



Below is a sample recommended timetable that adheres to the National Education Standards Authority (NESA) requirements for each key learning area.

We recommend that you follow this routine as much as possible according to what works in your house.

The following equates to one week of work and is applicable to all year groups.

	<div>Lynwood Park Public School</div> <div>Learning From Home Whole School Timetable</div> <div>Stage 1 Term 3 Week 10</div>					
Time	Monday	Tuesday	Wednesday	Thursday	Friday	
10 mins	Reading	Reading	Reading	Reading	Reading	
15 mins	Comprehension / Word Work	Comprehension / Word Work	Comprehension / Word Work	Comprehension / Word Work	Comprehension / Word Work	
20 mins	Writing	Writing	Writing	Writing	Writing	
BREAK	CRUNCH'N'SIP	CRUNCH'N'SIP	CRUNCH'N'SIP	CRUNCH'N'SIP	CRUNCH'N'SIP	
40 mins	Mathematics	Mathematics	Mathematics	Mathematics	Mathematics	
15 mins	Fitness	Fitness	Fitness	Fitness	Fitness	
BREAK	RECESS	RECESS	RECESS	RECESS	RECESS	
45 mins	Science & Technology	Creative Arts	Wellbeing Wednesday Personal Development	Geography / History	Catch up	

Note for parents: You will notice a WILF at the top of most activities now. WILF stands for 'What I am Looking For' and is part of our visible learning language, relating to our teaching and learning programs.

Stage 1 Term 3 Week 10 – Learning From Home

	Monday	Tuesday	Wednesday	Thursday	Friday
Morning Reading	Reading WILF - listening actively to a range of texts read by others Get someone at home to read you a story OR watch the story on Google Classroom that one of the teachers has read for you.	Reading WILF - listening actively to a range of texts read by others Get someone at home to read you a story OR watch the story on Google Classroom that one of the teachers has read for you.	Reading WILF - listening actively to a range of texts read by others Get someone at home to read you a story OR watch the story on Google Classroom that one of the teachers has read for you.	Reading WILF - listening actively to a range of texts read by others Get someone at home to read you a story OR watch the story on Google Classroom that one of the teachers has read for you.	Reading WILF - listening actively to a range of texts read by others Get someone at home to read you a story OR watch the story on Google Classroom that one of the teachers has read for you.
Morning	Word Work WILF - using learnt spelling rules and knowledge, word origins and generalisations to spell *Copy 10 spelling words from the list that you need to practice. Use your spelling words to play "Scrabble Time" – refer to the attached sheet.	Word Work WILF - reading words with taught vowel digraphs and applies when reading decodable texts * Look at and talk about the front cover of "A trip to the Top End" *Read the blending sounds and high frequency words on the "Practice page." *Read the vocabulary section of the 1 st page of "A trip to the Top End"	Word Work WILF - reading words with taught vowel digraphs and applies when reading decodable texts *Read "A trip to the Top End" aloud to someone. Remember to point to each word as you read it. If you make a mistake read the sentence again.	Word Work WILF - reading words with taught vowel digraphs and applies when reading decodable texts *Re-read the book "A trip to the Top End" *Read the fluency chart twice. See if you are faster the second time.	Word Work WILF - using learnt spelling rules and knowledge, word origins and generalisations to spell *Time for spelling test! Ask someone to test you on your words from Monday. Use your spelling words to make your own find a word online with the below link or using the attached worksheet or in your workbook.

	Monday	Tuesday	Wednesday	Thursday	Friday
					https://www.education.com/worksheet-generator/reading/word-search/?gclid=EAlaIqobChMluu_ggLvY8glVDCUrCh2KpQVpEAAYASAAEgJ4SvD_BwE
English	<p>Writing</p> <p>WILF - writes for a range of purposes</p> <p>Read the attached information about Crocodiles and complete the attached planning sheet. Use the sheet to write an information report in your workbook. Remember to use all the subheadings. Part 1</p> <p>Title: Crocodiles</p> <p>Introduction: (General information)</p> <p>Appearance: (What does it look like?)</p> <p>Diet: (What does it eat?)</p>	<p>Writing</p> <p>WILF - writes for a range of purposes</p> <p>Read the information that you wrote about the Crocodile yesterday.</p> <p>Remember to use all the subheadings. Part 2</p> <p>Habitat: (Where does it live?)</p> <p>Movement: (How do they move?)</p> <p>Interesting facts: (What else do you know?)</p> <p>Make sure you have capital letters, finger spaces, full stops and descriptive language. Draw a picture of the crocodile and colour it in.</p>	<p>Writing</p> <p>WILF - correctly forms all letters</p> <p>Complete the handwriting worksheet OR practice all the capital letters of the alphabet as well as your 10 chosen spelling words in your neatest writing in your workbook.</p>	<p>Writing</p> <p>WILF - writes for a range of purposes</p> <p>Write a retelling of "A Trip to the Top End." In your writing include:</p> <p>What happened at the beginning?</p> <p>What happened in the middle?</p> <p>What happened in the end?</p> <p>You may wish to use the planning sheet to plan your story and then write the full story in your workbook.</p> <p>Make sure you have capital letters, finger spaces and full stops.</p>	<p>Writing</p> <p>WILF - writes for a range of purposes</p> <p>In the text 'A Trip to the Top End', the author watches the crocodile from a boat. He describes the actions of the crocodile in three words (verbs). What are they? Write them down in your workbook.</p> <p>Why is it risky to see a crocodile from the riverbank?</p> <p>Write your reasons in your workbook.</p>

