



Below is a sample recommended timetable that adheres to the National Education Standards Authority (NESA) requirements for each key learning area.

We recommend that you follow this routine as much as possible according to what works in your house.

The following equates to one week of work and is applicable to all year groups.


	<div>Lynwood Park Public School</div> <div>Learning from Home Whole School Timetable</div> <div>Kindy Term 3 Week 6</div>					
Time	Monday	Tuesday	Wednesday	Thursday	Friday	
10 mins	Reading	Reading	Reading	Reading	Reading	
15 mins	Comprehension / Word Work	Comprehension / Word Work	Comprehension / Word Work	Comprehension / Word Work	Comprehension / Word Work	
20 mins	Writing	Writing	Writing	Writing	Writing	
BREAK	CRUNCH'N'SIP	CRUNCH'N'SIP	CRUNCH'N'SIP	CRUNCH'N'SIP	CRUNCH'N'SIP	
30 mins	Mathematics	Mathematics	Mathematics	Mathematics	Mathematics	
15 mins	Fitness	Fitness	Fitness	Fitness	Fitness	
BREAK	RECESS	RECESS	RECESS	RECESS	RECESS	
40 mins	Science & Technology	Personal Development	Creative Arts	Geography / History	Catch up	

Note for parents: You will notice a WILF at the top of most activities now. WILF stands for 'What I am Looking For' and is part of our visible learning language, relating to our teaching and learning programs.

Kindy Term 3 Week 6 – Learning From Home

	Monday	Tuesday	Wednesday	Thursday	Friday
Morning Reading	Reading WILF - listening actively to a range of texts read by others. Get someone at home to read you a story OR watch the story on Google Classroom that one of the teachers has read for you.	Reading WILF - listening actively to a range of texts read by others Get someone at home to read you a story OR watch the story on Google Classroom that one of the teachers has read for you.	Reading WILF - listening actively to a range of texts read by others Get someone at home to read you a story OR watch the story on Google Classroom that one of the teachers has read for you.	Reading WILF - listening actively to a range of texts read by others Get someone at home to read you a story OR watch the story on Google Classroom that one of the teachers has read for you.	Reading WILF - listening actively to a range of texts read by others Get someone at home to read you a story OR watch the story on Google Classroom that one of the teachers has read for you.
Morning	Word Work WILF - reads an increasing number of taught high-frequency words *Go on a scavenger hunt and find 5 things in your house that start with the phoneme/ sound H Draw them and write what they are. *Practice reading your Magic 100 words	Word Work WILF - uses some phonic and contextual knowledge to decode simple texts * Look at and talk about the front cover of "Tig Naps a Lot" *Practice the letter sounds and words on the "Practice page." * Write out 5 of your Magic 100 words in rainbow colours.	Word Work WILF - uses some phonic and contextual knowledge to decode simple texts *Read the book "Tig Naps a Lot"	Word Work WILF - uses some phonic and contextual knowledge to decode simple texts *Re-read the book "Tig Naps a Lot" *Read the fluency chart twice. See if you are faster the second time. *Write out 5 of your Magic 100 words. Draw a cloud around each word. Cut out the clouds,	Word Work WILF - reads an increasing number of taught high-frequency words * Write out 8 of your Magic 100 words on a piece of paper. Look at the word, write the word, check that you wrote it correctly.

