Below is a sample recommended timetable that adheres to the National Education Standards Authority (NESA) requirements for each key learning area.

We recommend that you follow this routine as much as possible according to what works in your house.

The following equates to one week of work and is applicable to all year groups.



Lynwood Park Public School Learning From Home Whole School Timetable Stage 1 Term 3 Week 6



Time	Monday	Tuesday	Wednesday	Thursday	Friday
10 mins	Reading	Reading	Reading	Reading	Reading
15 mins	Comprehension /	Comprehension /	Comprehension /	Comprehension /	Comprehension /
	Word Work	Word Work	Word Work	Word Work	Word Work
20 mins	Writing	Writing	Writing	Writing	Writing
BREAK	CRUNCH'N'SIP	CRUNCH'N'SIP	CRUNCH'N'SIP	CRUNCH'N'SIP	CRUNCH'N'SIP
40 mins	Mathematics	Mathematics	Mathematics	Mathematics	Mathematics
15 mins	Fitness	Fitness	Fitness	Fitness	Fitness
BREAK	RECESS	RECESS	RECESS	RECESS	RECESS
45 mins	Science & Technology	Personal Development	Creative Arts	Geography / History	Catch up

Note for parents: You will notice a WILF at the top of most activities now. WILF stands for 'What I am Looking For' and is part of our visible learning language, relating to our teaching and learning programs.

Stage 1 Term 3 Week 6 – Learning From Home

	Monday	Tuesday	Wednesday	Thursday	Friday
Morning	Reading	Reading	Reading	Reading	Reading
Reading	WILF - listening actively to a range of texts read by others	WILF - listening actively to a range of texts read by others	WILF - listening actively to a range of texts reac by others	WILF - listening active to a range of texts reby others	
	Get someone at home to read you a story OR watch the story on Google Classroom that one of the teachers has read for you.	Get someone at home to read you a story OR watch the story on Google Classroom that one of the teachers has read for you.	Get someone at home to read you a story OR watch the story on Google Classroom that one of the teachers has read for you.	Get someone at ho to read you a story watch the story on Google Classroom tone of the teachers read for you.	OR to read you a story OR watch the story on Google Classroom that
Morning	Word Work	Word Work	Word Work	Word Work	Word Work
	WILF - using learnt spelling rules and knowledge, word origins and generalisations to spell *Copy 10 spelling words from the list that you need to practice. Play Word Memory Match: Write your 10 spelling words twice on small pieces of paper. Turn them face down on the table. Mix them up. Turn 2 words over at a time to find a matching pair.	WILF - reading words with taught vowel digraphs and applies when reading decodable texts * Look at and talk about the front cover of "I spy" *Read the blending sounds and high frequency words on the "Practice page." *Read the vocabulary section of the 1st page of "I Spy"	WILF - reading words with taught vowel digraphs and applies when reading decodable texts *Read "I Spy" aloud to someone. Remember to point to each word as you read it. If you make a mistake read the sentence again.	*Read the fluency o	*Time for spelling test! Ask someone to test you on your chosen 10 words from Monday. The words 'spy' and

	Monday	Tuesday	Wednesday	Thursday	Friday
English	Wilf - writes for a range of purposes Write down 3 things you want to get better at. It could be learning to ride a bike, improving your handwriting, or learning how to upload your work onto Google Classroom. It can be anything of your choice. What will you do to get better? What is your plan? Refer to the attached worksheet.	Wilf - writes for a range of purposes List the clues given to guess the word 'butterfly'. Would you describe it in the same way or differently? Write it down in your workbook. Imagine you are playing "I Spy" with your friends at school. What clues would you give to describe: 1. A cockatoo (parrot). 2. An earthworm 3. Silver seat 4. Soccer ball or hand ball Record all your descriptions (clues) for each of the things above in your workbook. You can draw a picture of the 4 things mentioned above.	Wilf - correctly forms of letters Complete the handwriting worksheet OR practice the letters Z, y, zz, sh, ch in your workbook.	of purposes Write a retelling of ' Spy".	of purposes You have read many texts in the past few weeks such as: "Tara makes us smile", "I spy", "Disco in the shed" and "The Footy Game", The Footy Game", Choose one text from above that is your favourite. Why? Write it in your workbook. For example: I like "I Spy" because

