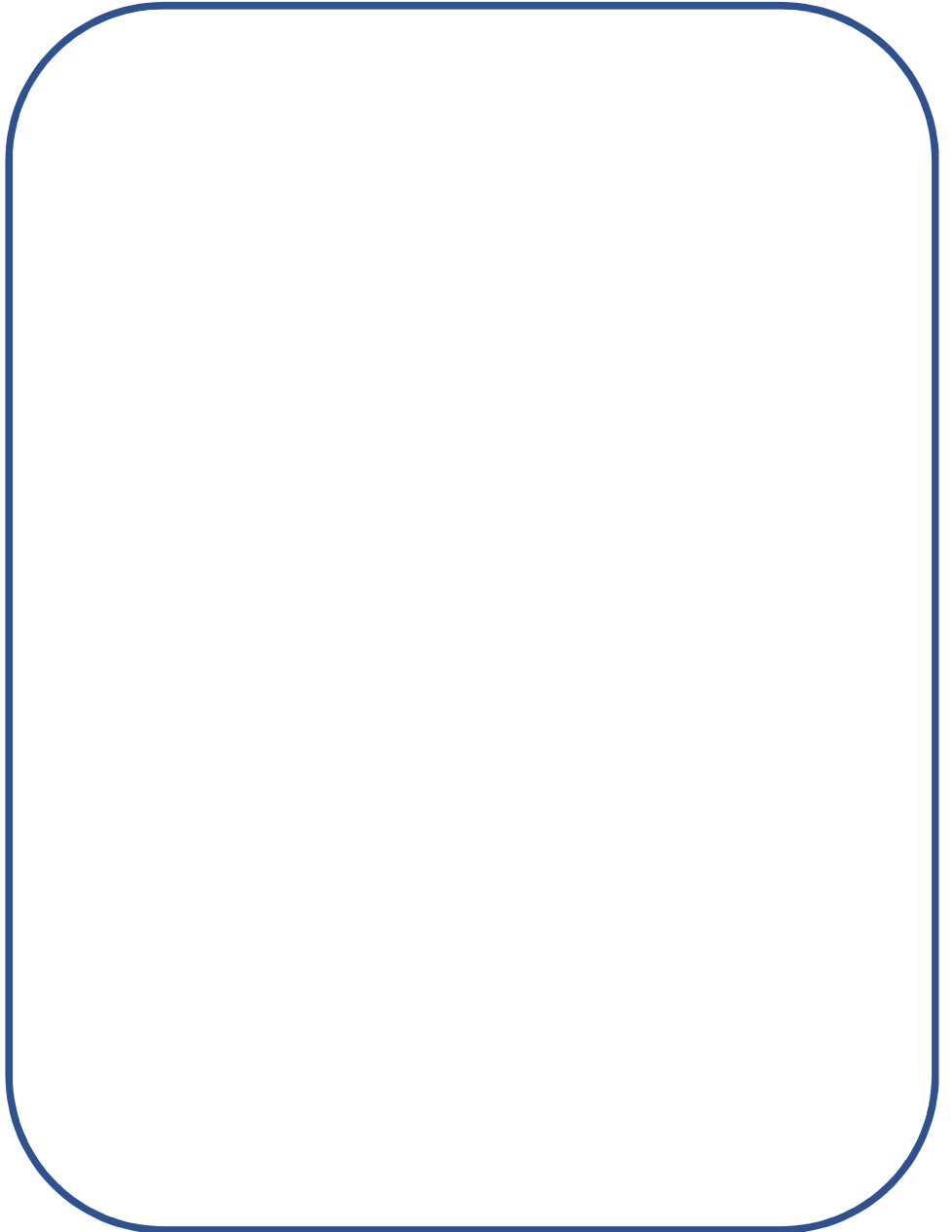
Step 5: Draw the body and hind legs.



Step 6: Draw the tail.



Your Tasmanian Devil
is done!



Handwriting - Thursday (Magic 100 words)