	Monday	Tuesday	Wednesday	Thursday	Friday
	Make sure you have capital letters, finger spaces, full stops and descriptive language. You may wish to use the adjective chart for this.				
Break					
Middle	Mathematics * Number of the day Today's number is: 37 (Refer to attached sheet) WILF – Recognise, copy and continue number patterns. Complete the Number Ladders Worksheet (Refer to attached sheet)	Mathematics * Number of the day Today's number is: 40 (Refer to attached sheet) WILF – model and describe 'odd' and 'even' number patterns. Complete the Odd or Even worksheet (Refer to attached sheet) Optional: Studyladder.	Mathematics * Number of the day Today's number is your choice! (Refer to attached sheet) WILF – Recognise, copy and continue number patterns Complete the Making Patterns worksheet (Refer to attached sheet)	Mathematics * Choose an activity from the previous weeks to practice (addition, subtraction, circles and stars, dice games etc). WILF – investigating the effect of slides, flips, and turns to create geometric animals. Have some Tangram Fun (Refer to attached sheet) Optional: Studyladder.	Mathematics WILF – investigating the effect of slides, flips and turns. Complete the slide, flip and rotate worksheet. Optional Have more Tangram Fun. (Refer to attached sheets)
Middle	Fitness Options WILF - exploring how regular physical activity keeps individuals healthy SISA Fundamental Movement Skills Lessons: https://www.youtube.com/watch?v=j0OYAvxJCxg https://www.youtube.com/watch?v=IYby9w-3vpY https://www.youtube.com/watch?v=7nNFyEKrEFg			Fitness Options Do each activity 10 times or for 20 seconds Arm Circles or Swings: Hold arms outstretched from shoulders and turn in small circles, then increase the size of the circles. Rotate them forwards, then switch to backward circles. Or swing arms forward and back from the shoulder. Walking Lunges: Step forward with one leg and lower yourself so that your front knee is at a 90-degree angle. Make sure your back leg is stretched out long. Then, stand up straight and switch to the other leg.	

	Monday	Tuesday	Wednesday	Thursday	Friday
	SISA Fitness Lesson: https://www.youtube.com/watch?v=364hLkdOXXc SISA Yoga Lesson 3 and 4: https://www.youtube.com/watch?v=KRpUfHBREis https://www.youtube.com/watch?v=dZH68GnmjNo			Side Hops: Place two stuffed toys or some sort of marker parallel to each other. Place your feet together and jump from one toy to the other OR hop on one foot and switch back and forth. Hurdle Hops: Using your stuffed toy/marker, pretend it is a hurdle. Jump side-to-side or front-to-back over your hurdle. Criss-cross Feet: Jump straight up and cross one foot in front of the other while in the air. Land with your legs crossed. On the next jump, switch feet and continue.	
BREAK	RECESS	RECESS	RECESS	RECESS	RECESS
Afternoon	Science and Technology WILF - exploring how forces and energy are used in everyday life Forces on Water: We use push and pull forces to make things move in the world – this includes things in the water. Gravity helps by affecting the tides in our oceans BUT it also pulls things down towards the centre of the planet. That means things in water will sink unless we can make them float! Today we are exploring how we can make things float and what forces we can use to	Creative Arts WILF - Making of simple pictures and other kinds of artworks about things and experiences This week you will be making a sculpture of your favourite Australian Animal using: Recyclable items from around your home OR Playdough OR Lego or other types of building blocks OR All of them together	Wellness Wednesday Personal Development Today there are 2 different things to do. 1. There is a non-screen activities grid attached. Choose some of the activities to complete – it can be any of them! 2. There is a mind mat sheet and a colouring sheet for you to choose from. You can choose 1 to do or you can complete both!	Geography WILF – Exploring the connections we have with places Last week we explored local places that we have a connection to but what about the connections we have with the rest of the world? Many people have relatives who live overseas or eat food that originate from other countries. Our clothes might be made in another country and some people even go overseas for a holiday!	Catch Up Have you finished all the activities for this week? If you are able to you can play a game from ABC Kids https://www.abc.net.au/abckids/games/

	Monday	Tuesday	Wednesday	Thursday	Friday
	<p>move things in the water. So...we are making a boat!</p> <p>For this experiment, you will need a tub/ container filled with water. You will also need items to make a boat with. These may include foil, straws, paper, paper plates, things from your recycling, blu tack, sticky tape, scissors).</p> <p>Follow the attachment and record your results.</p>	<p>You can combine and create! Use whatever you can find in your house...as long as your parents say you can use it. Make sure to ask!</p> <p>Take a photo of you and your creation and upload to your Google Classroom.</p>		<p>Refer to the attachment to explore the worldwide connections you have in your house!</p>	

Spelling word list

brush broom bring	wrist write wrote	branch breeze brown	gnaw gnat gnash
buzz fizz dazzle	wonder thought place people	sound found around	police arrived different clothes

SCRABBLE TIME

Add up your words using the scrabble tiles and write the total.



Word	Total	Word	Total

Crocodiles



Crocodiles are large reptiles. They are sometimes known as 'living fossils' because of how long they have been around on Earth. There are lots of different types of crocodiles, including the American crocodile and the Philippine crocodile.

Crocodiles have long, pointed snouts. Their strong jaws are filled with very sharp teeth to help them to catch their prey. They have long, narrow bodies and webbed feet so they can move smoothly through water. Crocodiles are covered in brown, green and grey scales, which keep them camouflaged.



