



Below is a sample recommended timetable that adheres to the National Education Standards Authority (NESA) requirements for each key learning area.

We recommend that you follow this routine as much as possible according to what works in your house.

The following equates to one week of work and is applicable to all year groups.



	<div>Lynwood Park Public School</div> <div>Learning from Home Whole School Timetable</div> <div>Kindy Term 3 Week 5</div>					
Time	Monday	Tuesday	Wednesday	Thursday	Friday	
10 mins	Reading	Reading	Reading	Reading	Reading	
15 mins	Comprehension / Word Work	Comprehension / Word Work	Comprehension / Word Work	Comprehension / Word Work	Comprehension / Word Work	
20 mins	Writing	Writing	Writing	Writing	Writing	
BREAK	CRUNCH'N'SIP	CRUNCH'N'SIP	CRUNCH'N'SIP	CRUNCH'N'SIP	CRUNCH'N'SIP	
30 mins	Mathematics	Mathematics	Mathematics	Mathematics	Mathematics	
15 mins	Fitness	Fitness	Fitness	Fitness	Fitness	
BREAK	RECESS	RECESS	RECESS	RECESS	RECESS	
40 mins	Science & Technology	Personal Development	Creative Arts	Geography / History	Catch up	

**Note for parents:** You will notice a WILF at the top of most activities now. WILF stands for 'What I am Looking For' and is part of our visible learning language, relating to our teaching and learning programs.

## Kindy Term 3 Week 5 – Learning From Home

	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Morning</b>	<b>Reading</b>	<b>Reading</b>	<b>Reading</b>	<b>Reading</b>	<b>Reading</b>
<b>Reading</b>	<p><b>WILF</b> - listening actively to a range of texts read by others.</p> <p>Get someone at home to read you a story OR watch the story on Google Classroom that one of the teachers has read for you.</p>	<p><b>WILF</b> - listening actively to a range of texts read by others</p> <p>Get someone at home to read you a story OR watch the story on Google Classroom that one of the teachers has read for you.</p>	<p><b>WILF</b> - listening actively to a range of texts read by others</p> <p>Get someone at home to read you a story OR watch the story on Google Classroom that one of the teachers has read for you.</p>	<p><b>WILF</b> - listening actively to a range of texts read by others</p> <p>Get someone at home to read you a story OR watch the story on Google Classroom that one of the teachers has read for you.</p>	<p><b>WILF</b> - listening actively to a range of texts read by others</p> <p>Get someone at home to read you a story OR watch the story on Google Classroom that one of the teachers has read for you.</p>
<b>Morning</b>	<b>Word Work</b>	<b>Word Work</b>	<b>Word Work</b>	<b>Word Work</b>	<b>Word Work</b>
	<p><b>WILF</b> - reads an increasing number of taught high-frequency words</p> <p>*Go on a scavenger hunt and find 5 things in your house that start with the phoneme/ sound R Draw them and write what they are. *Practice reading your Magic 100 words</p>	<p><b>WILF</b> - uses some phonic and contextual knowledge to decode simple texts</p> <p>* Look at and talk about the front cover of "Tag the Dog Can Rap" *Practice the letter sounds and words on the "Practice page." * Choose 5 of your Magic 100 words and write them with something funny. Maybe a paintbrush or little rocks or on the shower window!</p>	<p><b>WILF</b> - uses some phonic and contextual knowledge to decode simple texts</p> <p>*Read the book "Tag the Dog Can Rap."</p>	<p><b>WILF</b> - uses some phonic and contextual knowledge to decode simple texts</p> <p>*Re-read the book "Tag the Dog Can Rap" *Read the fluency chart twice. See if you are faster the second time. * Choose 5 different Magic 100 words and write them with something funny. Maybe a paintbrush or little rocks or on the shower window!</p>	<p><b>WILF</b> - reads an increasing number of taught high-frequency words</p> <p>* Write out 8 of your Magic 100 words on a piece of paper. Look at the word, write the word, check that you wrote it correctly.</p>