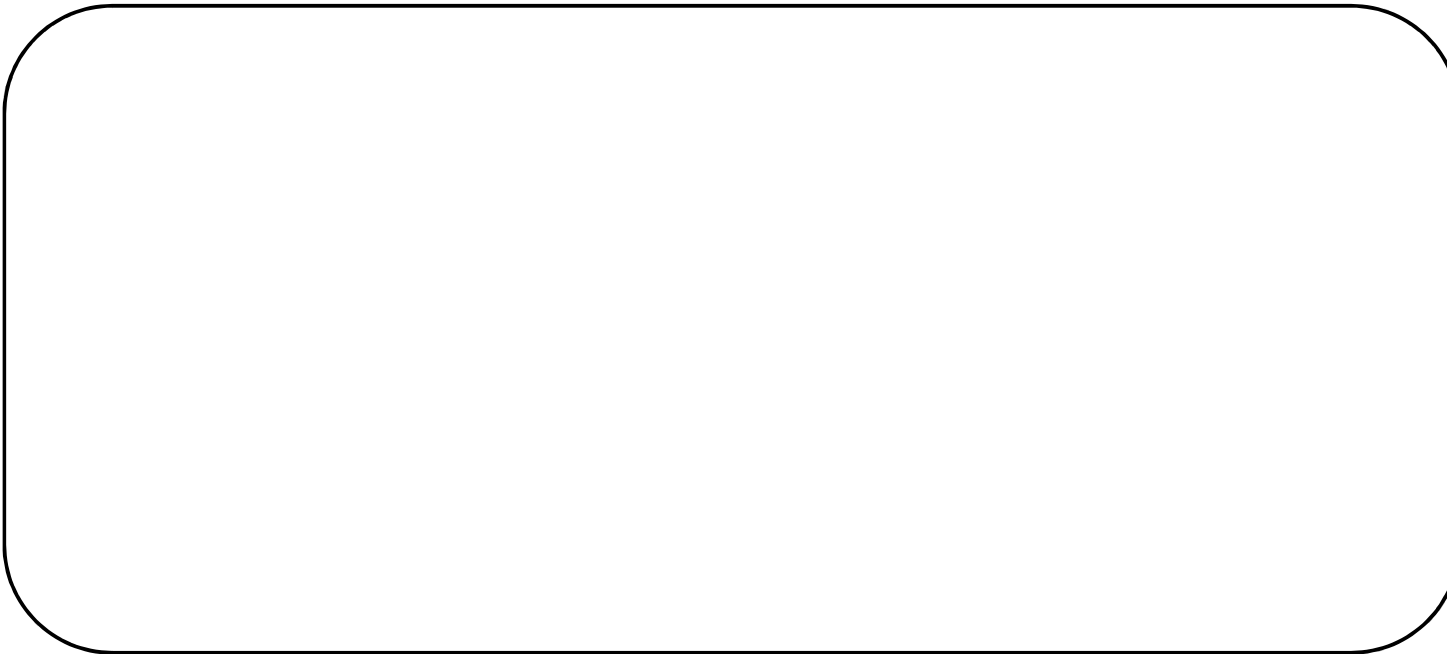
	Monday	Tuesday	Wednesday	Thursday	Friday
English	Writing Refer to "Journal Writing – Monday writing page"	Writing WILF - correctly forming most lower-case letters Handwriting – Complete the handwriting sheet for today practicing the letters z and y.	Writing Refer to "Tig Naps a Lot" writing page	Writing WILF - correctly forming most lower-case letters Handwriting – Complete the handwriting sheet for today practicing the letters ch and sh.	Writing Refer to "Tig Naps a Lot" writing page
Break					
Middle	Mathematics WILF – To record sharing informally using pictures. Ask someone in your household to pick out our counting by 2's numbers (0,2,4,6,8,10 etc.) and hide them around the house. How fast can you find them and lay them in order? Practice counting from zero. What number did you get up to today?	Mathematics WILF – To sort objects into equal groups. Practice writing your numbers 0-30. Use the worksheet if you wish. Choose a toy. Move around your house and try to find items that are the same size as your toy. Ask someone to time you for a minute. What did you find? Get 12 items or toys and 4 pieces of paper (groups). Lay 2 pieces of paper out in front of you. Share your 12 items/toys between the 2 pieces of paper (groups).	Mathematics WILF – Recognise groups that are not equal in size. Practice counting backwards from 20. Now see if you can count backwards from 30. Odd and even numbers: If we can share a number between 2 groups equally, we call it an even number. If we cannot share a number between 2 groups equally, we call it an odd number. Example: I have 4 items and I will be sharing them between 2 groups (paper).	Mathematics WILF – To compare and record lengths using informal objects. How many numbers can you write in 1 minute? Ask someone to time you. Can you remember our months of the year? Here is our singing walrus video to help you. https://www.youtube.com/watch?v=Fe9bnYRzFvK	Mathematics WILF – To describe and compare length using everyday language. Go outside. Bounce or throw and catch a ball. Count how many times you can do it before the ball rolls away or you drop the ball. Walk around your house and see if you can find 5 things that are taller than you and 5 things that are shorter than you. What did you find?