Dwarf crocodiles are the smallest species at an average of 1.5 metres long, but saltwater crocodiles can grow up to 6 metres.

Crocodiles are carnivores. They eat fish, frogs, birds and reptiles. Some crocodiles hunt larger animals like deer, buffalo and wild boar.

Crocodiles can be found in rivers and lakes in America, Asia, [Africa](#) and [Australia](#). Some types of crocodiles can live in saltwater. They spend most of their time in the water. They breathe air, just like we do, and can hold their breath underwater for between 15 minutes to 2 hours.



Baby Crocodiles lay between 10 and 100 eggs and bury them in riverside nests. Once hatched, their mother carries them to the water in her mouth. A mother crocodile can carry up to 15 babies in her mouth at the same time!

Did you know...?

Crocodiles can't stick out their tongues!

Monday – Writing

<u>Monday</u> Introduction	<u>Tuesday</u> Habitat (Where does it live?)
Appearance (What does it look like?)	Movement (How do they move?)
Diet (What does it eat?)	Interesting Facts

Number of the Day

Monday

Number of the day is... 37

- How many tens and ones?
_____ tens and _____ ones.
- Write the number in words

- Is it odd or even? _____
- What is 10 more? _____
- What is 10 less? _____

Write some addition, subtraction, multiplication, or division questions with the answer of 37.

Tuesday

Number of the day is... 100

- How many tens and ones?
_____ tens and _____ ones.
- Write the number in words

- Is it odd or even? _____
- What is 10 more? _____
- What is 10 less? _____

Write some addition, subtraction, multiplication, or division questions with the answer of 100.

Wednesday

Choose your own number of the day.

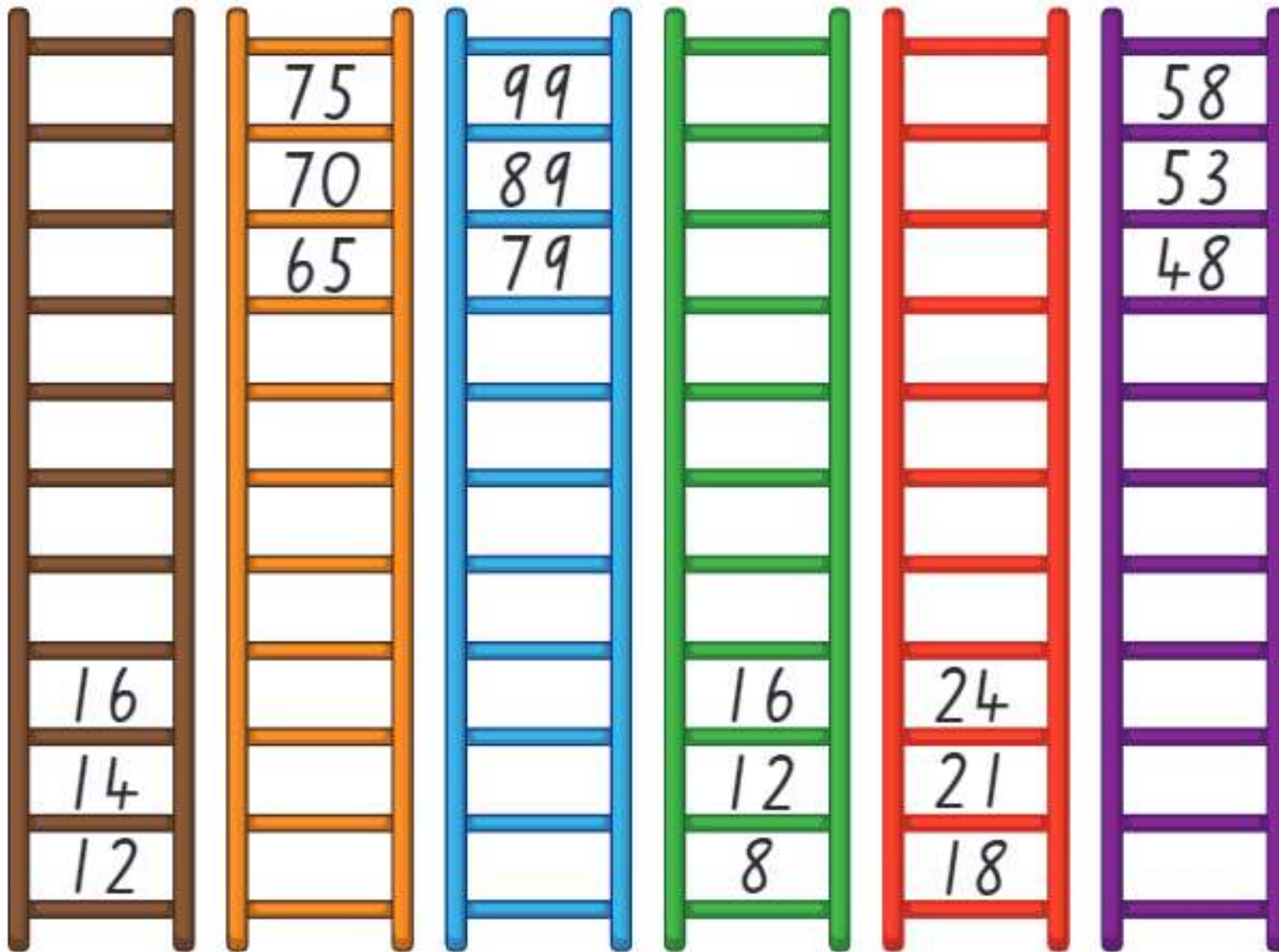
– maybe you could roll a dice to make a two-digit number

- How many tens and ones?
_____ tens and _____ ones.
- Write the number in words

- Is it odd or even? _____
- What is 10 more? _____
- What is 10 less? _____

Write some addition, subtraction, multiplication, or division questions with the answer of _____.