	Monday	Tuesday	Wednesday	Thursday	Friday
<b>English</b>	<b>Writing</b> Refer to "Journal Writing – Monday writing page"	<b>Writing</b> <b>WILF - correctly forming most lower-case letters</b> Handwriting – Complete the handwriting sheet for today practicing the letters f and l.	<b>Writing</b> Refer to "Tag the Dog Can Rap" writing page	<b>Writing</b> <b>WILF - correctly forming most lower-case letters</b> Handwriting – Complete the handwriting sheet for today practicing the letters j, v, w, x.	<b>Writing</b> Refer to "Tag the Dog Can Rap" writing page
<b>Break</b>					
<b>Middle</b>	<b>Mathematics</b> <b>WILF – Making groups using objects and to sort objects into equal groups.</b> Count how many times you can hop on one leg. Switch legs. Count how many times you can hop on that leg. How many times did you hop altogether? Do it again and try to beat your score. Get your number cards. Put your cards in order starting from 0. Count your numbers to double check they are in the correct order.	<b>Mathematics</b> <b>WILF – Making groups using objects and to sort objects into equal groups.</b> Practice writing your numbers 0-30. Circle the numbers 0, 5, 10, 15. What do you think the next number would be? Can you circle it? Today you will need: 3 pieces of paper or something to use as 'groups.,' as well as 12 objects (toys, pencils, cars). Lay 2 pieces of paper near you. Put 2 objects in each group.	<b>Mathematics</b> <b>WILF – Making groups using objects and to sort objects into equal groups.</b> Count all the toys you have in your bedroom. How many did you have? Make sure you put your toys back. Go outside. Throw a ball in the air and try to catch it. How many times can you do it without dropping the ball? See if you can beat your score. Multiplication (groups of): With some help, go and find 12 objects or toys.	<b>Mathematics</b> <b>WILF – To compare and records lengths using informal objects.</b> Practice writing your numbers using the number worksheet. Optional: Here is a video about long and short. <a href="https://www.youtube.com/watch?v=X_97AQ2SkGU">https://www.youtube.com/watch?v=X_97AQ2SkGU</a> Go and get one of your shoes and an adult's shoe. Put them next to each other. Which one is longer and which one is shorter?	<b>Mathematics</b> <b>WILF – To compare and record lengths using informal objects.</b> Practice counting forwards from 0. How far did you go? Practice counting backwards from 20. Now try counting backwards from 30. Optional: Watch and join in with our singing walrus counting to 100 song. <a href="https://www.youtube.com/watch?v=bGetqbaQVaA">https://www.youtube.com/watch?v=bGetqbaQVaA</a>

	Monday	Tuesday	Wednesday	Thursday	Friday
	<p>Counting/jumping by 2's</p> <p>Keep your number cards in order but spread them out a little. Stand below the number 0. Jump over number 1 and land under the number 2. Jump over number 3 and land under number 4. Every time you jump, you will miss one number. What is the next number you will land on? Keep jumping by 2's until you get to the end.</p> <p><b>Counting by 2's worksheet.</b></p>	<p>How many objects did you use altogether? <math>2 \times 2 =</math></p> <p>With 2 pieces of paper (groups) put;</p> <p>4 in each group and find your total. <math>2 \times 4 =</math></p> <p>5 in each group and find your total. <math>2 \times 5 =</math></p> <p>6 in each group and find your total. <math>2 \times 6 =</math></p> <p>Optional: Log onto <a href="https://www.studyladder.com.au/">https://www.studyladder.com.au/</a> and complete activities set by your teacher.</p>	<p>Put your 12 objects in rows of 4. How many rows did you make?</p> <p>E.g.</p>  <p>I made 3 rows.</p> <p>Put your objects in rows of 3. How many rows did you make?</p> <p>Put your objects in rows of 6. How many rows did you make?</p> <p>Put your objects in rows of 2. How many rows did you make?</p> <p>Draw a picture of one of your arrays (rows of objects)</p>	<p>Walk around your house with your shoe and find 5 things that are longer and 5 things that are shorter than your shoe. Draw them on a piece of paper.</p> <p>Complete caterpillar worksheet.</p> <p>Optional: Log onto <a href="https://www.studyladder.com.au/">https://www.studyladder.com.au/</a> and complete some activities set by your teacher.</p>	<p>Today you will be measuring different items around your house using your feet. When we use our feet, we make sure that one foot sits in front of the other with no space in between.</p>  <p>Complete measuring worksheet</p>
Middle	<p><b>Fitness Options</b></p> <p><a href="#">WILF - exploring how regular physical activity keeps individuals healthy</a></p> <p>Some great fitness ideas include.</p> <p>These fitness exercises</p> <p><a href="#">Have a Blast With This Family Fun Cardio Workout! - YouTube</a></p>			<p><b>Fitness Options</b></p> <p>10 lunges with your right foot in front then repeat with your left foot in front.</p> <p>10 squats</p> <p>10 side stretches</p> <p>30 second running on the spot – Repeat 3 times or</p>	