	Monday	Tuesday	Wednesday	Thursday	Friday
Break					
Middle	Mathematics	Mathematics	Mathematics	Mathematics	Mathematics
	WILF – To model and use equal groups of objects as a strategy for division	WILF – To model and use equal groups of objects as a strategy for division	WILF – To model and use equal groups of objects as a strategy for division	WILF – estimate and measure area using informal repeating u	measure area using
	* Number of the day	* Number of the day	* Number of the day	* Measuring area	* Mr K's Tiling Tangle
	Today's number is: 11	Today's number is: 23	Today's number is: 27	(Refer to sheet)	(Refer to sheet)
	(Refer to attached sheet)	(Refer to attached sheet)	(Refer to attached sheet)	Optional: Log onto	* Tessellation Nature
	* Division Train-ing –	* Play a game of Uno or	* Parts left over?	https://www.studyla	Tessellation is when Items repeat in a pattern
	(Refer to attached sheet) Upload/email a photo	snap. Uno rules say to start the game with 7 cards each. How do	1. Collect 10 objects and share them into 4 containers.	r.com.au/	without leaving gaps or overlaps.
	of your work.	you do this? - Upload a photo or video of you dealing 7	2. Collect 15 objects shared into 3 containers.		Go outside or explore your house. Find and photograph 2 items that
	(You will find this at the end of the booklet as it requires cutting)	cards to your family/players. (You can use pieces of	QUESTIONS - Can you share them equally among the		have something tessellating. Upload your photos.
	10401103 001111197	pasta or similar if you	containers? Why?		Tessellation Examples
		don't have cards) * Complete the dinosaur Spikes work sheet.	- How many pencils does each container have?		
		Upload/email a photo of your work.	- Do you have any left over? How many? * Flower Arranging (You		
		(You will find this at the end of the booklet as it requires cutting)	will find this at the end of the booklet as it requires cutting)		
		Optional: Log onto https://www.studyladder.com.au/	Upload/email a photo of your work.		

	Monday	Tuesday	Wednesday	Thursday	Friday
Middle	Some great fitness ideas i These fitness exercises Have a Blast With This Fan Or Koo Koo Kangaroo sing Koo Koo Kanga Roo - All I	nily Fun Cardio Workout! - Y	ouTube 1) - YouTube g) - YouTube	10 lunges with your right with your left foot in from 10 squats 10 side stretches 30 second running on the Or Choose some of you a dance party Or perhaps some Just D	ne spot – Repeat 3 times or r favourite songs and have
BREAK	RECESS	RECESS	RECESS	RECESS	RECESS
Afternoon	Science and Technology Science and Technology WILF - exploring sound, light and heat from various sources, using the senses Heat Hunt: Heat is a source of energy. When something becomes hot, it gives off a lot of heat and heat energy. We can then use our senses to feel if something is hot or cold.	Personal Development WILF - practicing and demonstrating movement skills and sequences using different body parts There are 4 activities to try: Activity 1: If you have a skipping rope or hula hoop, practice some skipping or hula hooping for 5 minutes. Activity 2: Practice throwing and catching a ball or soft toy using one hand. Swap hands to throw	Creative Arts WILF - investigating details of objects, places and spaces and other living things Draw a picture of a sea turtle. Watch the instructions on the following video: https://www.youtube.co m /watch?v=mvdq2ezQTs U OR Follow the instructions on the creative arts page.	Geography WILF – Describe and explore the features of Australia All About Australia: Did you know that Australia is also known as "The Land Down Under?" Follow the Geography sheet and explore some of the things about Australia. Optional: See if you car find Australia using this	

Monday	Tuesday	Wednesday	Thursday	Friday
Look for things in your house and outside that are hot or cold. Record what you have found. Try and make something warmer! Get some chocolate or ice cube and put out it in the sun. Remember to put it on a plate so you don't make a mess! Predict, observe and record down what happens to it.	and then try to catch the ball with both hands. How high can you throw it without dropping the ball? Activity 3: Do some bear crawls or frog jumps. Which one did you pick? Activity 4: Practice kicking with a ball or soft toy. You can use a laundry basket to be the goal and see how many goals you can make. Remember to do this outside or away from breakable objects so you don't break anything!	Once you have drawn your sea turtle, what material can you use to add colour and texture to your drawing? Can you add a background or write a sentence about sea turtles?	globe of the Earth. https://earth.google.com /web/ What other countries can you see on it?	