	Monday	Tuesday	Wednesday	Thursday	Friday
	<p>Division (sharing)</p> <p>Decorate and cut out the flowers and petals. Share 18 petals between the three flowers. Remember, each flower needs to have the same number of petals.</p> <p>How many petals did each flower get?</p>	<p>How many items/toys were in each group.</p> <p>Lay 3 pieces of paper down and share the 12 items equally between each group. How many did each group get?</p> <p>Share 12 items between 4 groups.</p> <p>Share 10 items between 2 groups.</p> <p>Share 8 items between 2 groups.</p> <p>Optional: Log onto https://www.studyladder.com.au/ and complete activities set by your teacher.</p>	 <p>Each group has the same number of items so we can say that 4 is an even number.</p> <p>Share these number between 2 groups and write down if they are odd or even numbers.</p> <p>2, 3, 5, 6, 9, 10, 11.</p>	<p>Length: Near and far.</p> <p>Find a nice spot outside and sit down. Have a look around you. What can you see that is near (close) to you? What can you see that is far away from you?</p> <p>On a piece of paper, draw what you can see. Label what is near to you and label what is far away from you.</p> <p>Optional: Log onto https://www.studyladder.com.au/ and complete some activities set by your teacher.</p>	<p>Tall and Short:</p> <p>Draw a picture of everyone in your family but put them in order of tallest to shortest.</p> <p>Lachie Long and Shelley Short.</p> <p>Choose either person. Colour and cut out.</p> <p>You will need some strips of paper. Lachie needs long arms and legs but Shelley needs short arms and legs.</p> <p>Accordion fold each strip of paper and glue it on each person to make arms and legs.</p>
Middle	<p>Fitness Options</p> <p>WILF - exploring how regular physical activity keeps individuals healthy</p> <p>Some great fitness ideas include.</p> <p>These fitness exercises</p> <p>Have a Blast With This Family Fun Cardio Workout! - YouTube</p> <p>Or Koo Koo Kangaroo singing and dancing</p> <p>Koo Koo Kanga Roo - All I Eat Is Pizza (Dance-A-Long) - YouTube</p> <p>Koo Koo Kanga Roo - Monster Moves (Dance-A-Long) - YouTube</p> <p>Koo Koo Kanga Roo - Superheroes Unite (Dance-A-Long) - YouTube</p>			<p>Fitness Options</p> <p>10 lunges with your right foot in front then repeat with your left foot in front.</p> <p>10 squats</p> <p>10 side stretches</p> <p>30 second running on the spot – Repeat 3 times or</p> <p>Or Choose some of your favourite songs and have a dance party</p> <p>Or perhaps some Just Dance Kids on YouTube. Type Just Dance Kids Videos in your internet search browser.</p>	