	Monday	Tuesday	Wednesday	Thursday	Friday
	Or Koo Koo Kangaroo singing and dancing <a href="#">Koo Koo Kanga Roo - All I Eat Is Pizza (Dance-A-Long) - YouTube</a> <a href="#">Koo Koo Kanga Roo - Monster Moves (Dance-A-Long) - YouTube</a> <a href="#">Koo Koo Kanga Roo - Superheroes Unite (Dance-A-Long) - YouTube</a>			Or Choose some of your favourite songs and have a dance party Or perhaps some Just Dance Kids on YouTube. Type Just Dance Kids Videos in your internet search browser.	
<b>BREAK</b>	LUNCH	LUNCH	LUNCH	LUNCH	LUNCH
<b>Afternoon</b>	<b>Science</b> <b>WILF</b> - recording observations using drawings How many ways can your body move?  There are 6 ways that objects can move. They are 'push', 'pull', 'bounce', 'slide', 'roll' and 'spin' Find a safe space in your home/classroom  Try to move your body in each of the ways. Can you do all 6?  Draw a picture of you trying to do each of the movements.	<b>Personal Development</b> <b>WILF</b> - practicing and demonstrating movement skills and sequences using different body parts There are four activities to try this week. <b>Activity 1:</b> 5 mins of skipping with a rope or around your backyard. <b>Activity 2:</b> practice throwing and catching a ball or soft toy. Try throwing and catching with a family member <b>Activity 3:</b> do some star jumps, hopping on one leg or jumping on the spot <b>Activity 4:</b> do some pushups, burpees or sit ups.	<b>Creative Arts</b> <b>WILF</b> – making of simple pictures and other kinds of artworks about things and experiences Draw a picture of a Kookaburra. Watch the instructions on the following video  <a href="https://www.youtube.com/watch?v=s0pY2Qw5EQM">https://www.youtube.com/watch?v=s0pY2Qw5EQM</a> or follow the instructions on the creative arts page  Once you have drawn the Kookaburra, what materials can you use to add colour and texture to your drawing?	<b>Olympics</b> Who has been your favourite Olympian to watch throughout the Olympics. Did they win a medal? Write a sentence about them. Draw a picture of your favourite Olympian competing in their event or receiving a medal.	<b>Catch Up</b> Have you finished all the activities for this week? If you are able to you can play a game from ABC Kids  <a href="https://www.abc.net.au/abckids/games/">https://www.abc.net.au/abckids/games/</a>