Monday Spelling

crab	was	crush	watering
crash	wash	crack	warm
creep	want	crunch	washing
tray	new	today	walked
may	Thursday	crayon	who
stay	favourite	player	bought
	second		breakfast

Monday Writing am already good at:				
1 thing I want to get better at is:	The 2 nd thing I want to get better at is:	The 3 rd thing I want to get better at is:		
To get better at this I will:	To get better at this I will:	To get better at this I will:		
When I am better at this I will:	When I am better at this I will:	When I am better at this I will:		

Number of the day

Number of the day is 11

- -How many tens and ones?
- Write the number in words
- is it odd or even?
- What is 10 more?
- What is 10 less?
- Write some addition, subtraction, multiplication, or division questions with the answer of 11.

Number of the day is 23

- How many tens and ones?
- Write the number in words
- is it odd or even?
- What is 10 more?
- What is 10 less?
- Write some addition, subtraction, multiplication, or division questions with the answer of 23.

Number of the day is 27

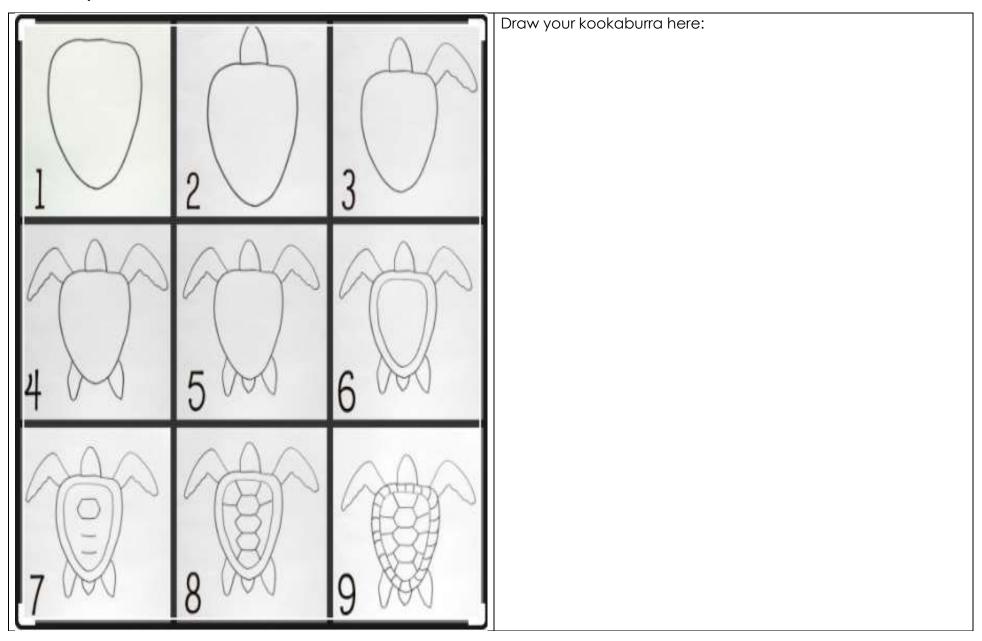
- How many tens and ones?
- Write the number in words
- is it odd or even?
- What is 10 more?
- What is 10 less?
- Write some addition, subtraction, multiplication, or division questions with the answer of 27.

Monday – Science and Technology

Hot	Cold	Prediction:
		What do you think will happen when you put the chocolate/ice cube in the sun?
		Observation: (Write your response) What did it look like before?
		What did it look like after being put in the sun?
		Draw what happened before and after: Before: After:
		Evaluation: Did your prediction come true?