Monday - Number Ladders - Complete the patterns by continuing the patterns up or down. If you need some assistance, use a hundreds chart to help you - they are included with some of the next activities or use https://www.abcya.com/games/interactive_100_number_chart.



Monday – Science and Technology

List the items you are going to use:

Method:

1. Design and make your boat using the materials you have collected
2. Test your boat out and see if it floats. If it doesn't, that's okay. Take it out, modify it and try again.
3. Try and get your boat to move on the water without touching it (Hint: You might need to modify your boat again. Think about the boats you see at the beach and how they move)

Draw your boat design here. Remember to label the materials you have used!

Observation:

What do you see?

How did you make your boat move?

What do you think is helping your boat float?

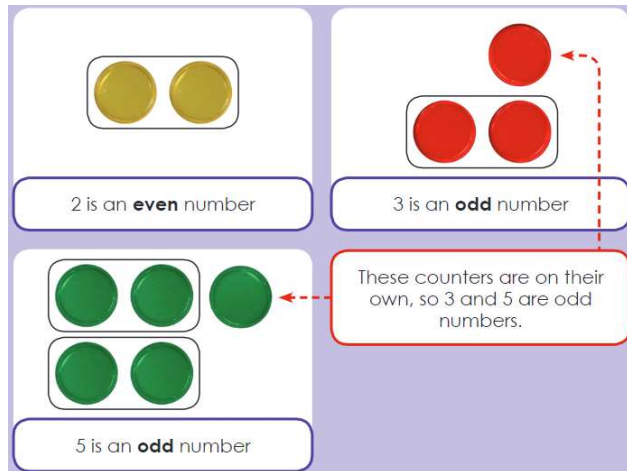
What do you think is helping your boat move?

Evaluation: If you are doing this again, what would you change to make your boat better?

Tuesday – Odd or even

Tuesday – Odd or even

Using counting objects we can see that we can make groups of two (pairs) with no counters left over.
When it is odd we always have one left over.



6 is an ____ number

7 is an ____ number

8 is an ____ number

9 is an ____ number

10 is an ____ number

Challenge: Roll your dice and create a double digit or pick a number over 10 and prove if it is odd or even.

Tuesday – Odd or Even – Colour all the odd numbers blue and the even numbers red.

1	2	3	4	5	6	7	8	9	10
11	12	13	14	15	16	17	18	19	20
21	22	23	24	25	26	27	28	29	30
31	32	33	34	35	36	37	38	39	40
41	42	43	44	45	46	47	48	49	50
51	52	53	54	55	56	57	58	59	60
61	62	63	64	65	66	67	68	69	70
71	72	73	74	75	76	77	78	79	80
81	82	83	84	85	86	87	88	89	90
91	92	93	94	95	96	97	98	99	100
101	102	103	104	105	106	107	108	109	110

Wednesday – Handwriting

back been came down

from into just like

look made much over

Try some words on your own

them well went when

with call come here

make must only some

Try some words on your own

Wednesday – Making patterns with numbers (You can also use it electronically at https://www.abcya.com/games/interactive_100_number_chart

You will need:

- The hundred chart
- Counting objects (pasta or rice etc)
- Number cards (2-9) or Dice (from previous weeks)

You will use the number chart to plot patterns with numbers. If you don't have any counting objects, you can use some coloured pencils. Just put a small dot on one of the corners of the number chart so you can repeat the activity (avoid colouring in the whole square).

1. Choose a number card or roll your dice to determine the number you will skip count with.
2. Place your counting object on the number you have selected – e.g. 6, place a counter on the number 6.
3. Keep adding the number until you run out of numbers. E.g. $6 + 6 = 12$. Place a counter on the number 12.
4. List the number pattern you have created.
e.g. 6, 12, 18

____/____/____/____/____/____/____

5. Repeat the activity at least 3-5 times.

____/____/____/____/____/____/____

____/____/____/____/____/____/____

____/____/____/____/____/____/____

Upload a photo of your favourite pattern that you created

Challenge:

- Try using a two-digit number
- Start from a random number. e.g. 35
- Work backwards/down in the numbers

1	2	3	4	5	6	7	8	9	10
11	12	13	14	15	16	17	18	19	20
21	22	23	24	25	26	27	28	29	30
31	32	33	34	35	36	37	38	39	40
41	42	43	44	45	46	47	48	49	50
51	52	53	54	55	56	57	58	59	60
61	62	63	64	65	66	67	68	69	70
71	72	73	74	75	76	77	78	79	80
81	82	83	84	85	86	87	88	89	90
91	92	93	94	95	96	97	98	99	100
101	102	103	104	105	106	107	108	109	110

Non-screen activities to support writing

These 25 fun reading and writing ideas will help you with your literacy wherever you are learning!

25
ideas!

- 1** How many words can you write down that start with the same letter as your name?
Make a list of as many as you can.