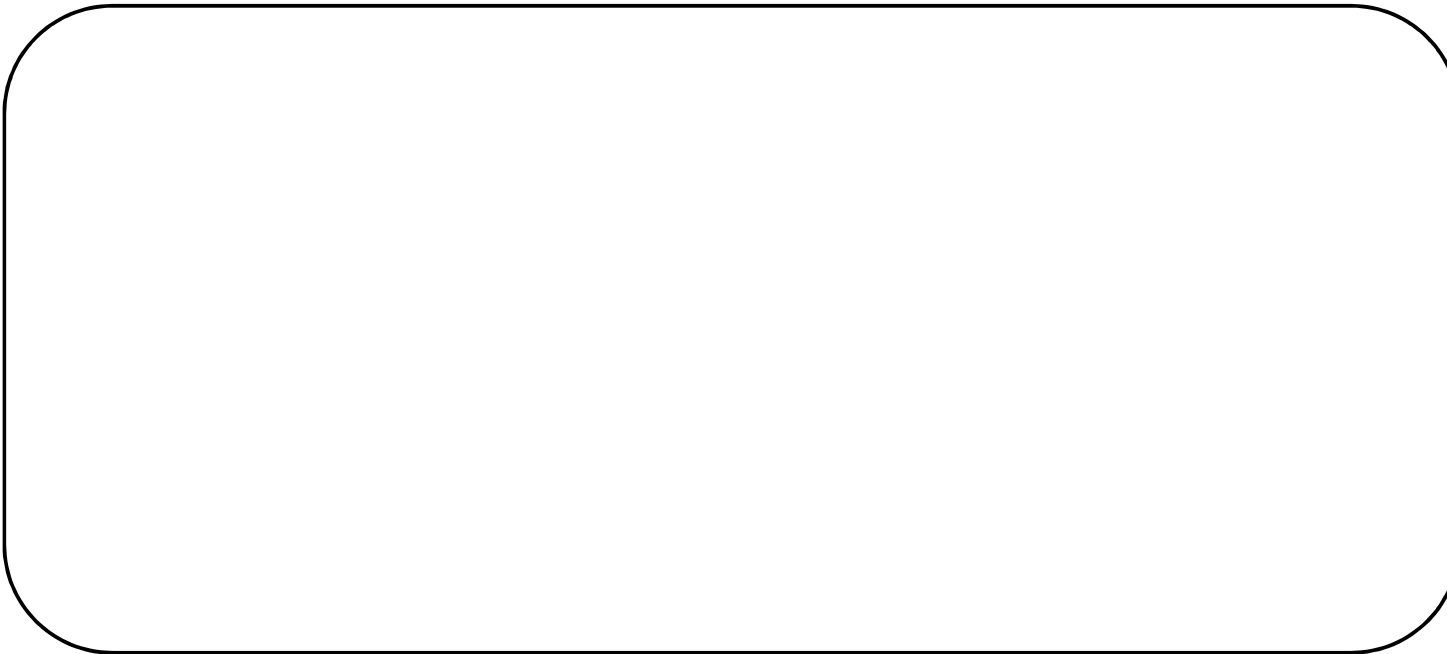
**Journal Writing – Monday**

Write a sentence about your favourite thing with learning from home? Draw a picture of you learning at home.

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WILF (What am I  
Looking For) -