	Monday	Tuesday	Wednesday	Thursday	Friday
BREAK	LUNCH	LUNCH	LUNCH	LUNCH	LUNCH
Afternoon	<p>Science</p> <p>WILF - recording observations using drawings</p> <p>Let's Make It!</p> <p>Shake, Rattle and Roll</p> <p>Using some recyclable items (small cardboard boxes, Hand paper towel rolls etc.)</p> <p>Make your own object that you can shake, rattle and roll.</p> <p>Take a photo of you and your creation and upload it.</p>	<p>Personal Development</p> <p>WILF - practicing and demonstrating movement skills and sequences using different body parts</p> <p>Activity 1: 5 mins of skipping with a rope or around your backyard.</p> <p>Activity 2: Practice throwing and catching a ball or soft toy. Try throwing and catching with a family member</p> <p>Activity 3: Find a safe space to practice balancing. Balance by walking heel-toe-heel-toe in a straight line, using your arms to help you balance.</p> <p>Activity 4: Create a small track in a safe space in your yard or home by placing 4 or 5 small soft toys or cushions for you to hurtle over. Make a track spacing your objects out and practice running and leaping/ hurtling over the objects.</p>	<p>Creative Arts</p> <p>WILF – Making of simple pictures and other kinds of artworks about things and experiences</p> <p>Draw a picture of a sea turtle. Watch the instructions on the following video</p> <p>https://www.youtube.com/watch?v=6DXTWTbd8G4</p> <p>or follow the instructions on the creative arts page</p> <p>Once you have drawn the sea turtle, what materials can you use to add colour and texture to your drawing?</p>	<p>Geography</p> <p>Draw a map of your bedroom or classroom.</p> <p>Draw all of the objects that are in your room and label them.</p> <p>Mark the place on the map that is your favourite space or thing in your room and write a sentence about why it is your favourite?</p>	<p>Catch Up</p> <p>Have you finished all the activities for this week?</p> <p>If you are able to you can play a game from ABC Kids</p> <p>https://www.abc.net.au/abckids/games/</p>

Journal Writing – Monday

Write a sentence about your favourite outdoor activity? Draw a picture of you doing that activity outside.



WILF (What am I
Looking For) -

Think of a sentence

Use a capital letter

Use full stops

Write the first sound

Stretch the words

Read your sentence

Illustrate your writing

Handwriting – Tuesday (lower case letters z, y, zz)

z z z y y y z z y y y

zz zz zz zz zz zz zz zz

zoo yes zoo yes zoo yes

buzz fuzz jazz razzle

Tuesday Mathematics.