Wednesday Handwriting

Wednesday Creative Arts



Thursday-Retelling the story: "I Spy"-Planning sheet

Beginning		
Middle		
End		
ETIG		

Thursday – Measuring Area (You can use a Google Sheet in Google Classroom if you don't want to print this page)

Choose four surfaces to find the area of, to make it easier make sure they are completely flat. Choose surfaces that are no bigger than a kitchen tray.

- 1. Choose your unit of measurement (e.g., playing cards/post-it notes)
- 2. Put the name of the object under the surface column
- 3. Record your estimate
- 4. Measure and record the actual area

Object with the largest surface area is

Once you have completed measuring the 4 objects, rank them from smallest (1) to largest (4) and answer the questions

The units I will use to measure are:				
Surface	Estimated Area	Actual Area	Size Order (smallest to largest)	
e.g. Glasses case	3 playing cards	2 playing cards		

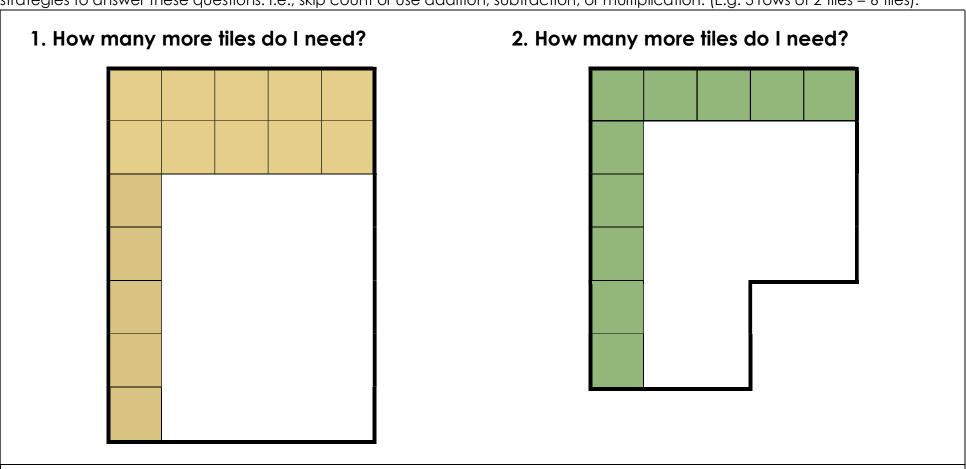
Thursday – Geography

Which country is also called 'The Land Down Under'?	Draw some things that remind you of Australia:
Who were the traditional owners of the land?	
Does Australia belong in the Northern or Southern hemisphere?	
Which continent is south of Australia? (Hint: It has penguins!)	Draw your favourite native Australian animal:
What are the winter months in the Southern hemisphere?	

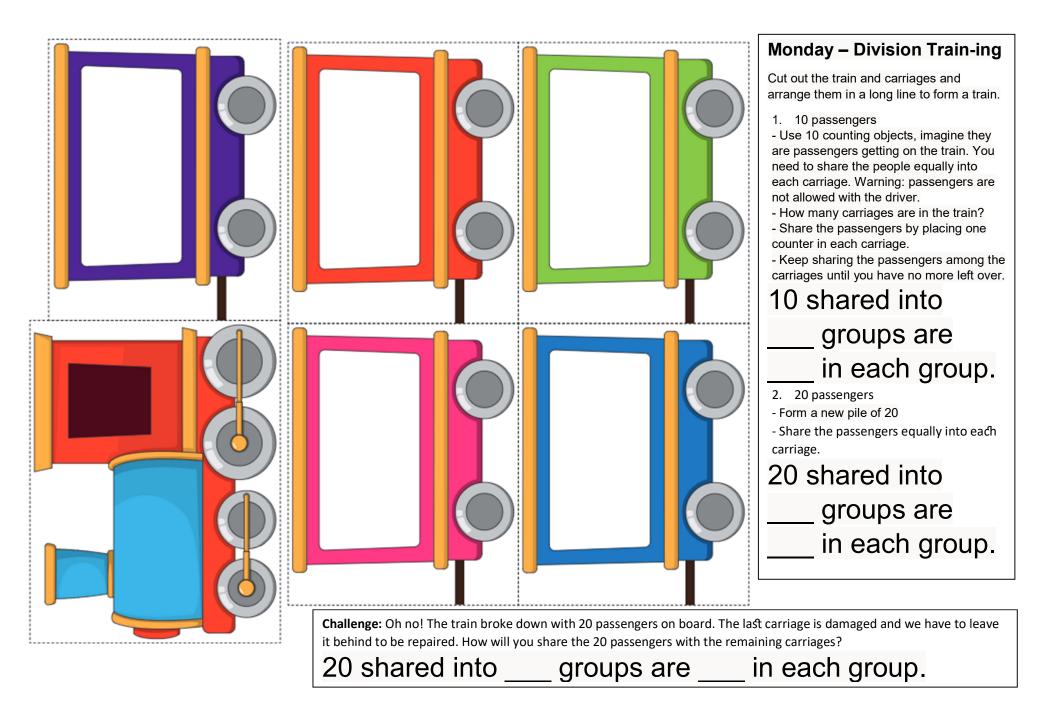
Friday's – Mr K's Tiling Tangle! (Try a Google Sheets or Slide in Google Classroom if you don't want to print this page)