- 2** Alphabet bodles! Stretch your body into different letters of the alphabet.
Can you work with members of your family or even some of your toys to make a word?
- 3** Use this sentence opener to start writing a short story:
"I'd waited such a long time for this moment..."
- 4** Write a letter to your teacher or somebody who helps you at school. How can you make them smile?

- 5** Letter hunt. Ask a family member to shout out a letter then run and find something beginning with that letter as quick as you can!

- 6** Alternative ending. Choose your favourite book. Can you rewrite the ending so that something different happens?

- 7** If you found a magic door, where would it take you? Write down where you are and what you see when you go through the door.

- 8** How many words can you think of that have only three letters? Write a list of as many as you can.

- 9** Think about a current story in the news and become a reporter. Can you write a newspaper article explaining what happened, when, where and how?
- 10** Synonym search! How many words can you write down that have a similar meaning to the word 'said'?
- 11** Use your senses to write about your favourite place. What can you see, hear, smell, taste and feel?

- 12** Think of a fun word. Can you find other words that rhyme with it? Make up a short poem using those words.

- 13** What is the longest word you can think of? Write it down. How many smaller words can you make from your long word?

- 14** What's your favourite colour? Think of ten words that spring to mind when you think of it. Can you turn them into a colour poem?
- 15** Think of a well known story and act it out. Can others guess which book it is?

- 16** Redesign and draw the front cover of your favourite book.

- 17** Write a speech about why people should read more often. You could begin with:
It's my story to tell...

- 18** Make a fact file about your favourite sports, music or tv star.

- 19** Retell your favourite story in comic book style.

- 20** What do you love about your school? Design a poster to show everyone how good it is!

- 21** Who am I? Think of your favourite book character and write a short description of them. Read it out to someone to see if they can guess who it is.
- 22** Write a review about your favourite book. Encourage as many people as possible to read it.

- 23** Make a model of your favourite book character. Use anything you can find around the house.

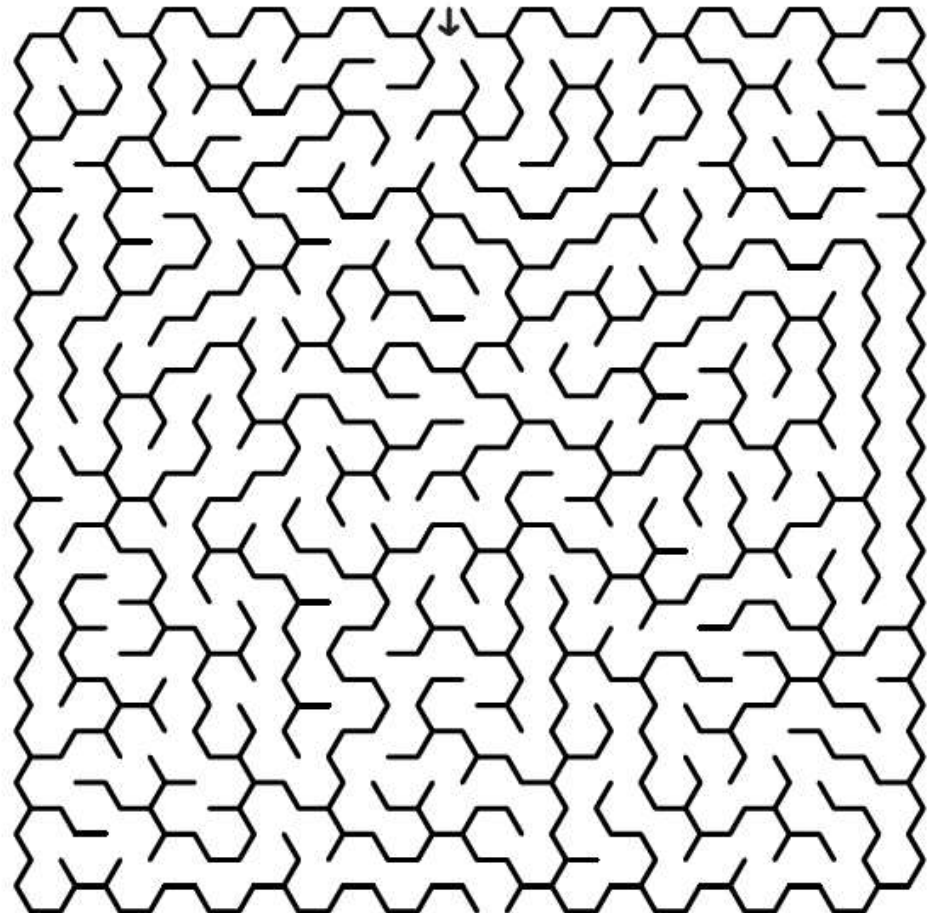
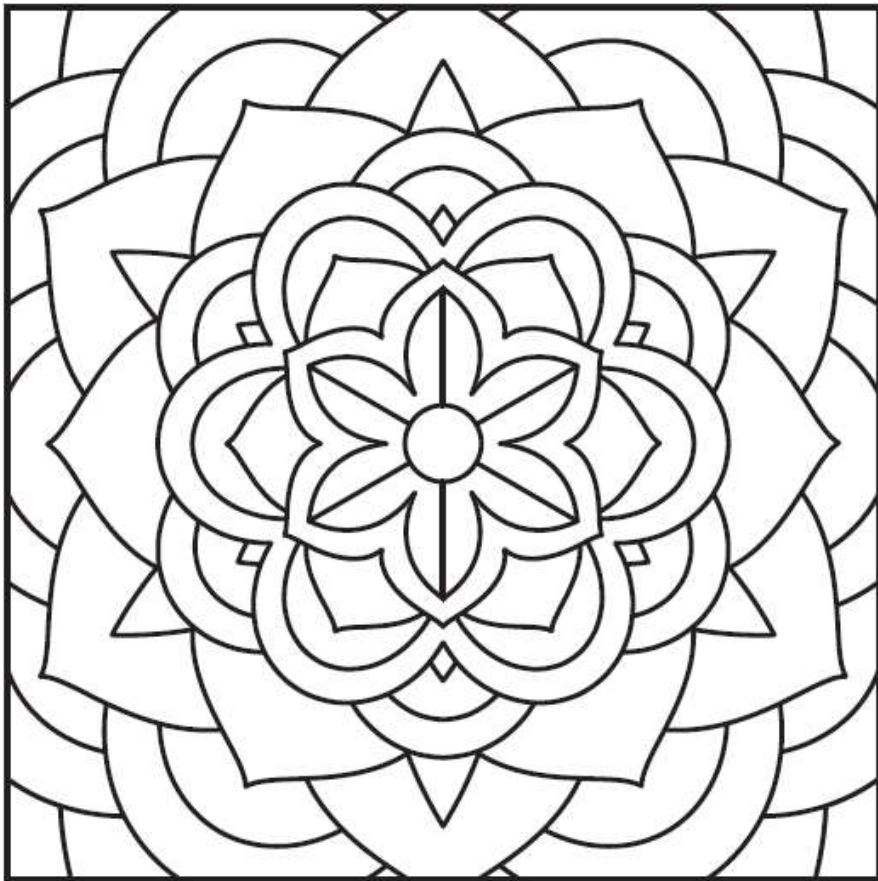
- 24** Interview someone about their favourite book. What questions will you ask them?