1 2 3 4 5 6 7 8 9 10

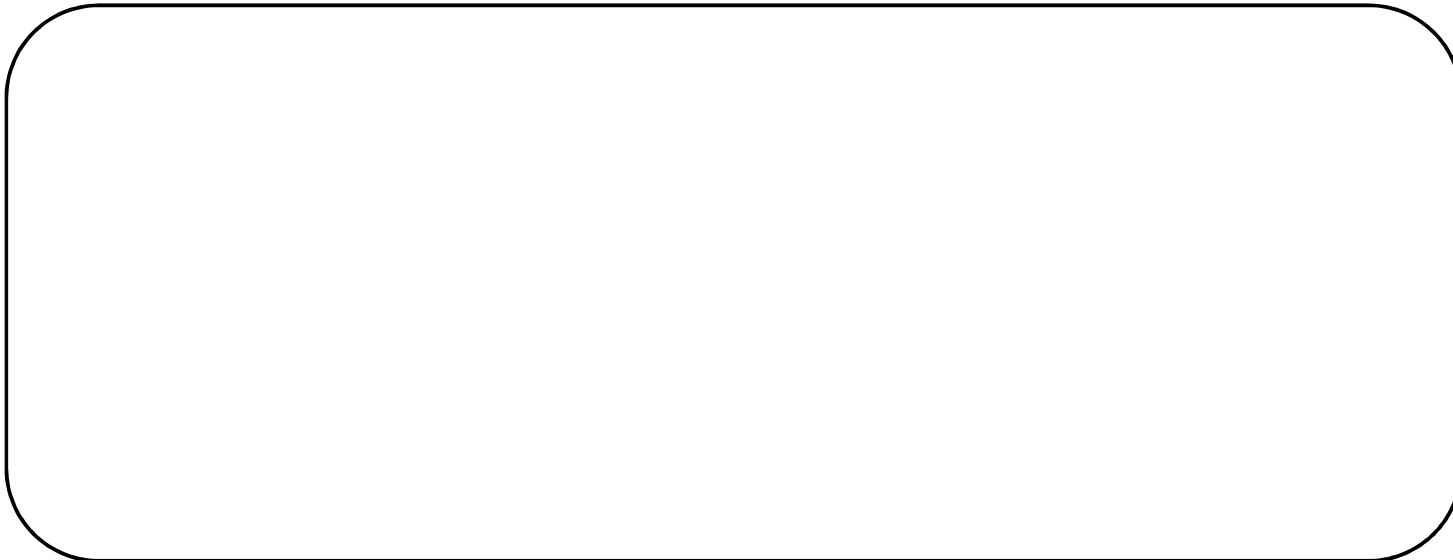
11 12 13 14 15 16 17 18

19 20 21 22 23 24

25 26 27 28 29 30

Wednesday Writing - Tig Naps a Lot

Write a sentence about one of the places Tig had a nap? Draw a picture of Tig having a nap.