Sometimes we use area for home projects. I have started tiling my bathrooms floors, but I underestimated how many I needed. One is a rectangular shape and the other wraps around a wall. Find a way and <u>explain</u> how many more tiles I need to order. Hurry, I can't use the toilet!

1 square represents 1 tile, and the tiles must not overlap. *Hint You could draw in the extra tiles, or you could use your mathematics strategies to answer these questions. I.e., skip count or use addition, subtraction, or multiplication. (E.g. 3 rows of 2 tiles = 6 tiles).



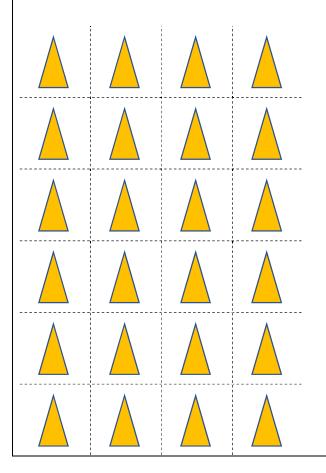
3. How many tiles do I need for both bathrooms?

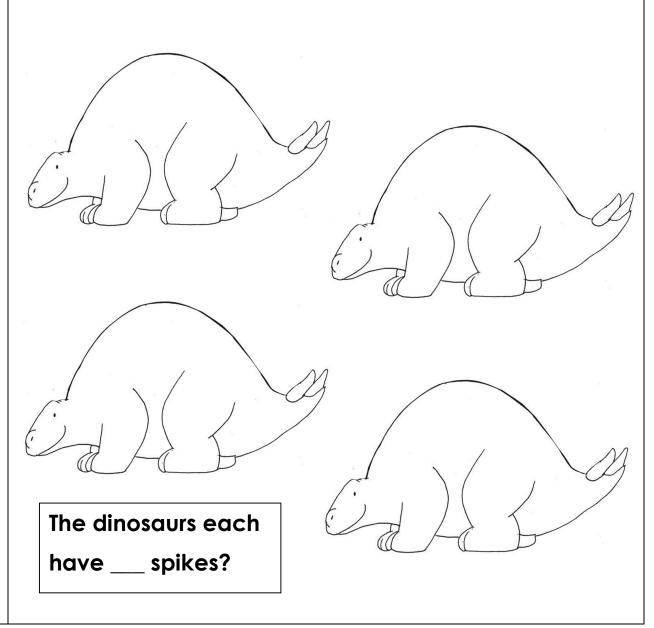


Tuesday – Dinosaur Spikes

Share the spikes equally with the dinosaurs.

- Cut out the spikes and glue them on to each dinosaur. If you like you can draw them on, but make sure you draw/share the same number of spikes.
- Colour in your dinosaurs!
- Share/upload a photo of your completed work.





Wednesday – Flower Arranging

Cut out the flowers and share the flowers equally

How many in each_____

How many left over? _____