Think of a sentence

Use a capital letter

Use full stops

Write the first sound

Stretch the words

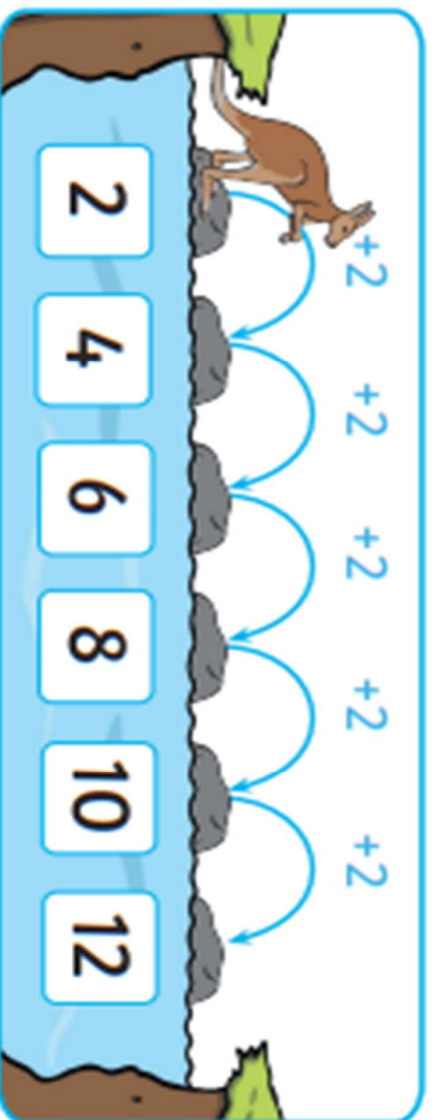
Read your sentence

Illustrate your writing

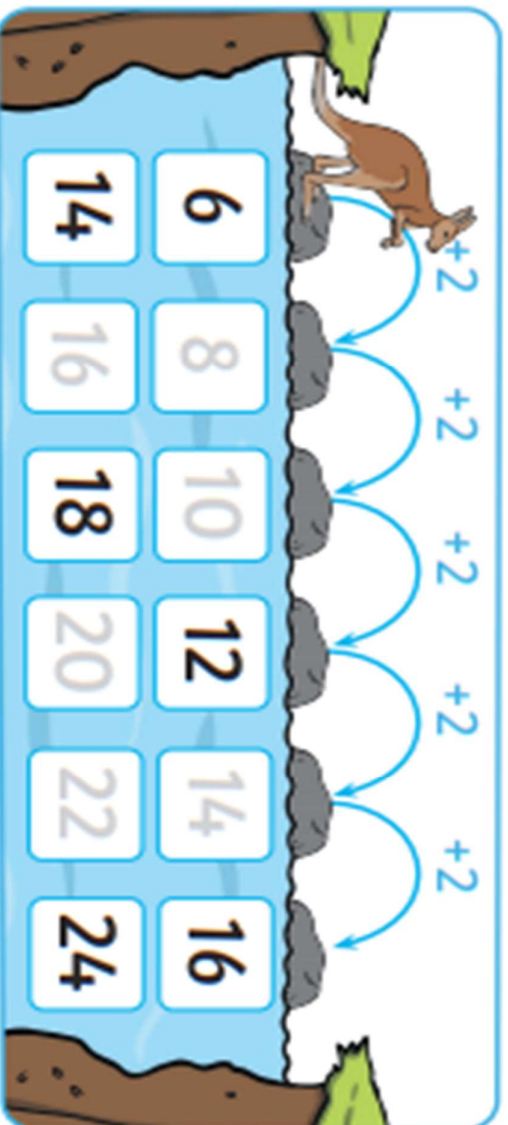
# Skip Counting in 2s

Help Hoppy the kangaroo get across the river by skip counting in 2s.

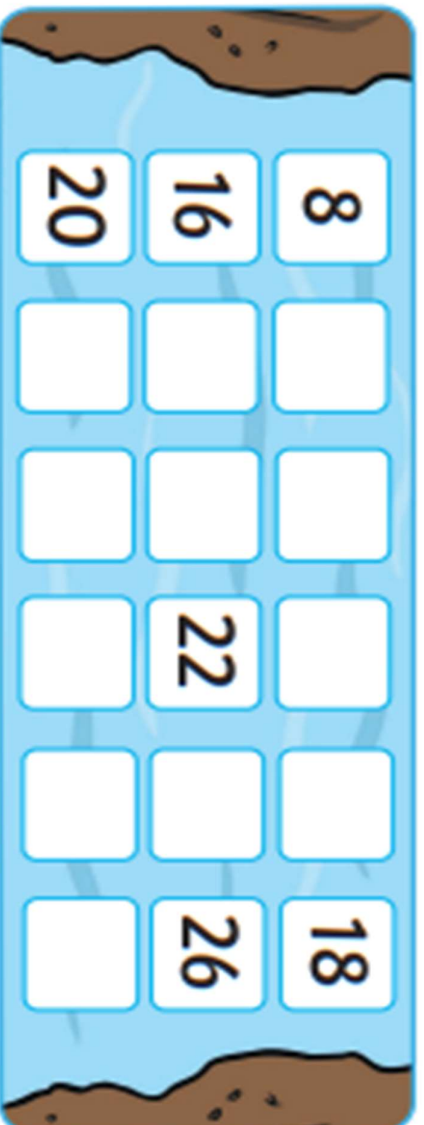
The first question has been done for you.



Trace over the lines by skip counting in 2s.



Can you try these ones on your own by filling in the missing numbers?