WILF (What am I
Looking For) -

Think of a sentence

Use a capital letter

Use full stops

Write the first sound

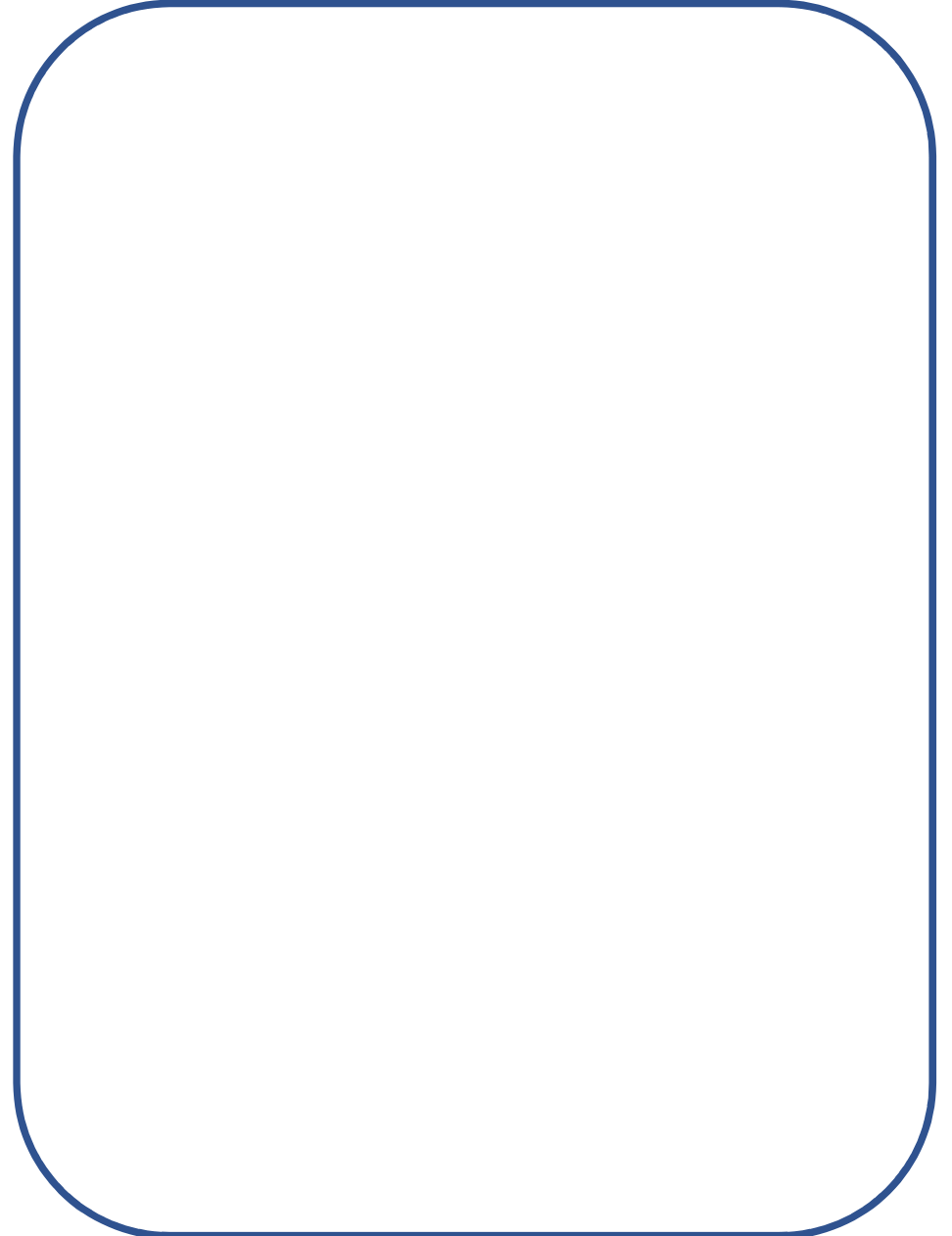
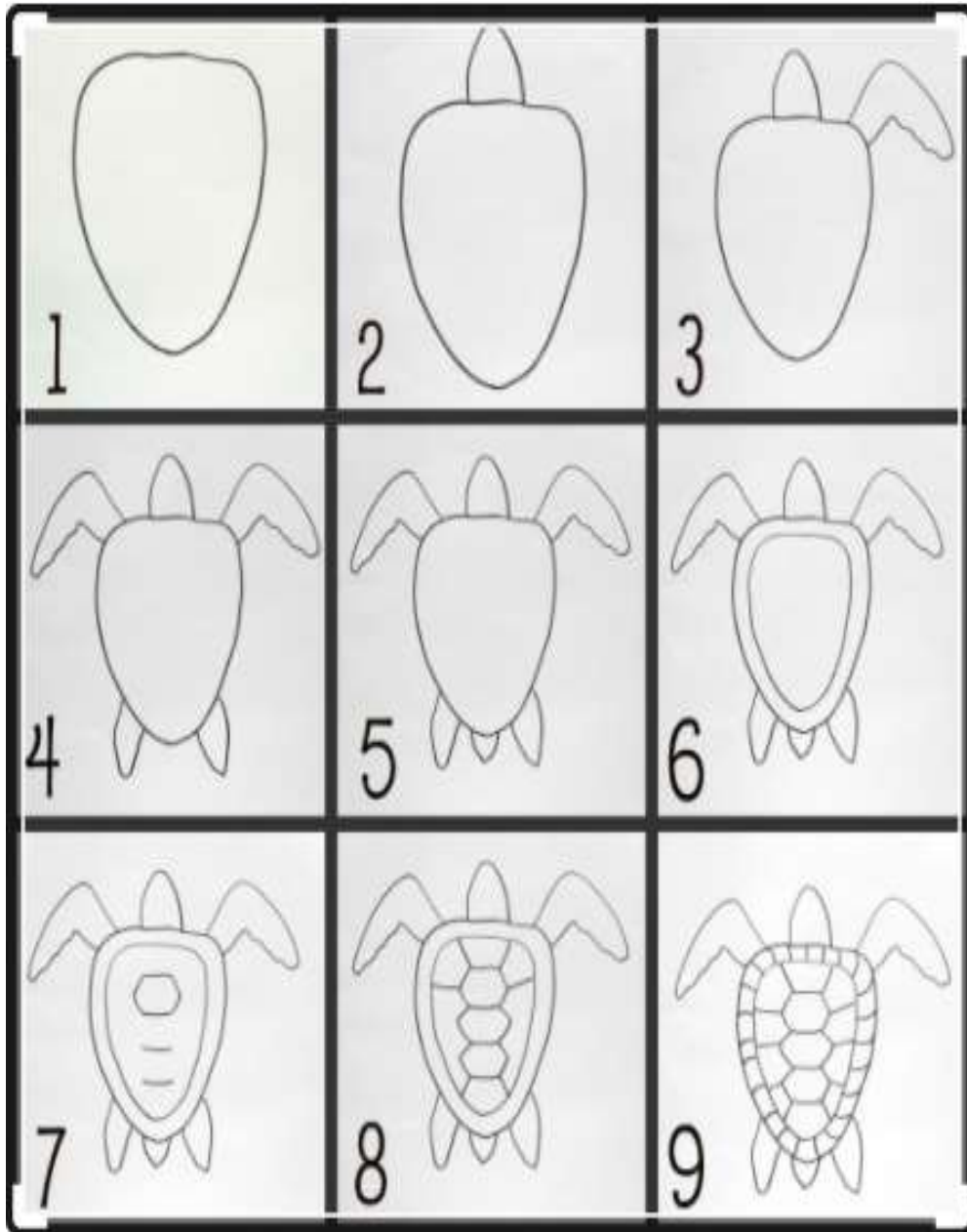
Stretch the words