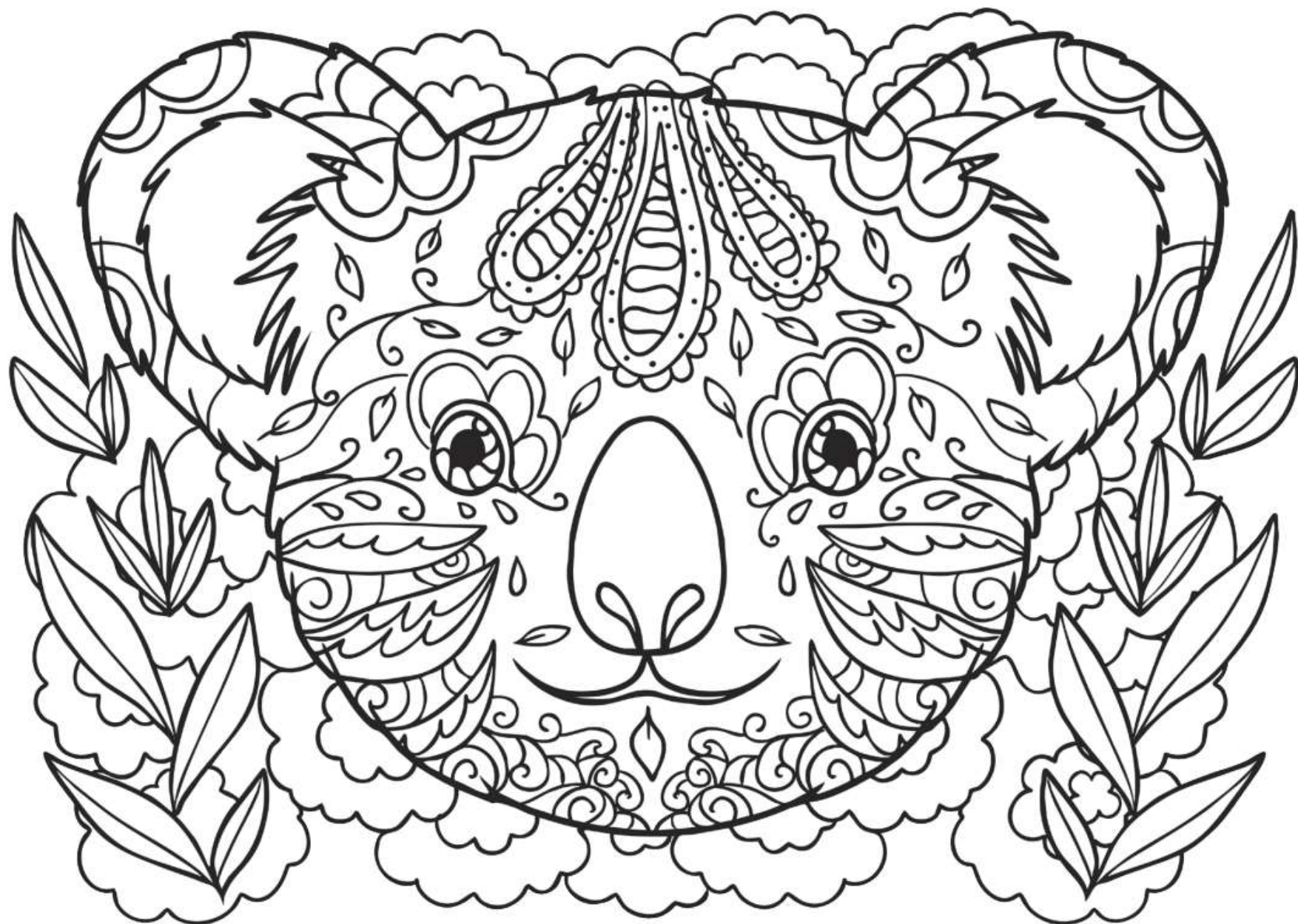
- 25** Pick six random words and make them into a story. For example: cheese, pencil, acrobat, kangaroo, branch and ice. What is the silliest story you can write?