Monday – Science

*push*

*pull*

*bounce*

*slide*

*roll*

*spin*



**Handwriting – Tuesday** (lower case letters f, l, ff, ll)

f f f l l l f f f l l l f f f

ff ll ff ll ff ll ff ll ff ll ff

fun lap fun lap fun lap

bell bull fill off huff puff

### Wednesday Writing - Tag the Dog Can Rap

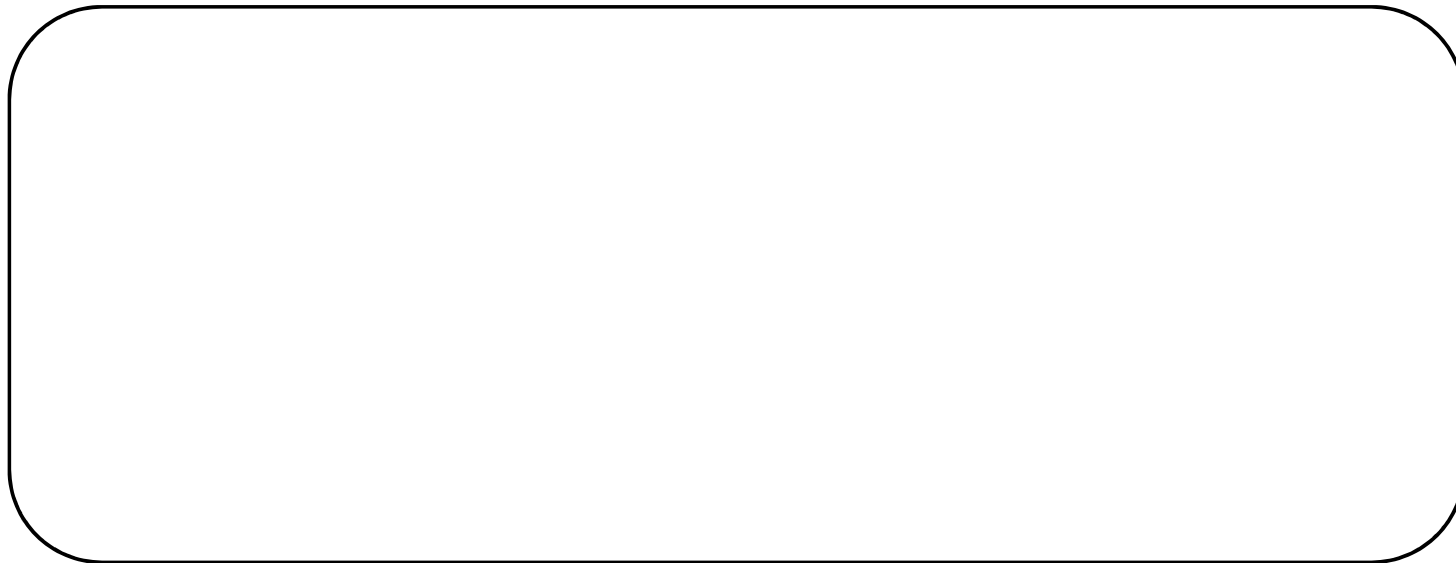
Write a sentence about what Tag is doing in the story? Draw a picture of Tag?

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WILF (What am I  
Looking For) -