have he her his not

on one said they

this was we what

Try some words on your own

Thursday – Geography

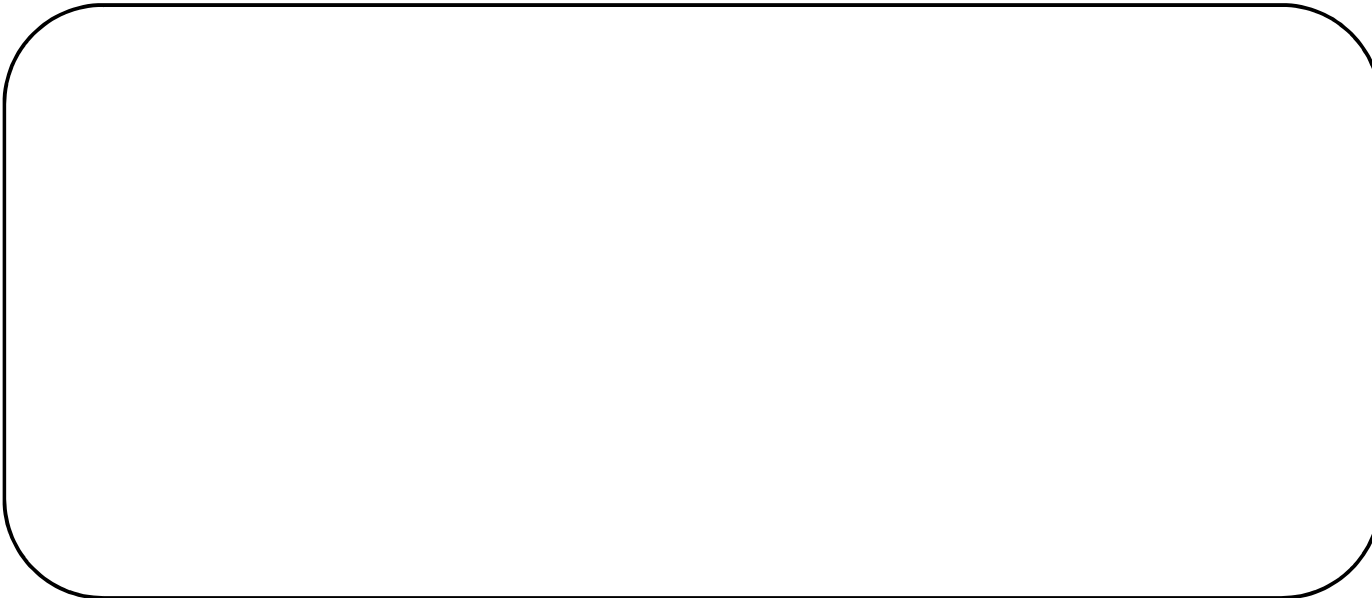
The land is a special place to the Aboriginal people. They got everything they needed from the land. They looked after it and the land looked after them.

Talk with someone in your family and talk about a place that is special to your family.

Draw a picture of you and your family at your special place. Write a sentence about what makes it so special to you.

Friday Writing - 'What Do You Need'

Write a sentence about what you need to take camping. Look at the picture in the book to give you some ideas. Draw these items.



WILF (What am I
Looking For) -

Think of a sentence

Use a capital letter

Use full stops

Write the first sound

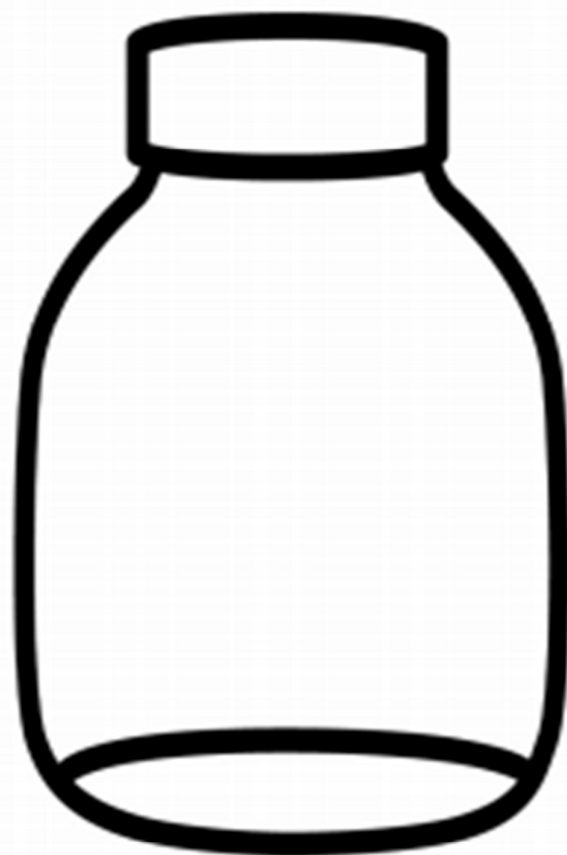
Stretch the words

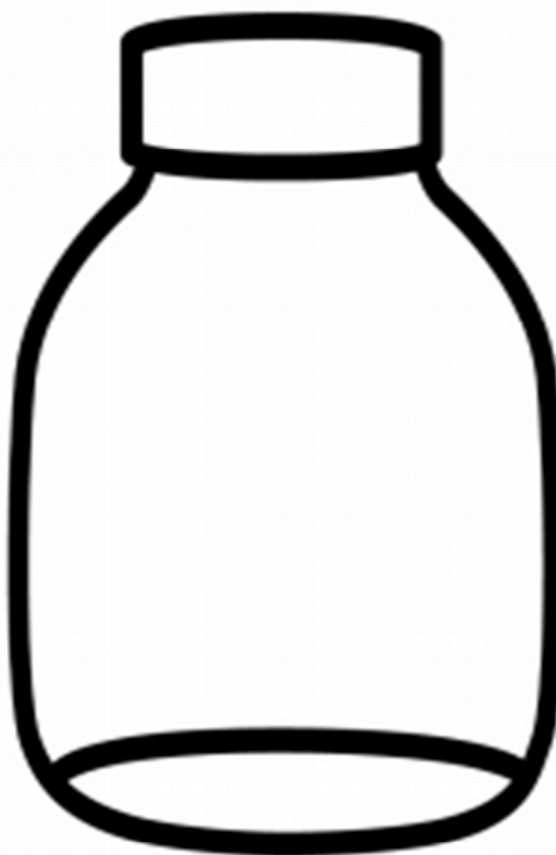
Read your sentence

Illustrate your writing

CAPACITY

collage







zero

one

two

three

four

five

six

seven

eight

nine

ten