MINDFUL

— Mats —

List 3 things that make you laugh.





Thursday – Writing

Beginning
Middle
End

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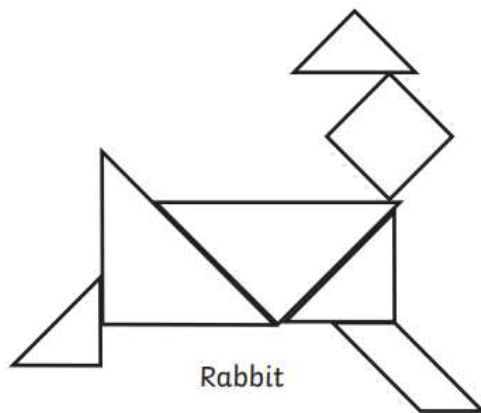
Thursday – Tangram Fun

What is a tangram?

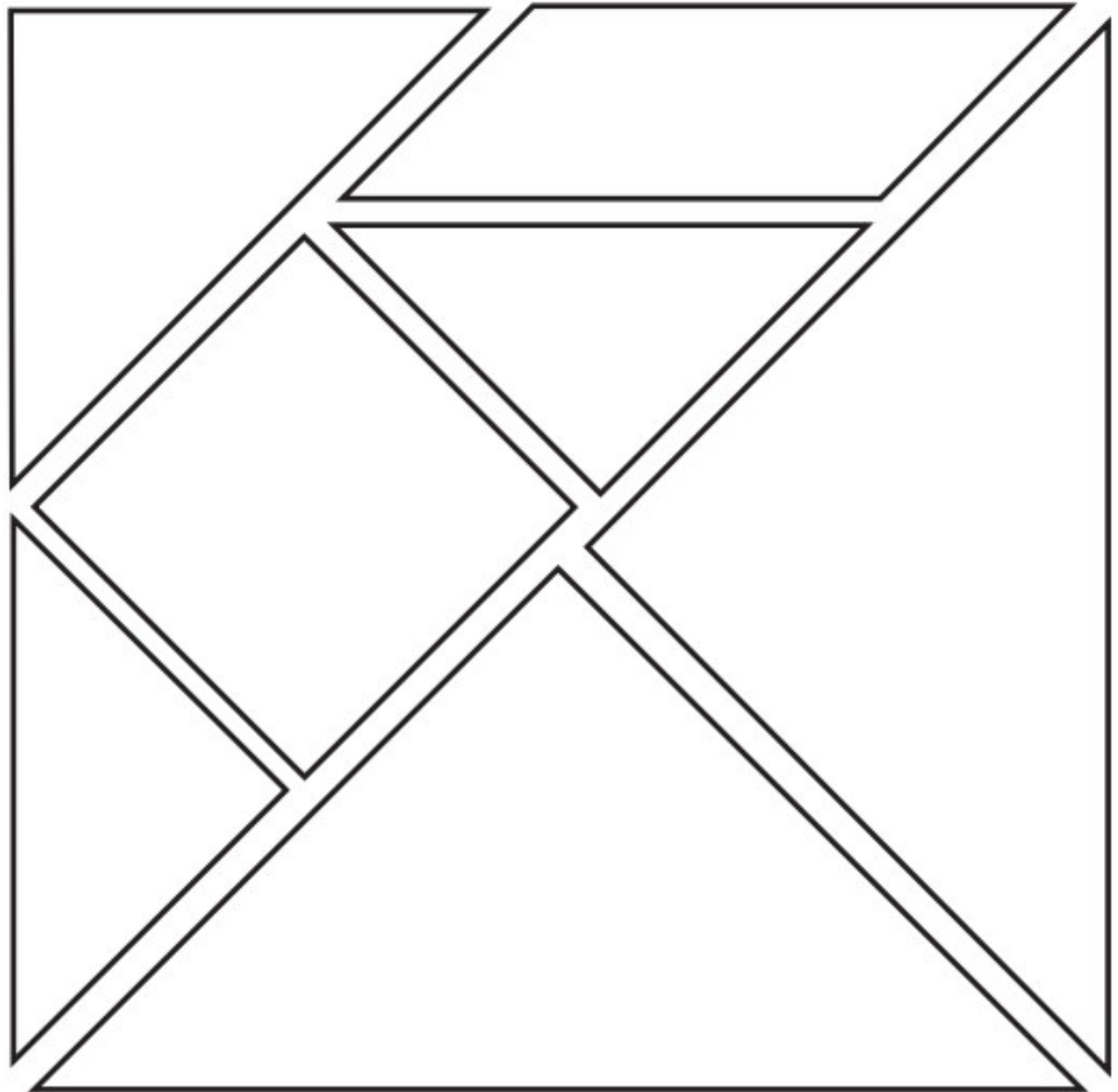
A tangram is a traditional Chinese puzzle. It contains seven shapes that can be moved to form many different designs. A tangram has two big triangles, one medium triangle, two small triangles, one square, and one parallelogram.