Think of a sentence

Use a capital letter

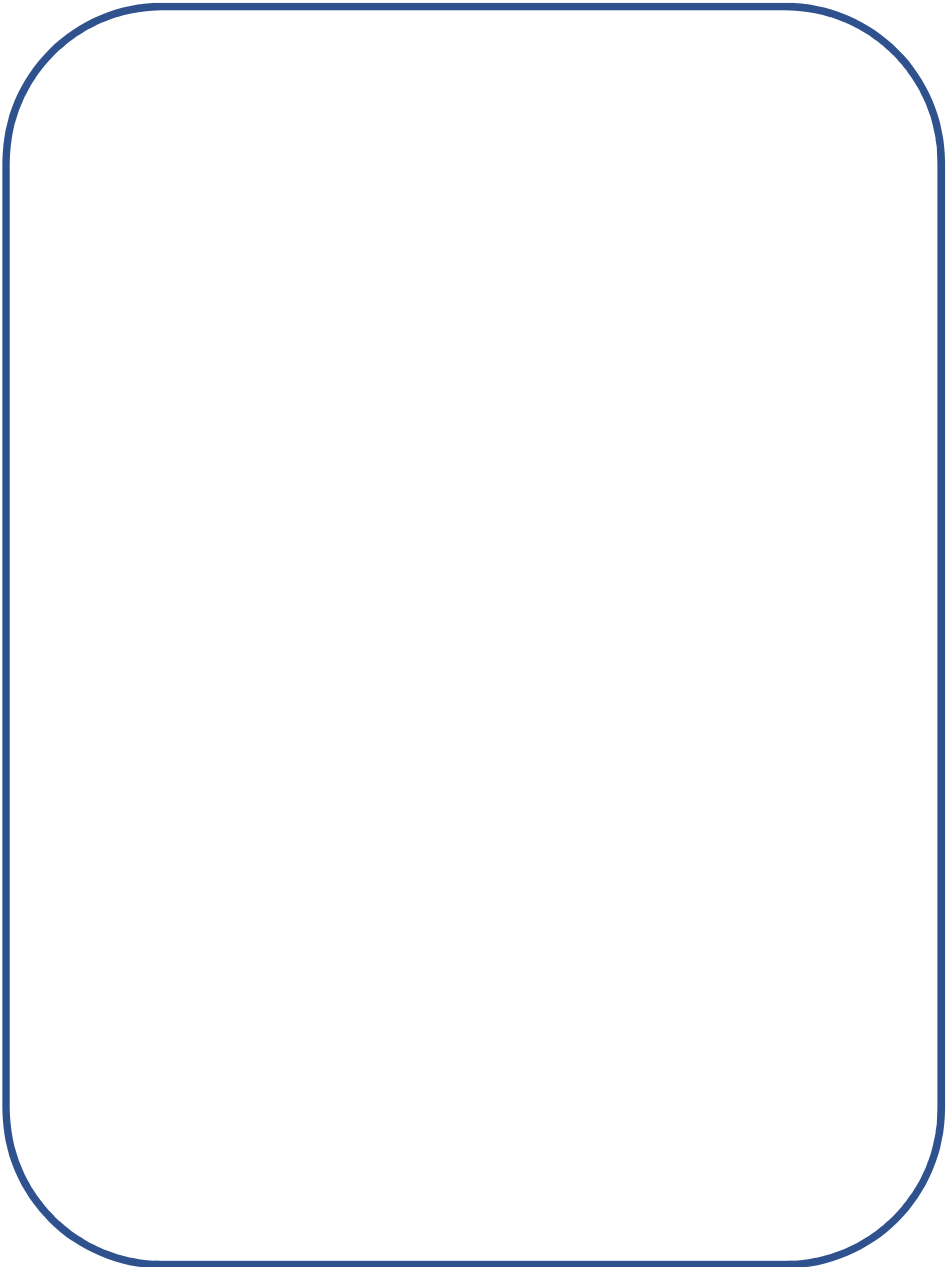
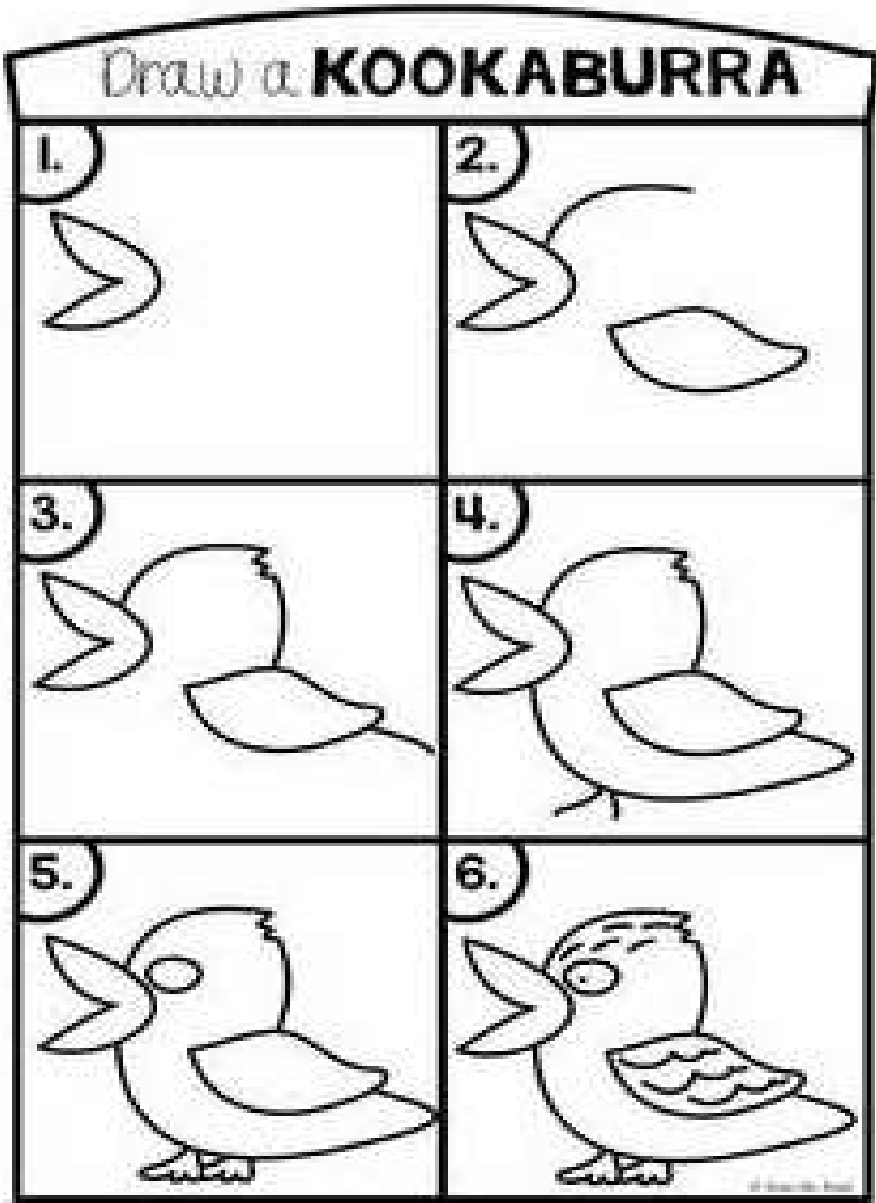
Use full stops

Write the first sound

Stretch the words

Read your sentence

Illustrate your writing



**Handwriting - Thursday** (lower case letters g, o, c, k)

j j j v v v j j j v v v

w w x x w w x x w w

jam van jam van jam

win fox win fox win fox

Thursday Mathematics.