Read your sentence

Illustrate your writing

Creative Arts – Wednesday

Draw your picture here or on a new page



Handwriting - Thursday (lower case letters g, o, c, k)

ch ch ch ch ch ch ch ch

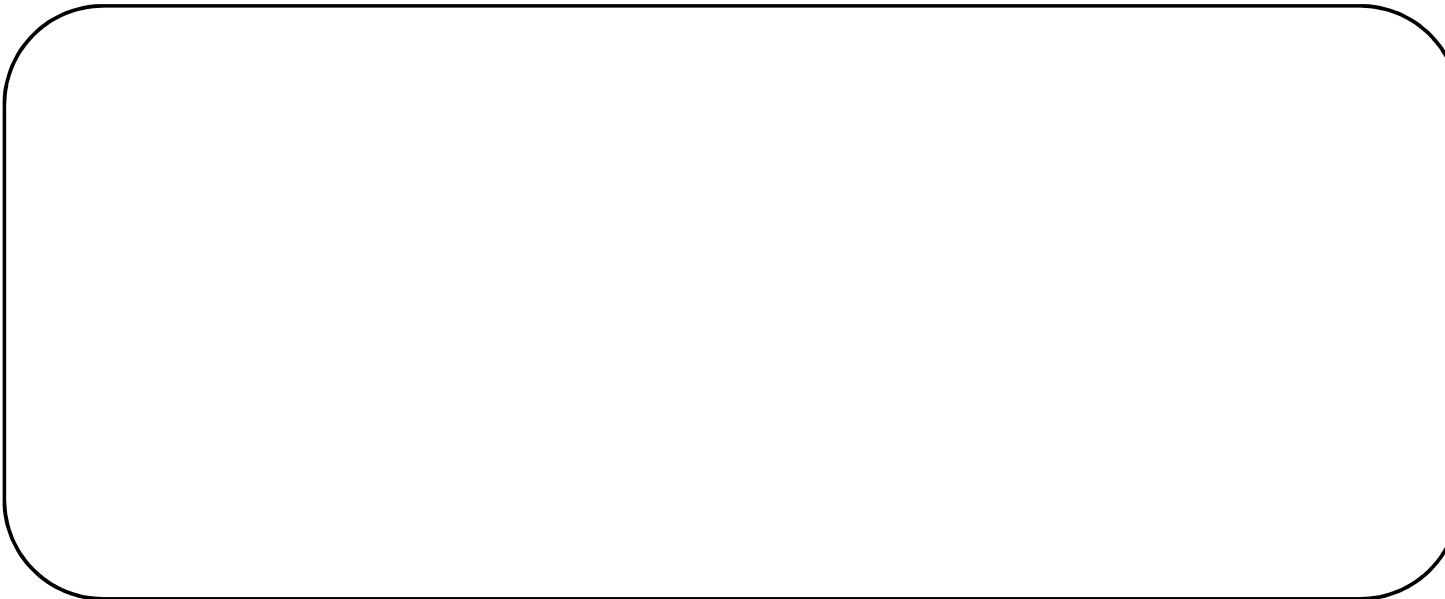
sh sh sh sh sh sh sh sh

chin chop chug much rich

ship shop cash fish wish

Friday Writing - Tig Naps a Lot

Where is your favourite place to have a nap? Write a sentence about your favourite place to have a nap. Draw a picture of you having a nap.



WILF (What am I
Looking For) -

Think of a sentence

Use a capital letter

Use full stops

Write the first sound

Stretch the words

Read your sentence

Illustrate your writing

Monday Mathematics.