A guide, that includes solutions, is included to help you position the shapes to create the animals (next page).

- Print and cut out the shapes provided.
- Use them to make animal tangrams
- There are some more animals on the next page.


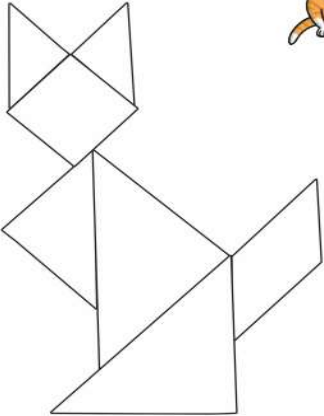

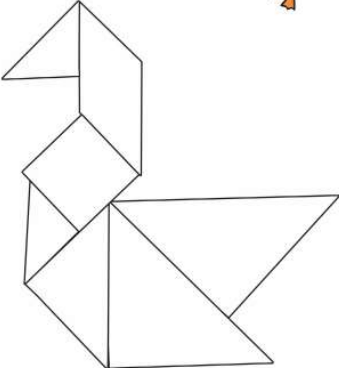

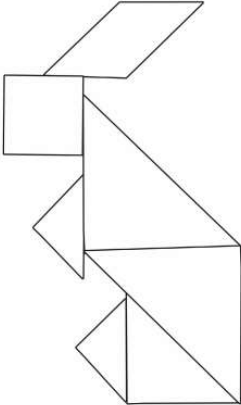

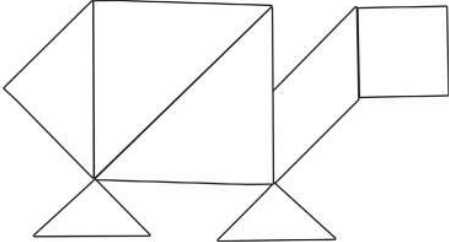

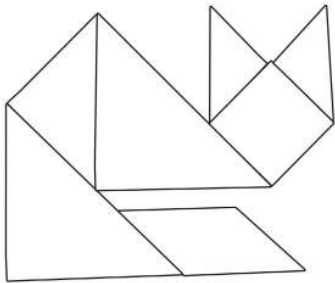

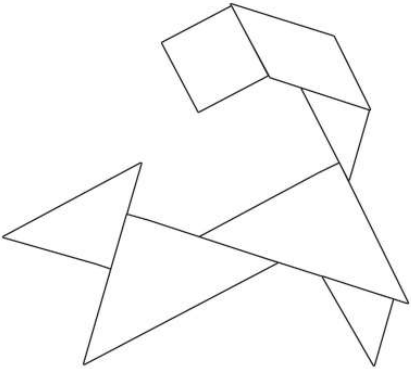

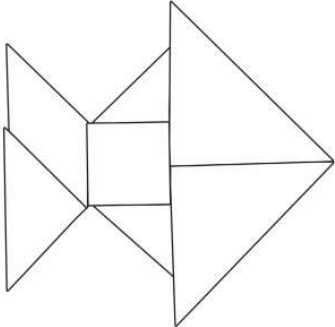

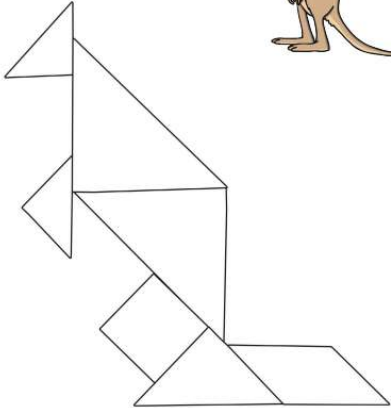


Challenge: Create your own geometric animal or creature.



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Thursday – Maths cont.

<p>Use your tangram shapes to build me below!</p>  	<p>Use your tangram shapes to build me below!</p>  	<p>Use your tangram shapes to build me below!</p>  	<p>Use your tangram shapes to build me below!</p>  
<p>Use your tangram shapes to build me below!</p>  	<p>Use your tangram shapes to build me below!</p>  	<p>Use your tangram shapes to build me below!</p>  	<p>X</p> <p>Use your tangram shapes to build me below!</p>  

Thursday - Geography

We have many connections to different places of the world. Find some things in the house and see where they come from :D
Draw or write your items and tell me where they come from (e.g. My seat cushion is made in India, pizza originated in Italy, I went for a holiday in Japan). Have more than one item in each category if you can!

Family	Clothes
Foods	Holiday
Toys	Your choice

Look at your results. Which country(ies) do you think you have the strongest connections to?

WORD SEARCH

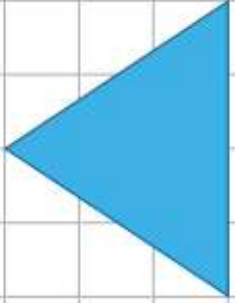
Choose 9 words and hide them in the word search.

Write your words here:

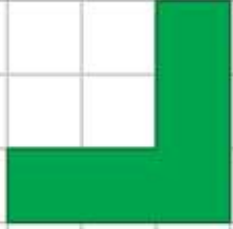
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Friday – Slide, Flip, Rotate

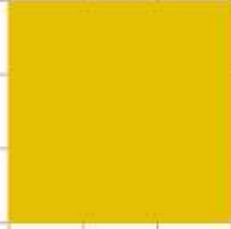
1. Slide the triangle.



2. Flip the shape.



3. Rotate the square.



Flip the heart.