1 2 3 4 5 6 7 8 9 10

11 12 13 14 15 16 17 18

19 20 21 22 23 24

25 26 27 28 29 30

### Friday Writing - Tag the Dog Can Rap

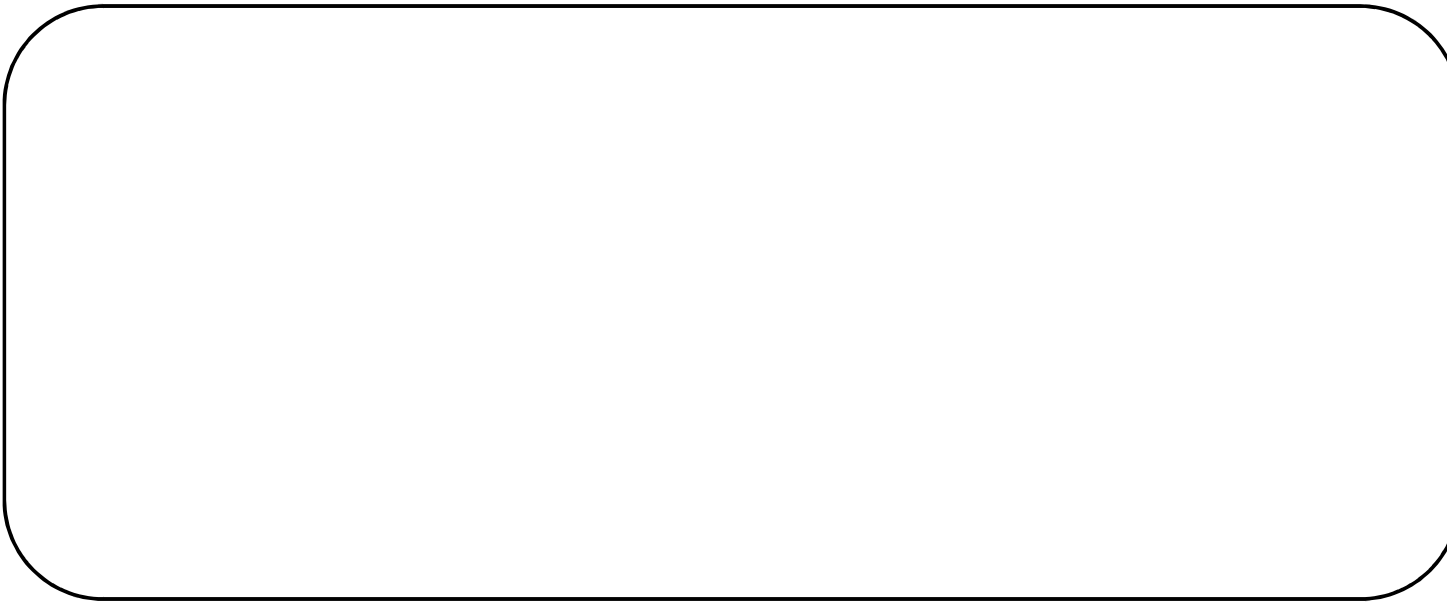
Write a sentence describing the bug in the story and draw a picture of it.

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WILF (What am I  
Looking For) -

Think of a sentence

Use a capital letter

Use full stops

Write the first sound

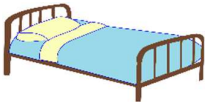







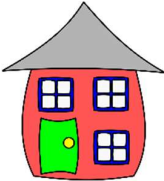
Stretch the words

Read your sentence

Illustrate your writing

## Friday Maths

Measure the following objects using only your feet. Record your answers in the table below.

Object	How many feet?	Object	How many feet?	Object	How many feet?
Side of your bed 		One side of your backyard to the other side. 		Line up your toys. 	
Kitchen table 		One side of your house to the other side. 		One side of your bedroom to the other side. 	
Your bedroom door to another bedroom door. 		Choose a cupboard in your house. 		Choose another room in your house. 	

**Thursday Mathematics.**

Cut out the caterpillars and order them from shortest to longest.

